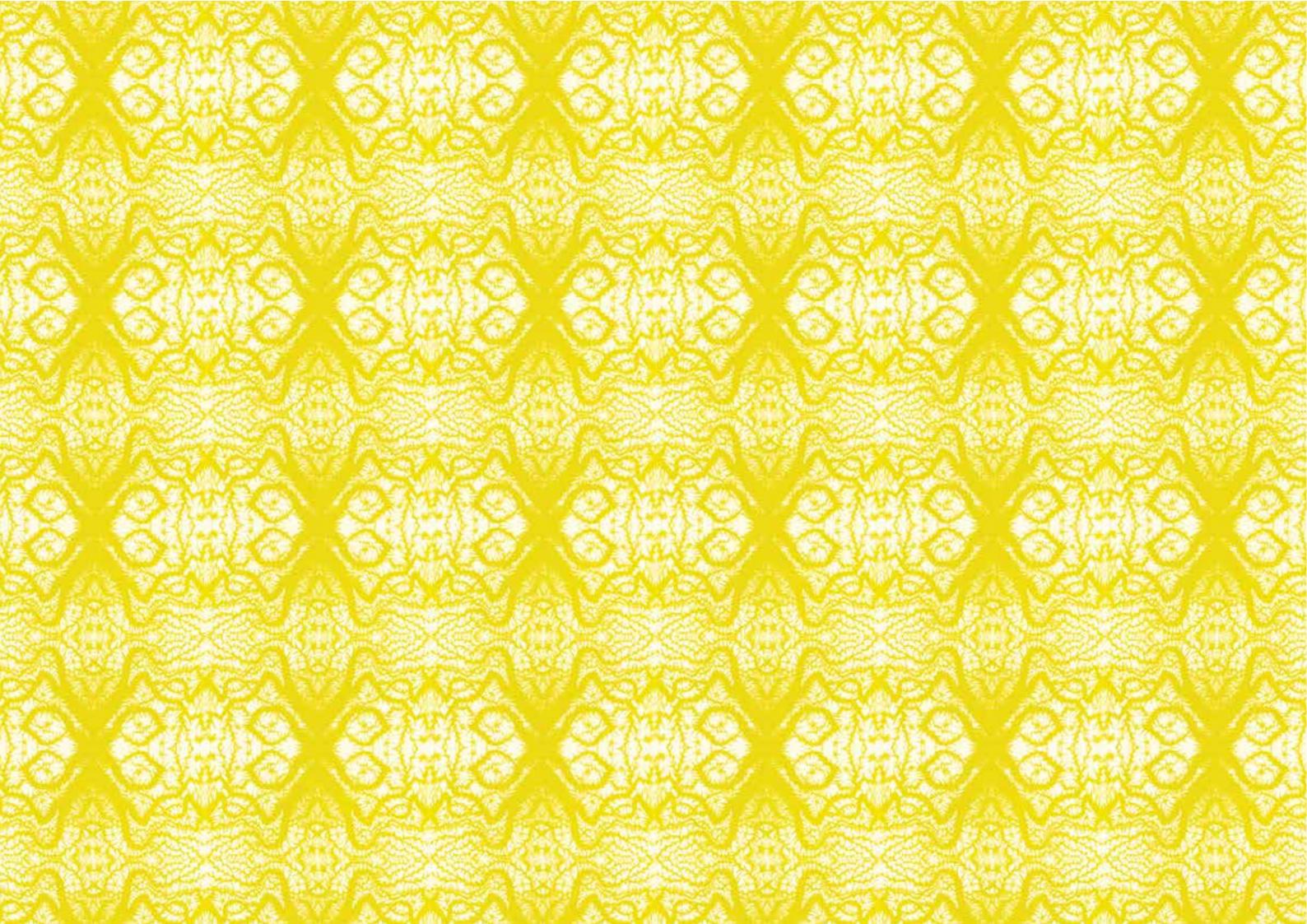
THE PRAM IN THE HALL Alice Instone



Alice Instone

With a foreword by Sacha Craddock



"There is no more sombre enemy of good art than the pram in the hall."

CYRIL CONNOLLY

Fretting about my lack of productivity l exclaimed, "that's where it's gone - into these notebooks"; full of to-do lists, domestic trivia, they told the story of the pram in the hall.

Talking to other women I found a commonality. I also discovered the cult of the list - colour coded, subdivided and categorised - and admissions at the school gate of adding completed tasks to make ourselves feel better!

TO-DO LISTS

It is important to notate it all.

transfer pressure elsewhere.

always unite us with the visual.

not done.

time.

about knowing as seeing.

mind combine as people seldom write now.

mind.

unequal distribution of labour in reality.

false dreams. Unresolved items will return.

is private, and has little meaning for others.

meaning and a structural aid for life.

Sacha Craddock

- How else to keep track of the range of the chores, considerations, responsibilities; the essential and mildly inessential things that need to be done, said, written, given, bought, conveyed, found and posted.
- The process of writing a list can subdue a sense of panic and temporarily
- The layout of such an unselfconscious combination of writing and drawing will
- It is guaranteed to serve some function, even when what needs to be done is
- The list is a mental x ray of everyday life and represents thought at a given
- Laid open, written or scrawled, lightly and heavily placed across the page, in a corner, on a scrap, strip, or notebook, even typed into a mobile, it is as much
- With pen, pencil, marker or sticker, is one of the last places where hand and
- Even when all is ticked or crossed off, which almost never happens, it stays around to represent an ambitious and perhaps temporarily clear state of
- Men make lists too, of course, but the women's list, reflects the special, distinct and pressing range of her responsibility and exposes the amazingly
- An accompanying visible friend, it reflects a massively divergent range of concern, from teeth to war, supper to someone else. Social, maternal, educational, and financial matters are written down as if of equal importance.
- The domestic, dutiful and often dull, there along with the highest ambition; the formal and physical merges with the personal and political.
- It represents what, and who, we think about and is made up of real as well as
- It is not made with an eye to publication but lies around at home and work. It
- Essential but slight, a vehicle for thought, for action, it is a skeleton of

INTRODUCTION

The Prom In The Hall is a new exhibition of art works by Alice Instone about to-do lists. Focusing on how our to-do lists reflect our state of mind it is also a meditation on how we spend our time as women (from domestic chores to our work, from children's name tapes and taking pets to the vet to birthday cards, thank you letters, food shopping and washing machine repairs). The project taps into the passage of time itself – each list a suspended moment – and the division of domestic work between men and women.

Instone believes lists are intimate and honest portraits and have an unselfconscious beauty from being written only for the writer's eyes also that lists can be empowering both in the writing and crossing off. She has made a number of artworks from her own to-do lists, layering them until they are almost abstract - veils of words that have an intensity from being written at speed. These have been made into huge jewel-like giclee prints, the words floating in velvetyblack darkness. Bearing titles such as 'Background Noise', 'Lock All Doors' and 'The Yellow Wallpaper', these works reference her mental state whilst making them.

Instone has also collected a fascinating

selection of lists from prominent and

influential women that offer a unique

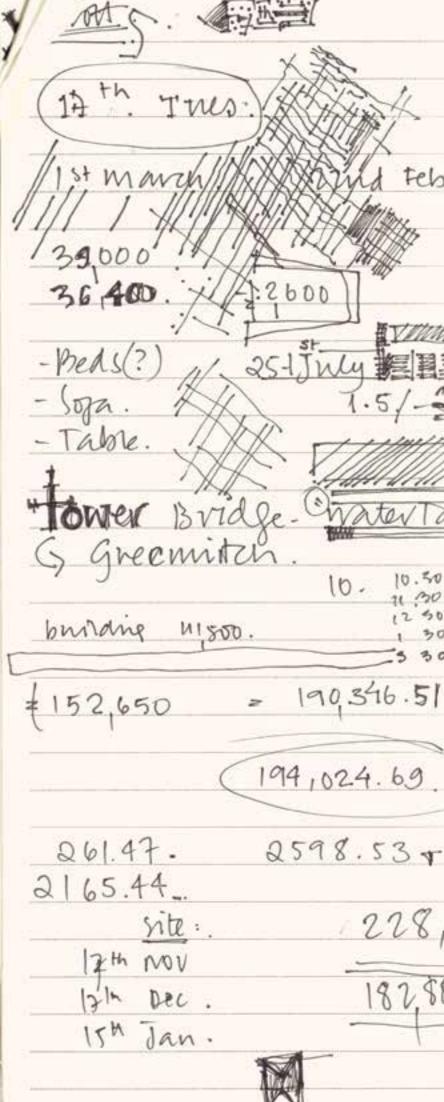
RIGHT

Submitted by Marta Nowicka

century life. These original documents are presented en masse. The universality of list making is apparent and an incredibly diverse selection of women are involved, from the arts, human rights, politics, fashion, film and tv, finance, sport, medicine etc. Emma Freud's list includes getting secret santa gifts, ringing Jason Donovan and writing to Melinda Gates. Fiona Banner's, Baroness Helena Kennedy's and Bella Freud's offer intriguing glimpses into their working practices and Shami Chakrabarti's has buy cotton wool, get Christmas tree and re-read Counter Terror-Bill - Helen McCrory's list is unprintable! There is also correspondence about lists - lilly Cooper writes hers in the middle of the night, Nicole Farhi doesn't write them at all, even for the supermarket, Cherie Blair keeps hers in her head.

insight into the juggling involved in 2lst

Crucially, the exhibition is also an invitation to women EVERYWHERE to share their lists - to bring their lists to the exhibition and peg them on to that most domestic of inventions, the washing line - an inspiring testament to how we fit it all in and a cathartic unburdening. If we pause and reflect on how we spend our time and what we impose on ourselves - what is worthy of our attention and what will enrich our lives and the lives of our families and those around us, so much the better.



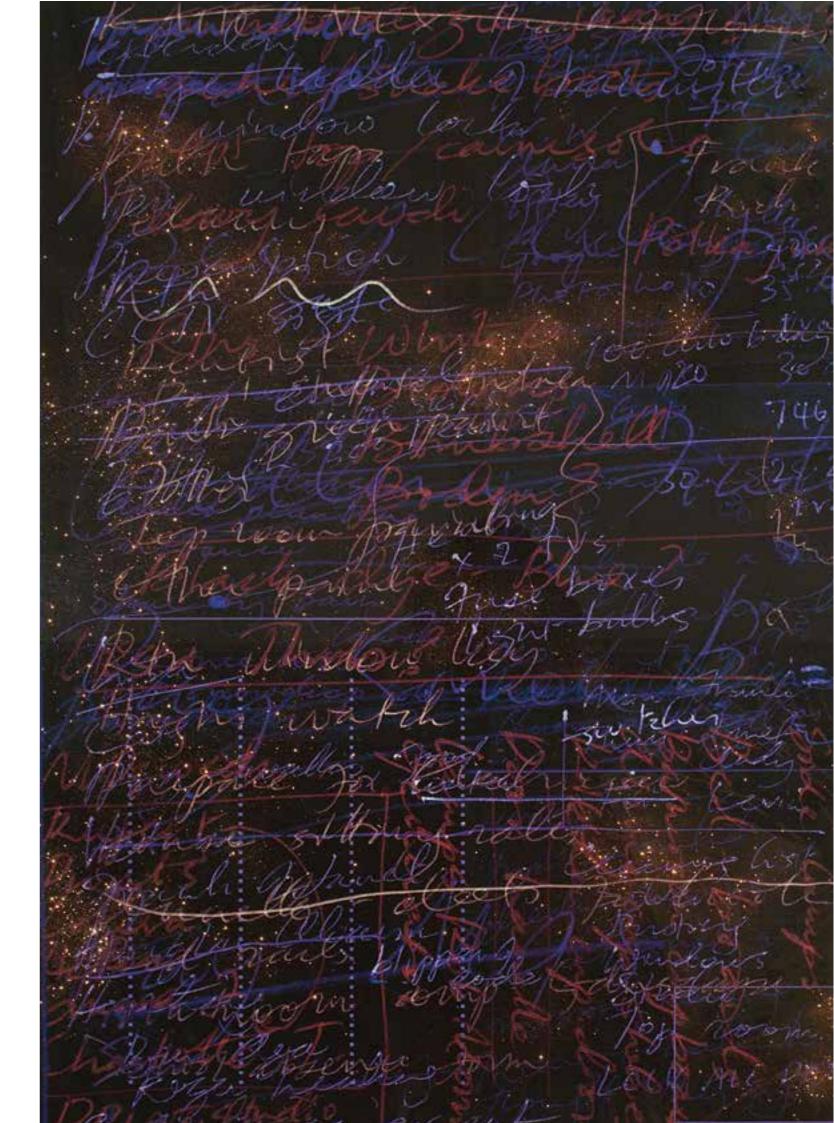
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THE SEVEN DAYS **OF THE WEEK GICLEES**



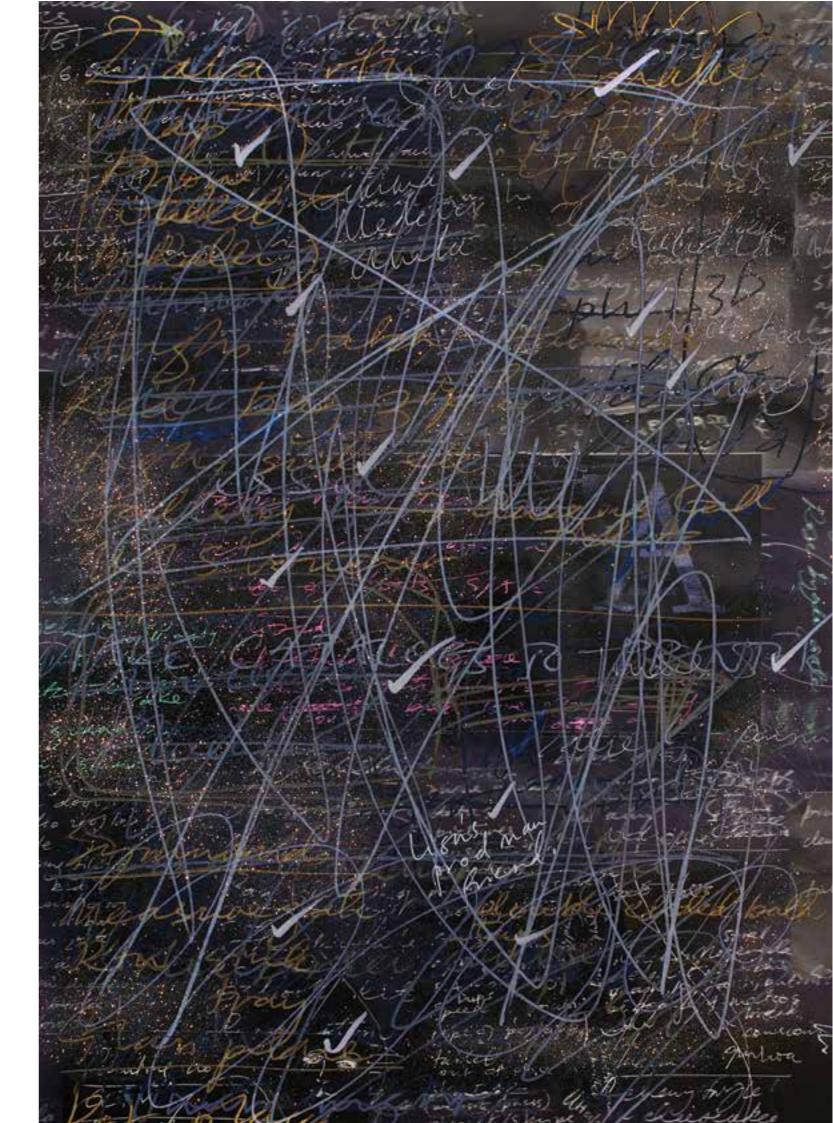
BACKGROUND NOISE

2015



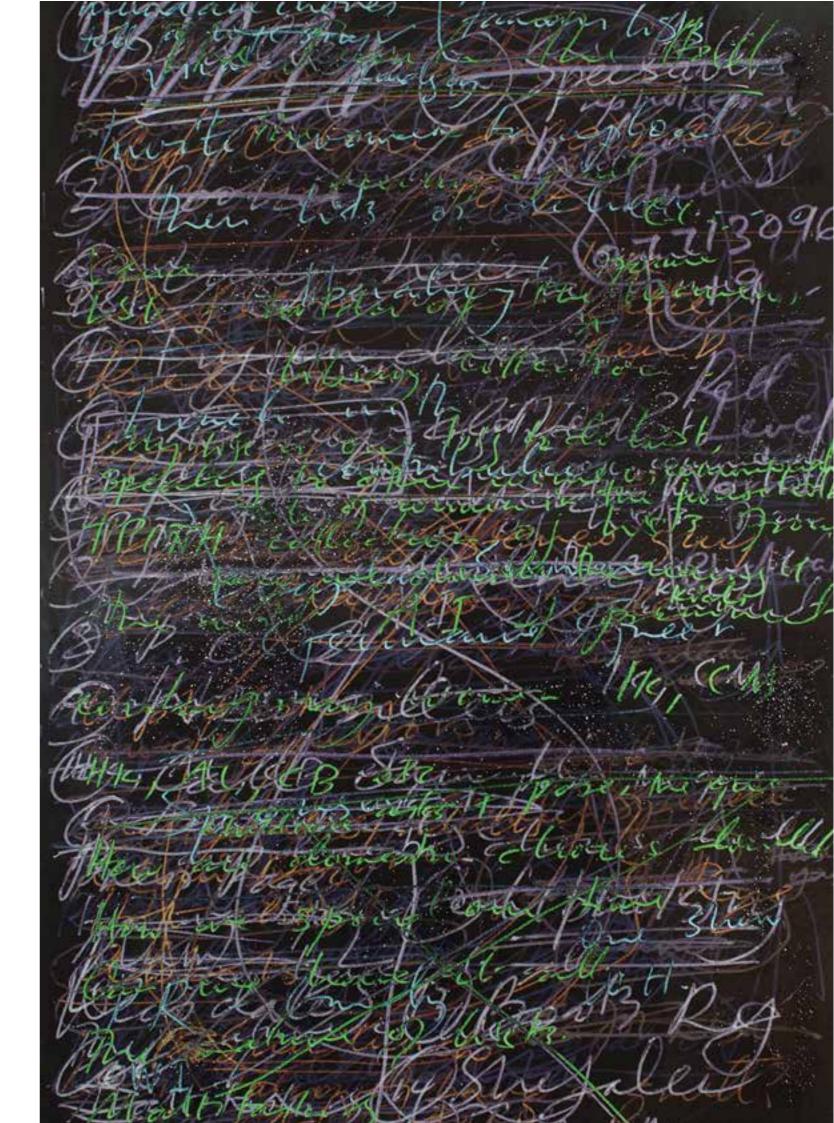
TICKED OFF

2015

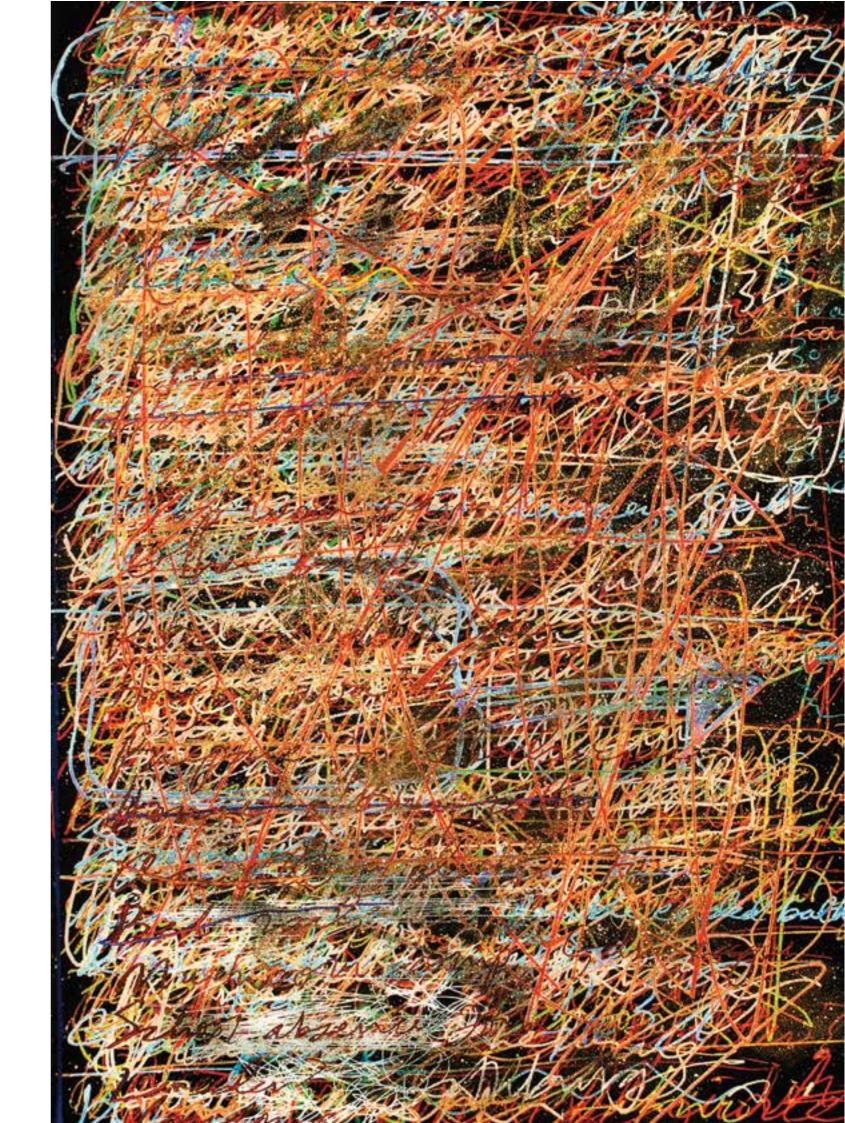


LOCK ALL DOORS

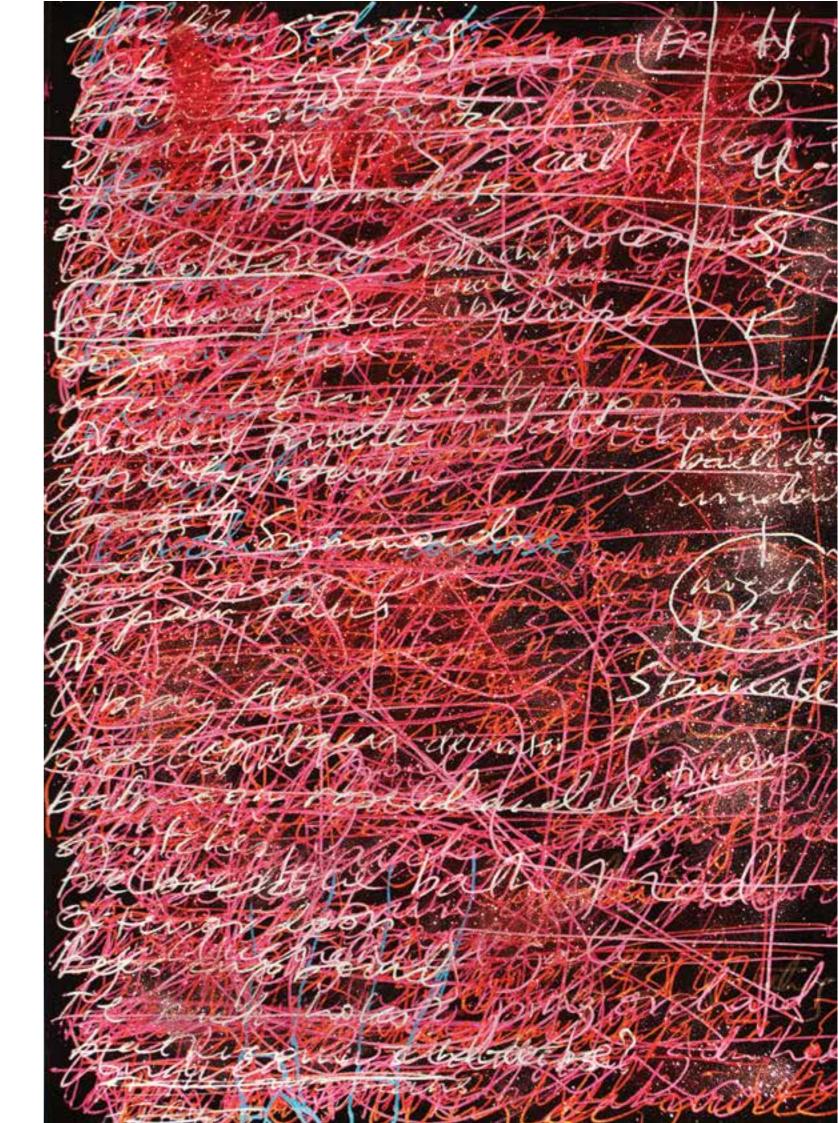
2015



THE YELLOW WALLPAPER 2015

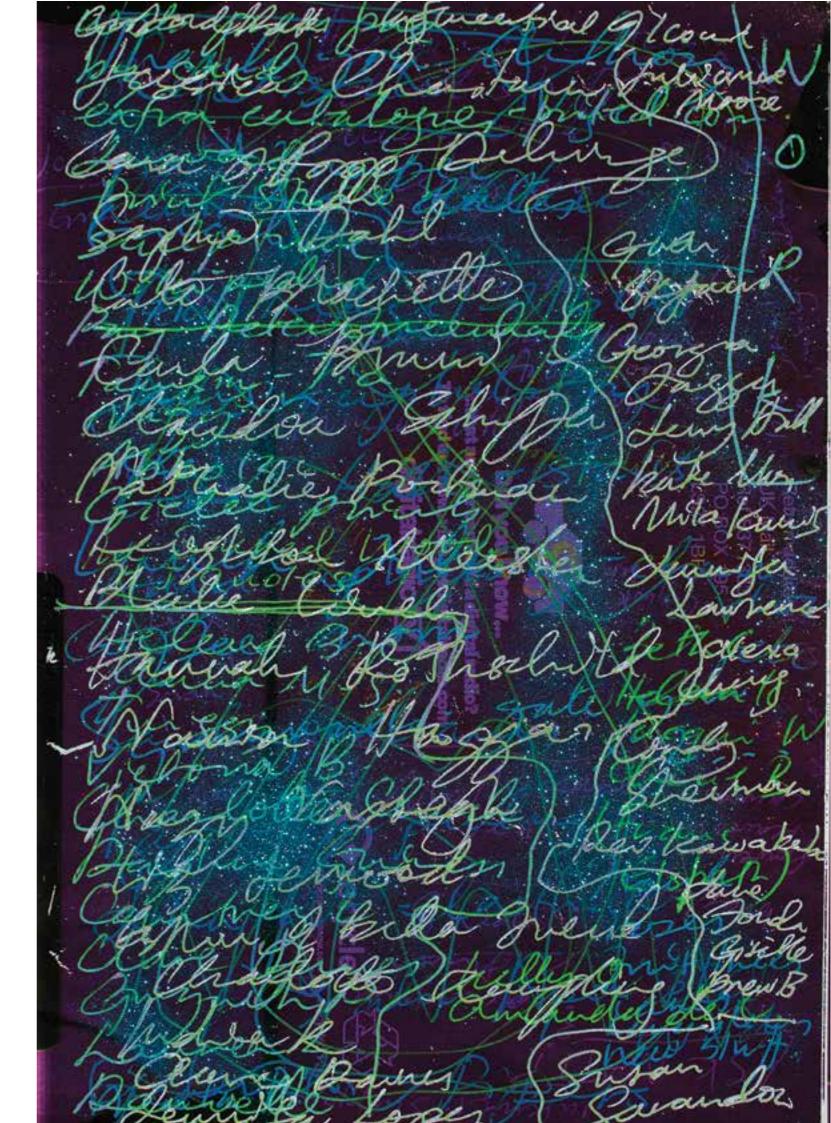


HOUSE 2015



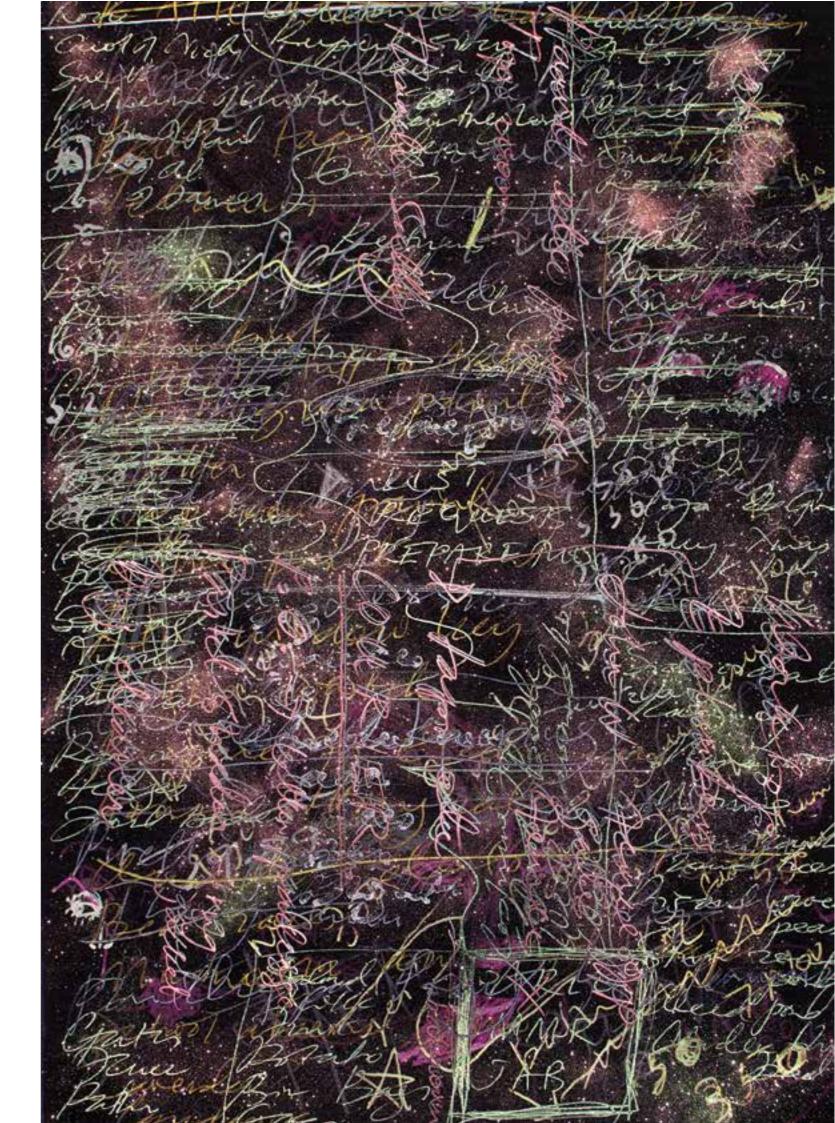
BROWN ENVELOPES

2015



CONDOMS

2015



CONTRIBUTORS' LISTS

... I have an online thing now, it's called 'todoist' - it's new and I have a crush on it. when you finish a task you can cross it off, but it stays on the page so you can look back and go phew every now and again. here it is today - unedited and making no sense... also rather dominated by dancers as at the moment i'm organising a mass six hour dancathon at wembley arena for comic relief.

Nov 21

secret santa - me viv. charlie george. spike nicky Write Clare Balding re Africa trip write mr hunter re essay crisis Send xmas invite to office team applications for gracechurch and unis schools NY do list for screening of trash Write to the fat club re dancathon auditions Spike birthday gifts write melinda gates Jony Ive once xenon has sent draft Thank you to 4 mobile bosses once Jacqui has sent draft Dan Biddle - Twitter - keep trying Nicola (Facebook) re pete tong once Jacqui has sent mtg update finish gill citation talk to spike re teacher meetings check prev strictly contestant list write charlie's friend's mum re epilepsy Send out Esio Trot invites ask ashley banjo and louis spence dancathon Write sam smith re single Make strategy plan for dermot send email to team re talent strictly letter Ring jason donovan Write to abbey re dancathon Email Fabrizio richard birthday gifts Ring fireball man.

edit baby advice chapter for Victoria's book

Get todoist for lucy

EMMA FREUD

Writer, producer, broadcaster, cultural commentator, director Red Nose Day

This list perfectly encapsulates the female juggling act - Emma has write to Melinda Gates and Sam Smith and ring Jason Donovan interspersed with buying her husband Richard Curtis's and her son Spike's birthday presents, teacher meetings, favours for friends and rather fabulously 'ring fireball man'...

Emma Freud

TO DO'S this week Work i) Never for tement vorance TFeb MALTHETATH, MALLALL 2) Risp for And + Annalist and and Home seahour NETMER partetor MM. COLUMN T - furt mano timer + ms Breken ballion dimos on from sp news entraine - this porcer box heading + Fridam Fanny layats-site visit + phatos cur not + providio 700 derign achers wir upolate 4) while then cull Barb for detween Creanne samittan wirkogunora - DO KLYWIEN LAYDOT !!! GRAMA' beaches acateboarders - my cleaning from feering Growna poor summer out for pas neer posts - wracent really 1) Mar Mark worthout 177 month 1) IT Suppor 10Kemails? - Ser 12) Parmy furnine + UGHTNG! - aut back hyperageants zna bud - clear windows - Pridet any walkie tallie win chertotte Speake to Annocabourt 11 am Facial On Friday - Call Fri AF SOUR ANNIV, book -730pm Lugar Chismate lanters 14) Thesday denon reven meth Busic menes for Sandaly sensors beaten Find an eyehrow share 15) CT_Breaturg Lase into Vietnamin July · Cut have + conditionsing buildings cartino Buy aushwasher for Woling Binday () 16) BIOPHILLIC (Sp) Y MM Invite for denver- anound un autovalentrieffr. · San o Find have a country for may dengen talk Vicement ming Semtonzi Book preasents & convers ic wed n) serup - Prada boots ... ? '200 monena · OLONED For SUSIES MILLY mensionin at home, gonia needs Bun Falcler for hut my assessment ****** -new reuses needs Musteandy ferminito Dertes for 48 mars + + yellow nightrative . Kids rom dates summer Buc an cuise fir summer Spit puts - couldoc tites inculturking tutor enad Luk into Finenc Jugits duly ·WAR Careers evening Heroney 9th ? phon Cheming tukir - Sindang Philliprypus curre por numier 1 teacher about defention in - Rusm swr wr cromes + 2 ocus to charmy shop email wine experience?? Variation Phot emart the buy tea mee (ausrahim) reperente for badisT om. enants Pressure worther th + cleaner -Ax mans on montagan menu tor 60m thop personal in 8 at no 52. analled bodeing in - 6 borter teners + nor cempuses wedding annw. angust seasonal + wal -52 taim contractor renorman new SMHA challe bad's encit plone - Bure-searchy meaners-M. amo

Kate Murphy Ø Tel alloe instone RE: to-do lists

15 Alice, idea, well done Good lack with it all! Kate

Kate Murphy Foster + Partners

KATE MURPHY Architect, partner at Foster + Partners

Kate's list is really guite beautiful, it is full of the stuff that makes up our lives. As she says in her email a to-do list can be incredibly revealing - I felt a tremor of embarrassment myself when I looked at my own lists and knew I was going to share them - I'm so grateful that so many amazing women chose to do it too



Rereading. Camera Lucida by Roland Barthes | Books | The Guardian

nor avant-garde polemic, still less a history or sociology of photography. Instead, it was frankly personal, even sentimental: an essay in 48 fragments that deliberately trustrated readers looking for the semiotics of photography they imagined Banhes would (or should) write.

The subjective turn in Barthes's thought and writing had come into view slightly earlier, with the publication of a ludic "autobiography", Roland Barthes by Roland Barthes, in 1975, and his anxious anatomy of desire, A Lover's Discourse, in 1977. (In truth early and late Barthes are not so easily told apart; as Michael Wood has argued, he was throughout his career a writer who engaged head and heart at the same time.) Camero Lucida, however, was different: not so much a knowing application of semiotic methods to intimate experience as a search for the aspect of experience that evaded study or critique. In short, it was a book about love and grief, written directly out of the loss of his mother in 1977, and shadowed by the "mourning diary" (published last year in France) that he had begun to keep after her death. Barthes had composed a ghost story of sorts, in which neither Henrictte Barthes nor the book's ostensible subject, photography, could quite be grasped.

Camera Lucida is a distinctly odd volume to have attained, in the 30 years since its publication, such a canonical place in the study of photography. As the scholar Geoffrey Batchen points out in Photography Degree Zero, a recent collection of essays about Barthes's text, it is probably the most widely read and influential book on the subject. But the nature of that influence remains obscure - what exactly does one learn from Camera Lucida? Barthes certainly shrinks from being comprehensive; he has no interest in the techniques of photography, in arguments over its status as art, not realist in the role in contemporary media or culture, which he leaves to sociologists such as Pierre Boundieu. He is allergic to cheverness in photography Impub of Henri Cartier-Breason would surely qualify), disparages colour (in the era of William Egglesion, no less) as always colone as if it's been added later, and calls himself a realist at exactly the moment when postmodernist artists and critics were declaring the image a performance or sham. Worse, he risks this sort of aphoristic provocation: "in order to see a photograph well, it is best to look away or close your eyes."

What, then, was Barthes looking for when he looked at photographs? In the first half of the book, he elaborates a distinction between two planes of the image. The first, which he calls the studium, is the manifest subject, meaning and context of the photograph: everything that belongs to history, culture, even to art. The studium is a kind of education," he where it's here that we learn, say, about Moseow in a William Klein street photograph from 1959, or about the comportment of a well-dressed African-American family in a 1926 picture by James Van Der Zoe. But It's the second category that really skewers Barthes's sensibility. He calls it the purceum: that aspect (often a detail) of a photograph that holds our gaze without condescending to mere meaning or beauty. In the same Van Der Zee photograph, the punctum is one woman's strapped pumps, though it later shifts, as the image "works" on the author, to her gold necklace. This is one of a few curious moments in the book where Barthes blatantly misreads the many at hand the woman is actually wearing a string of pearls. But his point survives: he has been indelibly touched by the poignant detail.

It withis (in academic terms quite seemialous) embrand of the subjective which allows Bother to begin the quest that makes his book so moving. Having both mother, with whom he had lived most of his life, he goes looking for her among old up peraphs; the and again the face he finds is not quite hers, even if objectively she looks like herselt. At last, he discovers her true liseness, the "air" that he remembers, in a picture of Henricete aged five, taken in a winter parden in 1368. (In the journal entry that recounts this discovery, Barthes simple notes: the picture.) In narrative terms, it's an astonishing comparable to the onrush of managers of made nor meets teacup in Preset, anoth Chizan Administration the made need some first encode the mow globe. or the se emblem of all he has len behind. Barthes, however, wa temperamentally discret narrator, so never shows us the photograph. It exists only for me. For you, it would be nothing but an indifferent picture."

Camera Lucida is a short book, but with the winter garden photograph it begin in again. Suddenly every photograph is for Barthes a memorial; the very essence of the

http://www.theguardian.com/books/2011/mar/26/roland-barthes-camera-lucida-rereading

19/11/2014 17:06

ron

TORGEM

STADIUM CSM QM

Page 2 of 4

CHTANES -ROFE and a turning inlates 11. 0 in pintus Beck - illimin not that W. Seck. : SVIRB Hynabouls Parks Blg Air Plants : Klower m porm inche private Nom : Flering theig . Black Blinks - pryection on Back : Mye Sunterer Papers. : Castos / Rubber plant . " Drangram prova Calendar = Lotus Bird : Cango Froz

TEREDIT THE T. -

P.P. Lich

FIONA BANNER Artist

Fiona carries her lists around with her. Her lists give a fascinating insight into her working practice and a snoop at what she's reading (a Guardian review of Camera Lucida by Roland Barthes). She also has a note to make a pinstripe crotch poster along with air plants, flappy thing and what looks like photogram porno calendar on her list.

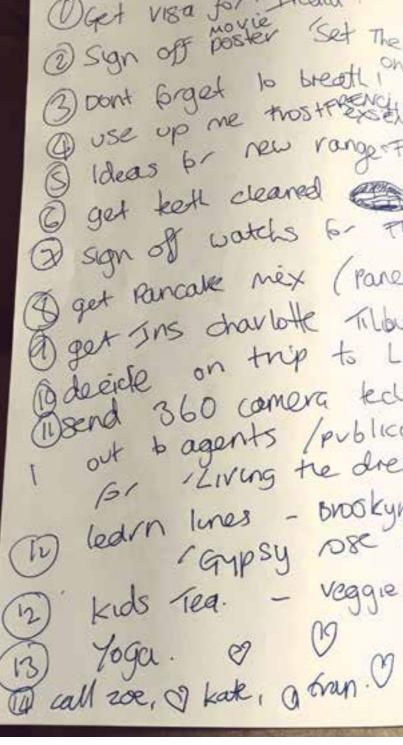
To still 1 the m bacan 2 Scraffy lists (1 Carry been would with me - 20 I can't forget a tern project ! by air ion what you want : Tome caren o roman Hoge you have a louby Valentin day & Hugh gun you be a Charlotter

12n february alectives 3 ondons nails 10 NESS 0 Shopping 11 Lhits N & S CAD pens aching 41 Raps do exist hilach Kal one here ai 14 Ofess pal LOU 95 Guare and you .

AMANDA ELIASCH

Photographer, artist and film-maker

Amanda needs to remember Valentines Day and get condoms, biscuits, apples and Dettol. Is it a Valentines message or song lyrics on the back?



DOSTE the: Thomas Oh FILE breat TWO rango HOOZIE pare Wate Mex TILIOUN Naher nology comorg agents /publicisty Living the dream' cent BNOO KI 00 NSC. Veggie burrito. K 09

SADIE FROST Actress, producer, designer, writer

Sadie doodles on her list - I love the teeth. She needs to learn her lines, call Zoe, Kate and Fran, work on design ideas and get pancake mix for pancake day.

JILLY COOPER OBE

Author

Like lots of us Jilly writes her lists in the middle of the night.

2nd February 2015

How lovely to hear from you !

The only lists I make these days are throughout the night, of things I have got to do, which are so long and boring they would be of no joy to you.

I do hope you are all well and happy and your paintings are as beautiful as ever and I do hope we meet one day.

All love,

Jilly Cooper



into deus Alic

JO BERRYMAN

Interior designer

Like me Jo's a fan of green ink - and scribbling out!



× Rivebel Lord Chielshantor Fremeis Bacon Carlomar 20 × Nich Van Woort Q michaelsperanzo Gehard Richler @ Simon De pury X Shamos Clisset at @ post musterscales X@ REEMBACEST KALIS @ Galone Parmin @ Actobserved Sarah Lucas xo Indre_serphyte Hugh Sett Doug 105 Q Nichts Kantor Amanda Ross Ho Q ross to Standard Ross Ho Q ross to Standard Ross Ho Q ross to Standard Ross Ho Q ross to

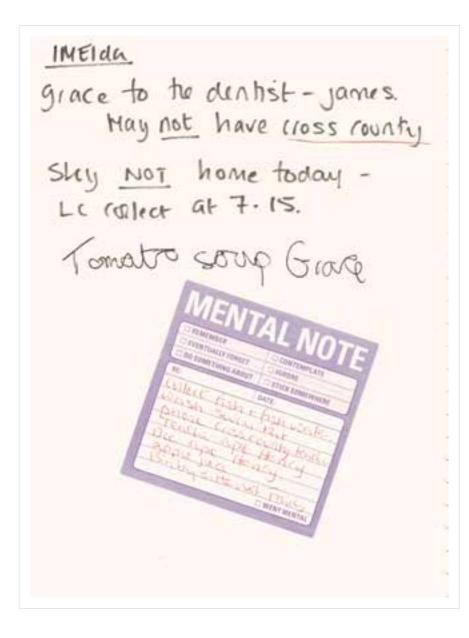
ANITA ZABLUDOWICZ OBE

Art patron and co-founder of The Zabludowicz Collection & 176, instrumental in the Olympic ArcelorMittal Orbit tower & joint chair of The Legacy List

Unsurprisingly Anita's list is bursting with art world luminaries - read it and weep.

LORRAINE CANDY *Editor of Elle Magazine*

Lorraine's list is full of the chores you'd expect to see on a mother of four's list - school uniform, swim kit, martial arts and cross country memos, pets: collect what seem to be live fish and their water, get or make tomato soup for her daughter Grace, babysitting and most hilariously 'get Mabel to wash hands after loo'!



monday James not home Fashion illo gage Mil Ilpy Herry swin kit Make Mabel wash hads after loo! MELDA can you that a jumper for School for suy today pls + grace WUESPA alue Norhal arts Henry LC home 7pm. 2015! lue Lorraine Chen are semvine + very messy ! sign)

& Bindey cake for for of Nora for Secta . for 4/6 of chines/RA & doget study for Ney of Can Sophie & Plonny dates ? & MOT

LAURA BAILEY

Model, writer

If you're a follower of Laura's you can guess the surnames of the people on her list - Josh, Bella, Sophie, Florence etc. She combines her fashion work with a friend's birthday cake and family in these lists - guitar picks for her son Luc, the prosaic M.O.T. and her daughter Tiger's thank you letters.

& Guitar pick - Luc Tuesday & Guitar pick - Luc Tuesday & Suitare for Anny 10/2 & Carling - Afons o / Logaet & Striky + Katie supper Vitanins The Nutographer's hallery to you letter - Tiger ing reception: Tue

Founder and chair of a number of awards which attempt to recognise influential women and leaders: Asian Women of Achievement Awards; The Women of the Future Award; and The Global Empowerment Award. She is an Indian cookery specialist, consultant and owner of Spice Magic Ltd.

PINKY LILANI OBE

Pinky's list starts and ends with good intentions - gym everyday and book on kindnesss. Gas reading, dentist and supermarket shop sit with her work and a gift for someone's baby - this is a list that most women would identify with!

2 Jan 2216 Jum everyday Junes phone Jas reading Root Estimate 5 gift for Zafars Hoby 6 Event for Frank Linter WILLDONINHON WITH LL 5 Bropsy 9. Dentisi Ham yard Hotel Passport letter 12. POI (Indian High Communes 12 13 harrose order Book on kindness (* 14

To DO LIST

BBC

RIDAY 19" AINE 2015

크레 1 Mate a to do list 2. ORDER ROSE'S JEN SCHOOL UNIFORM 3. Line all important school dares In dealy & make suce I have cleared them til sort 4 Male a glan for this weetend with Rase 5 Do I need dag walker ?? 6 Book in a date to see the rose that's been grann in my name. Leaven Sterr Limess lines for next week Read book sent by producers for new 9 Feed flowers & buy new lan mover to replace broken one 10. Pay accountant bill. Organise dresses for upcoming events 12. Finish typing our drang from thep to Ethropia Lith Actor Bid & send theet for type & tomes for Churchen new Event 13. Dennst & fox fare. 14. Do handrashing & dry cleaner 15. Order lightailes 16 Should I have a greenday arry 17 Delete 15,550 ungened emails Hang pictures 18 A Tidy bedroom

20. Stop Longing. the ?? 21. Find a handyman ! 22. Make suce I do all things on to do list.

EMILIA FOX Actor

Emilia wonders whether she should get a dog walker, have a birthday party and how to stop worrying. Her list is full of her young daughter Rose - and the sort of domestic chores that we all push to the bottom of the list - a new lawnmower, do handwashing, hang pictures - these are scattered in amongst her acting and charity work. There's even a rose named after her that she needs to visit.

KATHY LETTE

Author

Kathy's hilarious list walks the fine line between laughter and tears – equal pay – high heels – procrastination.

TO DO LIST (I have a had care of Listeria) 放 a) Cat cat. Call it Publiger ... juit to that I am sing that I have see 2) Filih novel 3) Stop hitting head a the glass ceiling and betting cover concussion. Cot. EQUAL PAD Mind The GAP +) Finish novel. Invest shoe that's flat all day 5) the trai ido HIGH HEEL at ages Call To The Social Clinhor?? 6) Finish novel 2) Find out that table was following all along And coke - natures penicillin 8) Stop writing lists and FUNISH NOVEL CNow Here's novel idea.

LISA UNWIN

Founder of She's Back – a new organisation helping business access the untapped potential of women who left to take a career break

l love Lisa's diagram as list especially the clouds.



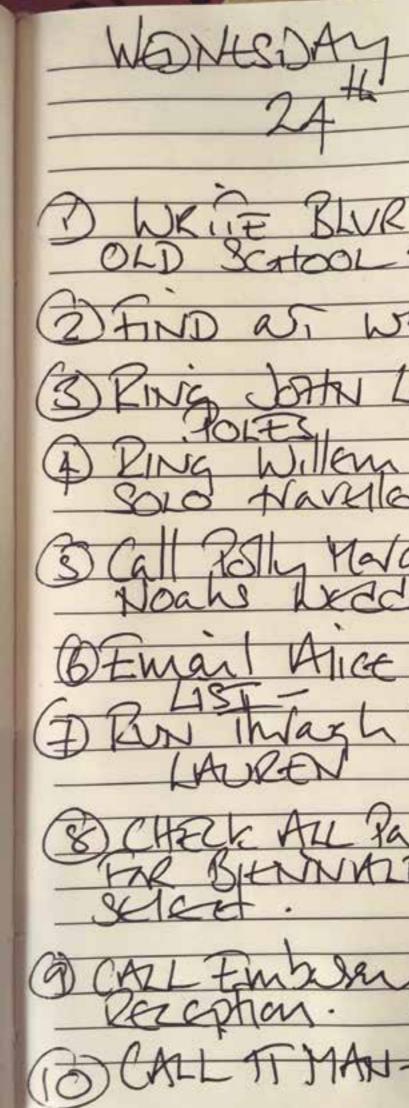
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POTOMIN. YOUNG kida dantigt housair thout and dillon Bach heir 44 estau - Read Wazvig Khine all -17 "Sigha" Ocado Ens Walthe de Souil shallong whether-- ford RH construction bill dau cull see anne

VANESSA BRANSON

Art patron and a founder of Marrakech Biennale

Vanessa needs to ring John Lewis re curtain poles, sort out her Polly Morgan hat (the mind boggles - in a good way) and check parallel entrants to the biennale satisfyingly I appear on her list too!



JUNE . 15

stripes-polica dori - lots of colans own Bell sleeve a jumper? A Line skint A XXXXAAA grey Rannel with Lax 45 Agrey Rannel with scaff Metallie Shirt

BELLA FREUD

Fashion designer

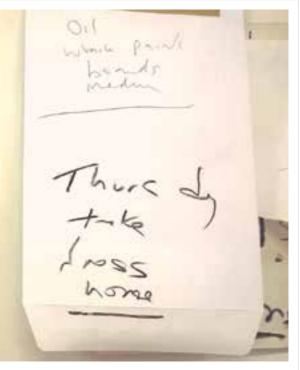
To those that are familiar with Bella's distinctive slogan tops this is fashion gold!



CHANTAL JOFFE RA

Artist & Professor of Painting, Royal Academy

Chantal sticks her lists on the back of her studio door – a shopping list for oil paint, boards and medium and a memo to take her dress home. To my mind this list reflects the singlemindedness needed (in addition to extraordinary talent) to be an artist of Chantal's amazingness – even the way it looks somehow brings to mind her work – raw, spacious, fluid, collage...

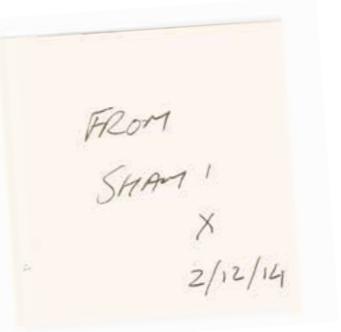


Revent Com - Tem Pair PROMO www.liberty80.org RO ア Rea 1 z 70 õ 10 Ξ www.joinusbeheard.org In BER 1 Liberty Soup Run campaign against the criminalisation of soup runs for the homeless, 2011 ~ Enn PHONE :

SHAMI CHAKRABARTI Director of Liberty (the human rights

organisation)

Shami's list combines the extremes of work and home life. It has buy Christmas tree, Christmas cards and cotton wool along with re-read the Counter Terror Bill, buy birthday present for Dad and stocking fillers for her son.

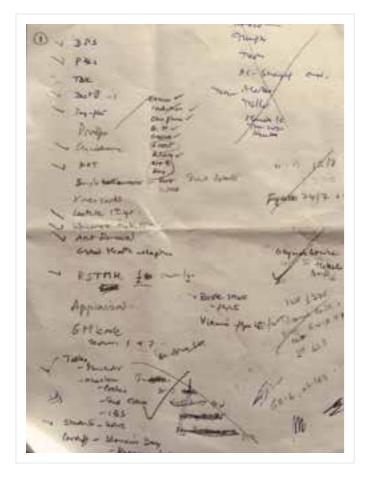


PROFESSOR

PARVEEN KUMAR CBE

BSC, MD, DSC, FRCP, FRCPE, FRCPATH, Professor of Medicine and Education Barts and the London School of Medicine, Queen Mary University of London, Wingate Institute, former Chair of British Medical Association

Like most women Parveen is very apologetic about her lists. She primarily writes them to prepare for work - but in amongst global health chapters I see other things have sneaked in - Christmas cards and Glyndebourne tickets!



Professor Parvean Kumar 🦸

To: alice instone Pepty-To: Professor Parveen Kumar Per: To do list 1

2010/06/06/

This looks hopeless. I write on any scrap of paper around at the time. Discard if it looks useless (it is!) ! Love Parveen

alice instone \, Ø

To: Professor Parveen Kumar Re: your list

ooch those lists would be PERFECT1 just what I'm after - have plenty of work ones so you wont be alone sending much love

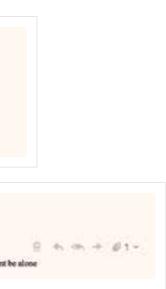
Professor Parveen Kumar

To: alice instone Re: your list

Dear Alice

I do do lists but they are all about chapters, references, loctures, dimmes and going abroad. Desperatoly uninterneting and nothing about hence,food etc! Therefore thought not worth sending them to you. Did I tell you that a copy of your painting at the BMA is now on the staircase at the medical college . There were no paintings of women and no money for the project so I teld them to contact the BMA. Hope all well with you. Happy new year. Lone Parveen

Sent from my iPad



18 Jan 0 K- Board minula REAN autoration inviter Show rallen allocations mon 111 well V2. coar 00 (DUM Initero meet lam Woman Nen and NIX Sochossia repw 17 emor SNC Jach 2 m book 100graphy NOO

NAZY VASSEGH

Chief executive of Masterpiece London art fair

Nazy's list also blends family and work seamlessly - she needs to buy her daughter Noo a coat and get her hair cut amongst business trips and meetings galore.

To Do Billet Sur Mil years (Jane 1) Capits Communities Gar pus of paris James 12 Save TE toma Ry IVILS Remark - NT - Challe Miller / We hand MAYC WEILE GHYC/1516 French grantester plantes pagementer plantes File Proton more UKE NAWA Church pros adores Care Brance months factor the

Follow of m/M & Parcars

Call Jame / Patt in terms of Red Must Kity res WC Visit Carlo Commen Ver Final Smarry

Asiate res Convidence Chile

Me-Events Comm

BETH COLOCCI

Artist, curator, patron and chair of UK Friends of the National Museum of Women in the Arts

Beth appears to be juggling her own work as an artist (finish photos) with work for NMWA and building work (possibly on her home?) – patio doors and electrician... She also needs to fit in dentist, doctor, eye test, watch, trip to Italy (her husband is Italian) and lunch with Kate.... Lon Linite of Kata Dr. 7 Which Mary? Sharts of C. Epitest IN His Watch

Te Eyet Churchen tox Dates Ge trong Dentet ? - Unig call

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BARONESS HELENA KENNEDY QC FRSA

One of Britain's most distinguished barristers. She has spent her professional life giving voice to those who have least power within the system, championing civil liberties and promoting human rights. She has also written and broadcast on a wide range of issues, from medical negligence to terrorism to the rights of women and children. Former Chair of the Human Genetics Commission – advises government on ethical, social, and legal issues arising from developments in genetic science

Tragically Helena's first list went to my old address and got lost. This second list is a research list. It reads like a mini time-capsule of early 20th century legal history and a chilling reminder of how far we still have to go in the fight for women's equality: Boko Haram, Oscar Pistorious, the Yazidi women, the Rotherham scandal, Dominique Strauss Kahn, the Delhi rape.... Helena has written 'is it always about power and the lack of it. Who is believed and who is disbelieved' across the corner of the page....

Fascinatingly you can also see what she's been reading to prepare for her lecture underneath this list - and there's a painter and decorator's card peeping out in the corner!

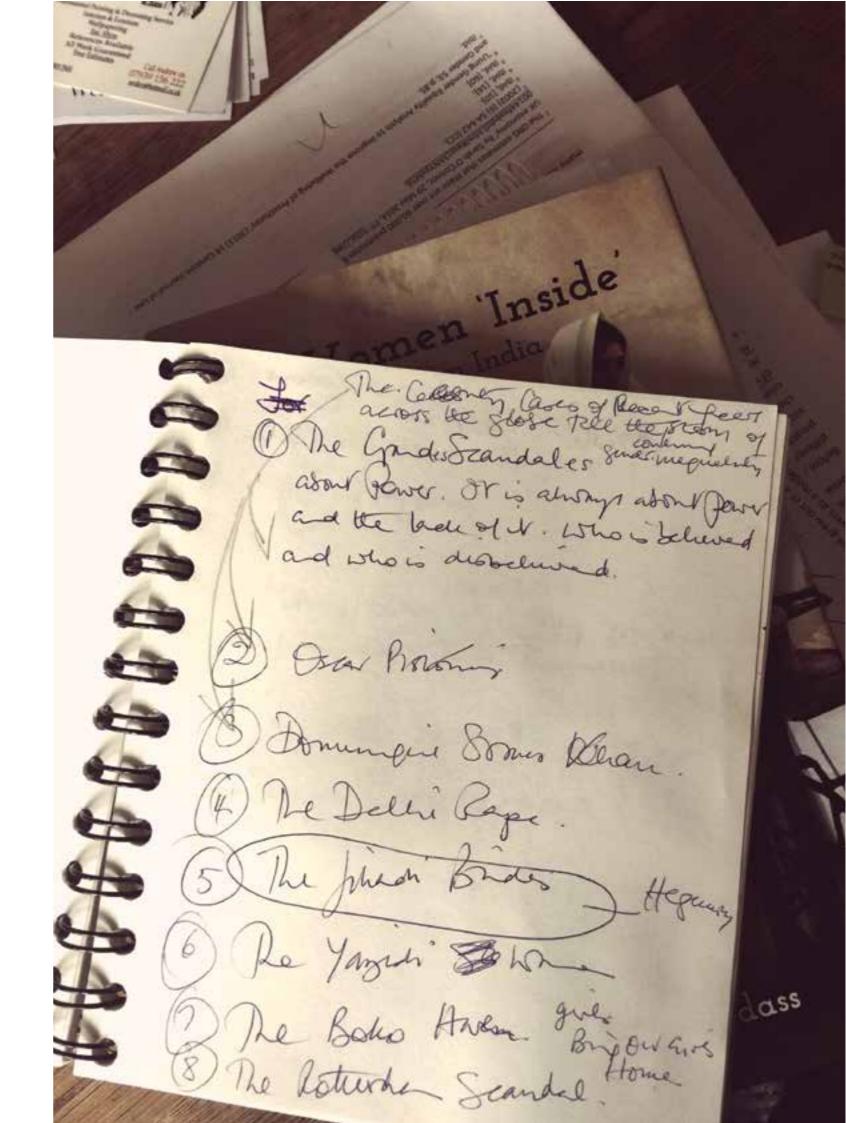
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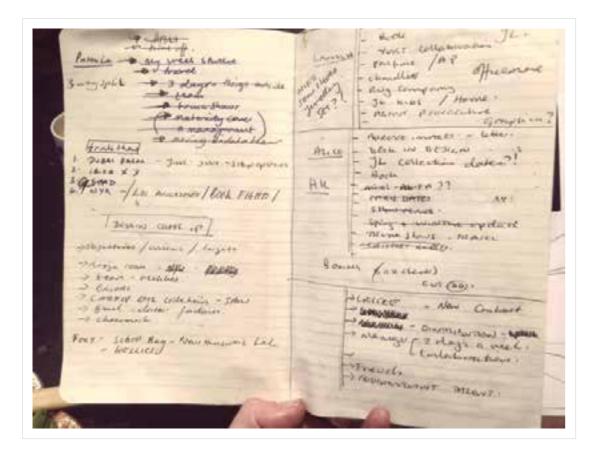
Helena Kennedy

To: alice instone

+ February 2018 12:38

Alice, I have sent you a page from a notebook. The genuine article - reminding me to meanch topics for a fecture. Is that workable? HK





ALICE TEMPERLEY MBE

Fashion Designer

Amongst the reams of work (trunk shows, contracts, travel etc) and collaborations (perfume, rugs, book and yurts?!) Alice needs to remember her son Fox's homework and wellies, fit in some boxing and somehow find room to be creative.

SARAH SHOTTON Creative director of Agent Provocateur

Sarah sent me this list from her New York business trip where the new AP fragrance is being shot - oh no, her son George has lost Dusty - she needs to find him a new one, visit AP's Mercer Street store and get a Dolce Vita lip pencil.

hard to up Merce Sheet Store The Shipe coll mith peode and TR new fragmance 12 llan. and. bearge a new Lorn Seve Vor 5 Bert The Madison Derenve Iss in Meren With tel Stration in anges and the service in a grad the international services and the services are Indechine 10.15 m

SAM TAYLOR *Editor of the Lady*

EVERYTHING about this list is wonderful - in her accompanying email Sam said 'The Queen's Birthday is giving me sleepless nights along with foot which was damaged at a middle aged party in December, but am so worried about Queen's birthday. Does she get cake every time ????? Who makes it?' This and the doc's appt for foot are on both lists along with, Catherine Zeta Jones cover, ring National Trust about trees and squirrels....write intro for book or die... eyebrow appt... Diana Athill cover... get Georgie (her daughter) riding lessons, make list for dump, dentist... and much more besides. Apart from making me wheeze with laughter it perfectly sums up the balancing of family, personal and work.... a feat that most women can relate to - though clearly Sam's list is a bit more exciting than most!

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THOMASINA MIERS

English cook, writer and television presenter. She is the founder of the Wahaca chain of Mexican street food restaurants

Food glorious food... this list makes me hungry.

CHERIE BLAIR CBE QC

Leading human rights barrister, judge, lecturer, campaigner for numerous international charitable causes, founder of The Cherie Blair Foundation for Women an international organisation dedicated to creating equal opportunities for women worldwide

Fascinatingly Cherie is amongst a small group of non-list writers - she keeps her lists in her head.

From: Cherie Blair Subject: RE: <u>Intaholic</u> Date: 11 June 2015 14:39:49 BST To: alice instone

I don't really have lists except in my head!

On 11 Jun 2015, at 15:57, alice instone wrote:

dam it! sending much love - hope you're all well XXXXX

From: Cherie Blair Subject: Re: Jistaholic Date: 11 June 2015 16:06:58 BST To: alice instone

Yes very and you too I hope



BIANCA JAGGER HUMAN RIGHTS FOUNDATION

TO DO LIST

Bianca Jagger

President and CEO of the Bianca Jagger Human Rights Foundation (BJHRF) and IUCN Bonn Challenge Ambassador

Catriona Ward (Researcher, BJHRF)

Saturday 5th of December 2015, Paris

08:30 Cat to meet BJ at the hotel.

09:00 Cat and BJ to be collected by a Renault-Nissan electric car to attend the UNFCCC COP21 Climate Change negotiations at Le Bourget, Paris

11:00 Depart from Le Bourget to go to the "Global Landscapes Forum 2015" COP21 side-event at Palais de Congres.

12:00-13:45 BJ to speak in her capacity as IUCN Bonn Challenge Ambassador at the "Lanscape Restoration Suapshot - potential for achieving old and new climate ambitions" side-event. The panel will focus on forest landscape restoration.

Title of BJ speech: "The Potential for Achieving Old and New Climate Ambitions"

Talking points:

- The Bonn Challenge goals: Restoring 150 million hectares of deforested and degraded land by 2020, and 350 million by 2030. It is one
- of the most important initiatives in the world to reduce C02 emissions, and improve peoples' lives.
- Forest landscape restoration plays a critical role in climate change mitigation and adaptation. We must to keep the rise in global average temperature below 1.5C above pre-industrial levels.
- To keep temperature rise below 1.5C, "The Paris Agreement" agreed by world leaders must be: comprehensive, just and legally respect gender equality and human rights, take into account local, indigenous and traditional knowledge and the needs of the most vulnerable communities; it must be implemented on the basis of equity and science with adequate provisions for mitigation, adaptation, loss and damage, Green Climate Fund investments, technology transfer, and implementation mechanisms.

Moderators: Stewart Maginnis, Global Director, nature-based solutions, IUCN and Peter Besseau, Co-Chair, Global Partnership on Forest Landscape Restoration

Speakers:

Minister Emmanuel Niyonkuru, Minister of Water, Environment and Spatial Planning and Urban Development, Burundi Carlos Klink, secretary for climate change, Ministry of the Environment, Brazil. Bianca Jagger, President and Chief Executive, Bianca Jagger Human Rights Foundation Gustavo Fonseca, director of programs at the Global Environment Facility (GEF) Jose Vilialdo Diaz, head of climate change, National Forestry Institute of Guatemala

15:00-17:00 Return to the hotel and prepare for the evening.

18:00-21:00 Bianca Jagger is hosting a side-event with Thaddaeus Ropac at Galerie Thaddaeus Ropac in Pantin.

Renowned Brazilian artist Sebastiao Salgado will screen his outstanding photographic series, "Amazonia".

- BJ to introduce Sebastino Salgado
- Sebastiao Salgado will talk about "Amazonia"
- Screening of 'Amazonia'
- Munduruku people (Brazil); Patricia and Nancy Gualinga of the Sarayuku people (Ecuador), and others.

21:00-23:00 Dinner to celebrate the birthday of my dear friend Donald Ranvaud from the World Bank Group.

23:00 Return to the hotel to rest.

BIANCA JAGGER

Human rights & environmental campaigner – Bianca Jagger Human Rights Foundation, Council of Europe Goodwill Ambassador, IUCN Bonn Challenge Ambassador, senior fellow, Centre for International Governance Innovation, member of the Executive Director's Leadership Council of Amnesty International USA

Bianca has given us a glimpse of a day in her life - I discovered that guite a few women use their schedule as their to-do list - here' a look at what Bianca's been doing.

Bianca Jagger

To: alice instone From Bianca Japper Re: Your list

Dear Alce.

I hope this message finds you well.

As promised, pieces find attached my to-do list in Word and PDF. Will you need any pictures? I have attached two for you just in case. Please let me know if there is anything else you might need.

I am in New York this week and will return to London on the 10th

I look forward to hearing from you.

With warmest wishes.

Banta



binding, advance the important role that eco-system and nature-based solutions can play in climate change mitigation and adaptation;

BJ to speak about the critical importance of preserving the Amazon rainforest, often referred to as the 'lungs of the world,' for present and future generations; and the role of indigenous people as the best custodians of ecosystems in the race against climate change. Indigenous leaders join BJ on stage: Winners of the UNDP Equator Prize 2015 including Maria Leusa and Rozeninho Sawrecak of the

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KATIE CLARKE

Hotelier – The George in Rye and The Falstaff Canterbury

Katie gave me one of her old notebooks. From her notes on rooms it appears to be from when she and her husband Alex (also an expert list-maker) were first renovating their famous Rye hotel (though that's just a guess). The note 'Audry Hepburn in dusty pink silk' is particularly evocative for Room 3. Like so many lists it obviously reflects a precise moment in time and must have a lot of memories attached - it's therefore not surprising that she'd like it back!

Hope it's not to Unil ne got dull

darks wash uniforms? chemist Alfre here post office list for

DIANA HENRY Cook and food writer

Diana's list (written on the back of what looks like junk mail) has ideas for flatbreads, homework and uniforms, chemist, post office, cinema and (sigh of delight on my part) make chocolate sauce....

TRI ideas for flat breads next the chapters proof read wate dochate sauce Sort out givena hil 14.

To DO: Select archyne images from Doniel monuments Sound + text apyright - who mould know about this Buy spran paint Donich Lidement, hucy mishot Voice oner artists - fir Nonow projector from Email - performance dancers specialist on ISIS stolen artyfacts -DR M. Altoweel V Pay assistants Somerlea the Application design statement - NEED to remier !!! Works anailable Diaries with DR - Somesset, travels Winners: Not + Charles Amery from Laura Bartlett gelline Judy + Paul Mariela Fostrup & Jason Mc Cue V Harry + Jasha Jun Alestain + ducy Machinen Anna + Patrick TR + Snowy Non + Rafford Tracy + Victoria Email: Wood carmen-redeleting 111 ; Jach , Jach Send: Parcel to Book: Olga (Russian teacher) ackets to her maker Juna Present parcel to Spinning despes ithuandan. to Marila hasket Therenset set up meetin + way Thip to NY - email Doirg White Voridge to Per IV noise project - which sound - memory - include my boile? Vesiarch: Dead Dreams of Monocrome Men - DV8 Physical Theatre Titles: "In Manary Blood shed of Thip to Brussels 18-20 Feb 124 .12

INDRE SERPYTYTE Artist and art patron

In amongst Indre's work which is concerned with the impact of war on history and perception she needs to send a Lithuanian basket to someone (she is Lithuanian) and a parcel to Grandma – also on her list are therapist, title ideas and research Dead Dreams of Monochrome Men – a life of contrasts!

REVD DR FIONA STEWART-DARLING

The Bishop's Chaplain in Docklands and Lead Chaplain, Fiona is an Anglican priest who has been working in Canary Wharf from June 2004. Since then she has been providing chaplaincy to all the workers on the Canary Wharf Estate

My favourites on this list are get fringe trimmed and print Lent bookmarks.

HAZEL FULKER

Ex British Army, Hazel rebuilt herself with support from the British Legion after an army accident and is now a leading sports coach. In addition to her extensive charity work she recently won a 100 km race with the first female British Brigadier

Hazel's list reflects her incredible energy - i'm quite secretly pleased she has a vice (vino).

On Wed, Feb 3, 2016 at 3:03 PM, Fiona Stewart-Darling wrote:

Hi Fleur

Interesting request, I am not really a list person unless really stressed! However, life is v busy so did write one today.

- Set up weekly email
- Expenses for Jan
- Update Faith Calendar Reponses
- Get fringe trimmed
- Print lent Bookmarks
- Update notes on meeting with FCA
- Buy paper towel holder
- Follow up conversation with nursery
- Prepare for meeting with Barclays
- Organise taxi from station for meeting at Cuddesdon Theological college

My list tend to be the little things I am likely to forget and not make time for!

With best wishes Flona

Revd Dr Fiona Stewart-Darling

Canary Wharf Multifaith Chaplaincy

Hazel Fulker To: alice instone

My to do list to do

My to do list to do Get up be happy Get kids to school in a positive mood lol Run first client xc so need kit Get son to asthma appt Train client mindfulness outdoor School meeting Work in a cancer project to raise funds Organise balloons for cancer day 4th Feb Pick up children from school School meeting Client boxing or swim Meet with electric man Kids time Me time or collapse with glass of vino

Smile

Sent from my iPhone

ANN FRANCKE

CEO of the Chartered Management Institute

Ann needs to write a speech, check a dinner date, fly to Seattle and check LA dates with Izzy & Mom.

On 11 Feb 2016, at 10:01, Ann Francke <

Email Paul recPres Dinnet GTI bank details Book Seattle flight Check if dinner June 24 & let mark know Follow up w/ Sacha Write SCI speech InvirvOJ and OM to Spain Discuss prod Dev and realign @ ELT Call Tanya & Steve to debrief Decide walk w/e w/ K&D Check LA dates with Izzy & Mom Send pix Ann Francke

Chief Executive Chartered Management Institute

KATIE ALICE Tableware designer

Katie's getting married - I love the thought that if she looks back at this list in a few years it'll bring back this moment in time.

SCAN NINAS GIRAFFE, ecard Havens armere te designa. Year Goals ement // = \neady for Manday Pinterest board artwork Spring fair +Tom Fac 10 blog posts



KATHRYN NAWROCKYI

Gender equality director of Business in the Community – The Prince's Responsible Business Network

Yes people are still writing lists on their hands - bravo.

TeamAdeC

To: alice instone Re: for Amanda de Cadenet - IWD16

When do you need this by? I live by my lists so will send you one . Thanks for including me Amanda

202 AMANDA DE CADENET 1 friget one 9

AMANDA DE CADANET

Photographer, Actress, Talk Show Host. Amanda recently interviewed Hillary Clinton for The Conversation, her ground breaking talk show, and is the youngest woman to shoot a Vogue magazine cover. One of her goals is to continually try to make media that challenges perceptions of women

I think I could do with adding most of the items on Amanda's list to my own to-do list. I always love a bit of collage too!

HILARY STAFFORD-CLARK

Journalist and former editor of The Sunday Times 'Life in the Day' and 'Relative Values' columns, and editor of the eponymous book 'A Life In the Day'

Hilary had just thrown this in the bin when she got a mutual friend's email about The Pram In The Hall. I love the insights into her life that can be gleaned from her list. She likes to cook and shares recipes with friends (key lime pie). She has at least one pet (Dixie) – who needs worming.... I later discovered Dixie is a golden retriever puppy and she also has two cats. She has good intentions (to eat porridge). And she practices the piano whenever Dixie will let her....

had Horowson MIN away when LPT act your email via Krad Spalding, so its all screwed You can throw away for me like

Thursday Pour Ace Ring Guliano Jonathan PXF Ring Gas ratisé piano Make dan's key line pie Dixie - worth pill Eat porridge

VICTORIA MIRO Art dealer & gallerist

I recognise the Victoria Miro gallery floor in this shot. I also got an electric shock when I saw it, as that stationary is so familiar to me (I'm artist in residence at the Chateau Marmont) - I've written masses of lists myself on their perfectly sized notebooks! Nice to think of Victoria stalking the darkened corridors there. I like the spiky writing and that there's lots of scribbling on it too....



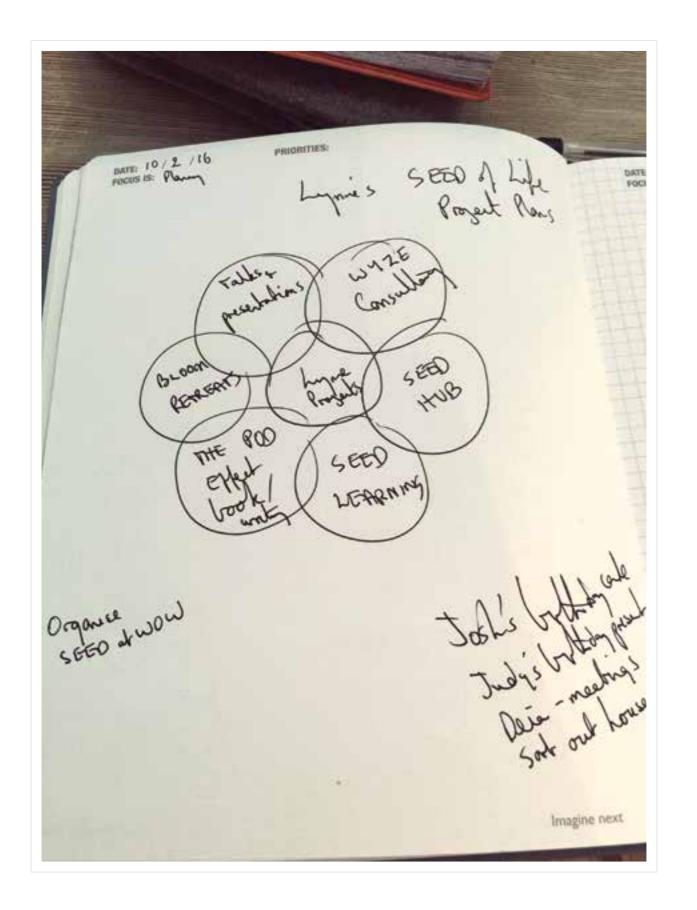
Chateau Marmont hollywood Latly Hamson: have rest renens

BARBARA TAYLOR BRADFORD OBE

Author – Barbara's debut novel a Woman of Substance sold over 30 million copies, it ranks as one of the top-ten bestselling novels of all time. To date, she has written 29 novels – all bestsellers

A few years back I went to paint Barbara Taylor Bradford in her hotel suite at the Dorchester for a series on influential women. It was towards the end of the project and I never managed to resolve the painting which is still in my studio. We talked about many things and Barbara suggested I paint a couple of her friends whose names she wrote on a little hotel pad. Between our sitting and the show I became pregnant with my first child (the first appearance of the pram in the hall) and somehow the list got buried. During the eleventh hour of putting this project together l once again found the list, alas too late. It is probably the most poignant reminder of the passing of time in the exhibition. Mrs Robin Duke passed away two days before writing this and Joan Rivers in 2014.

lettes tar The Doubester Park Lane, London W1A 210 Telephone: +44 (0)20 7629 8888 www.dorchesterflittel.com



LYNNE FRANKS PR Guru

Lynne needs to sort out her house, buy a birthday cake and work on her seed of life project.

lynne franks To: alice instone Re: examples

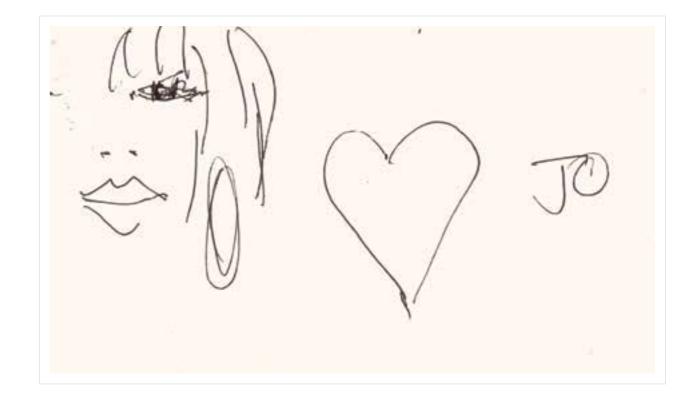


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JO WOOD

Entrepreneur, organic campaigner & rock chick

Even Jo's envelope is expressive! She needs to fix a wicker chair, go to the dentist, ring agent, sign papers for Miami and write natural health column.



NICOLE FARHI Fashion designer & sculptress

Nicole Farhi is one of a tiny minority that don't write lists, in her case not even for the supermarket – she just buys what tempts her.

HELEN McCRORY

Actor

Helen's list is unprintable - so we haven't printed it, but here's her hilarious email.

Nicole Farhi

Dear Alice.

The Ghost tree arrived after Xmas in very good shape. Thank you very much for sending it to me,and I wish you and your growing family a very belated happy New Year. How lovely to go to LA ,how long will you be there for. Is this work or pleasure? I follow from far your carrier and see that things are rolling .I am happy for you. Sorry about the list, I don't do any ,although I do a big shop once a week.I just get whatever tempt me. It is a fun idea anyway. Looking forward to your September Show. And yes of course give my email address to your friend and he is most welcome to photograph my studio. I don't go out much ,my only trips are to the various foundries which are doing my bronzes, so if you are tempted to come to Hampstead one of these days you will be most welcome. Much love. Nicole

Happy new year, it's a brilliant idea, I doubt I have any you can use as mine say things like , Well , I can't even repeat an example without appalling you , But I have a few brilliant list writers , compulsive , interested or did you want past subjects only ? Have you found me a house yet by the way ? Xxx

Helen Mccrory

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LYNNE PAGE Choreographer

Lynne gave me her notebook - like so many of the lists it seemed to reflect her energy - wild gestural writing, pages different ways up and coffee stains from where she's probably leapt about with it in one hand! Choreography notes and ideas (Eurydice, Lars Von Trier, raves) are interspersed with things she needs to do for Iris and Isaac her two young children and household chores. Instructions and feedback for dancers make for entertaining reading - more pelvic thrusts and pulsating corpse pile....

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FLEUR BOTHWICK OBE

Director of Diversity & Inclusive Leadership – EMEIA, Ernst & Young LLP

As the mother of three boys, and with a job that spans the globe, but who always has time for other people, Fleur is a bit of an expert list maker and has them for everything - her son Tom sent me these on a Sunday morning - work, friends, children, pets and a watch strap!

SALLY WILLIAMS

Public Art Consultant

It's always interesting to see how people use their lists – circling items, highlighting, scribbling out or, as here, ticking off items....

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PAULA REED

Director of brand strategy, Boutique 1

From the names on Paula's list and the sheer quantity of tasks it's easy to guess why she was named as one of the people shaping the global fashion industry.



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LIZ GILMORE

Director of Jerwood Hastings Art Museum

Amusingly Liz thinks the quantity of her lists make her nuts, but I can confirm it's perfectly normal and healthy Liz!

TOP - cv a mening shin - phene contracts . - equal your - reven 1 broy box

From: Liz Olimore Subject: To do Beta Date: 1 February 2016 19:50:59 GMT To: Alice Instone

This will confirm I'm nuts. Please feel free to pic one attached. Lox

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CATH KIDSTON MBE

Designer, businesswoman and author

An endless list-maker Cath's feeling guilty about not having done more of the things on her list - even though she's on a gap year. She needs to order doormat, remember Hugh's birthday, get some food and Hay Festival tickets. Unfortunately you can't see the delicious neon pink ink on the edges of her stationary.

CATH Fib /

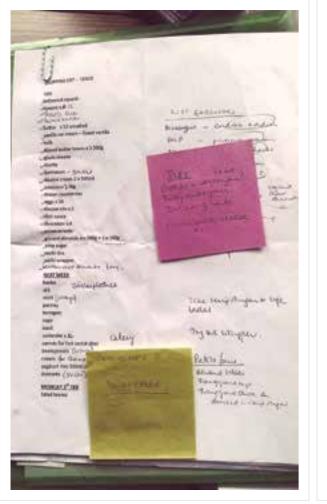
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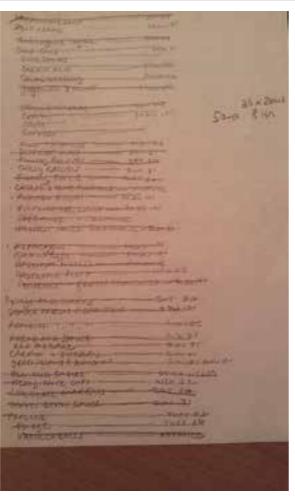
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Victoria @ To: alice instone List

Dear Alice I don't know if this is the kind of list you are after! Here is a list of lists from last week's Charity Event on February 1st where I was cooking a 5 course meal for 32 people. Best wishes for your list of lists! Victoria Conran





VICTORIA CONRAN

102

In addition to her charity work Victoria's academic work has included medical anthropology (women's experience of miscarriage care provision) and young people's sexual health. She is a Chinese medicine, herbalism and acupuncture practitioner, a motorcycler and a Cordon Bleu chef into the bargain

This sounds like a feast I would like to have eaten...

From: Victoria Convan Subject: RE: List Date: 18 February 2010 08:19:10 GMT To: alice instone

Dear Alice

is this the sort of thing? Apologies if I am sending this too late. Fil send another list I found that it particularly furnly in an ocd kind of way All the best Victoria



ELIZABETH BROOKS

Arts Patron

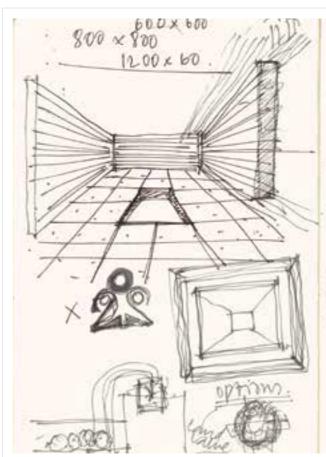
Elizabeth has lots of art and work related notes, but it seems she loves the outdoors as she also needs bike locks, items for boat and to make a waxing appointment before she goes on a climbing weekend.

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MARTA NOWICKA Interior architect

Marta writes her to-do lists in gorgeous soft black leather books. She is also a grade 'A' doodler and the sketches of her ideas are quite beautiful.





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STEPHANIE WOOD Founder/director School Food Matters

You can almost feel Stephanie's brain darting around her list – trustees, newsletter, foundation, bank, Mayor, MP, Bishop, progress report, assembly, pr, submit.... I like the grounding carrot and leaves doodle that remind us what her work is achieving!

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SYNTHIA GRIFFIN

Curator: Regeneration & Community Partnerships Tate Modern

Synthia is another prolific list writer - here you can get a glimpse of the sea of admin behind her projects. It's always nice to see things scribbled out and I love the look of these lists - there's a freedom about the way a to-do list is written as it's only for the writer's eyes, joyous or frustrated doodles, whatever pen is to hand - ordered chaos.

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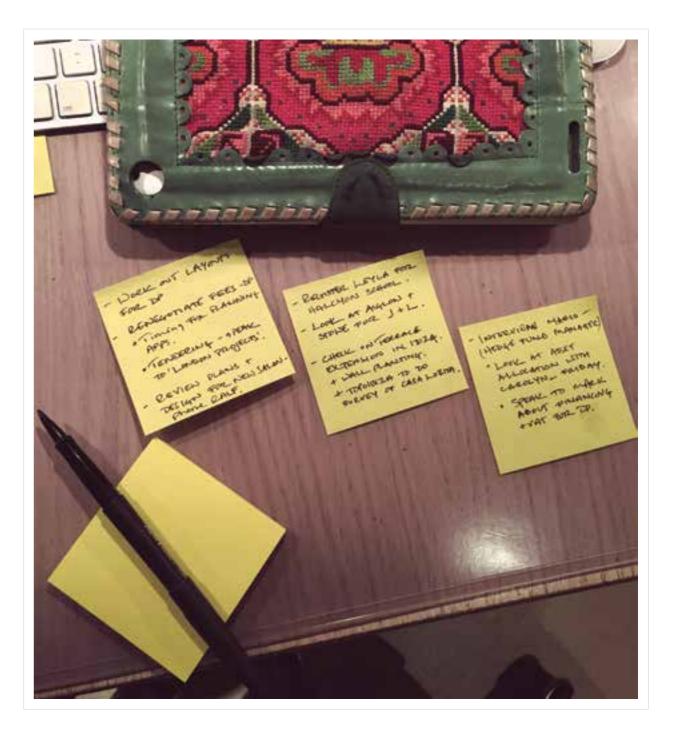
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SUE CREWE

Retired editor of House & Garden

Sue needs to post some letters and send a Christmas box.



AVERY AGNELLI Architect

Avery clearly has numerous projects on the go - layouts, fee negotiations, tenders.... she needs to review the plans and design for a new salon (for her partner John Frieda at a guess!) register their daughter Leyla for school, check on work at their Ibiza home and do some financial planning amongst other things.

GEORGIE HOPTON Artist

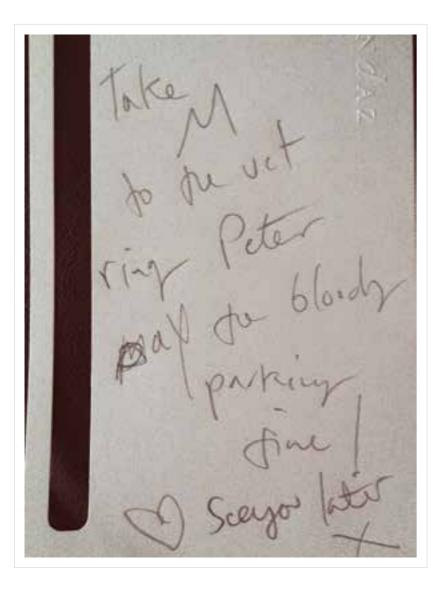
Georgie's elegant handwriting and curving brackets make this list quite beautiful. It looks as if she's pinned it to her studio wall - the holes in the wall suggest she's done this before! Her work includes finishing large collages, deciding on a piece for the Foundling Museum show and an up to date price list. Her life includes friend's shows, emails, ballet, suppers with friends, hairdressers and buy tickets for William Morris talk at V&A (life meets work/art?).

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ALISON GOLDFRAPP

Musician and producer

Alison's list is written on hotel paper - her pet needs to go to the vet and she has to pay a parking fine.



lisa gunning

Vesterday 10.57 To: alice instone Re: toes crossed Hi Alice, Two been away from home since your first email so it's been impossible for me to access my staff, especially my old notes, so sorry for not responding earlier. I love this project so much! ITI have a dig around in my scrap book to see if anything might work. Thanks for inviting me X Sent from me valess sty Light Inble th me action less on fim and men on took in as and AULES IN FORM - LOUIC Billy Susrade looky - MONTAVIL - SEA / DUNGI dans at ner tero Sivistal TUNET? 675 1/1 - wher will mede happen ? Pick of A TURNY THATS - CONVERS ONE is SHOT - CONVERS SYNDAMS ON MICE MORALity TENSION - TWIS all denay (ICKNAMITY) (IDONTITY) help ch Tournon of Listening with invisione of morverity saf baids. old 1230

LISA GUNNING

Film editor, director and writer

These lists give a wonderful glimpse of the thought processes behind Lisa's work. I love the phrases (and mental pictures conjured by) 'journey of listening to oneself' and 'all dancers lying on floor'.

PAM BEAUGIE Company Director & JOJO HANCOCK Entrepreneur

Pam and JoJo have been friends for their entire adult lives. Pam is currently undergoing treatment for breast cancer so JoJo wrote her list for her as she wasn't feeling up to it and they were spending the day together (as JoJo was taking Pam to her hospital appointment and staying with her afterwards).

JoJo's list includes making chicken soup for Pam, presents for friends, getting revision guides, treats and coloured hairspray for her daughters, along with setting up a conference call and a skype interview (JoJo runs her own business). Amazingly she also has bake bread on there!

Pam's list includes see oncologist, have chemo, get haircut, get headscarves, research best breast surgeon, Bupa authorisation for drug treatment, handover of key work responsibilities (payroll and HR), arrange things for children to do whilst having Cancer treatment, sort out tariff for electricity, order a birthday present, decide kitchen cupboard surfaces and remove green paint from her dog's fur....

3/2/16 - Malle chicken soup tos fam - ball bread × ounching d TUR! - OWMANIP - cal atin revision guide istal. - CONTAT DARLON to Debretts (tide SPCV red/blue hoursony buy squity orby Mashno na LUNDE - organize Aundes Sacpores - Tallolel ? Funa order VIT D lila v "sugnie spray" FILAX HQ CONFERRE Call - Set UD - Skype UDVOW H POTONS se sotuebuis redates - Chief Presses -Takl -- Tanes

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BAY GARNETT

Fashion stylist, author and editor. Bay pioneered the idea of "thrifting", the art of shopping in second-hand stores, as being relevant to high fashion by including items she had found in magazine shoots

Bay has a new magazine coming out - she's thinking about fonts, fanpages and Jilly Cooper - it looks like she's planning on rifling through a friend's grandmother's wardrobe too.

SUSIE CAVE / BICK Model, actress, muse and designer

I suspect these gorgeous notes are ideas for The Vampire's Wife - pink, emerald, lavender, dark purple, blood, dark blood, midnight, mouse - and night garden dress. I love the shadowy red ink showing through from the other side.

From: Bay Garnett Subject: Fanpage - chase Date: 18 February 2016 11:32:17 GMT To: alice instone

This is a to do list for my mag? Coming out April. Xx

Fanpage - chase Tom Craig Harland text Catherine milinaire Sarah - nan closet Kate Phelan Rose - jilly cooper Cramps font

Sent from my iPhone



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LISA MORAN PARKER

Film producer

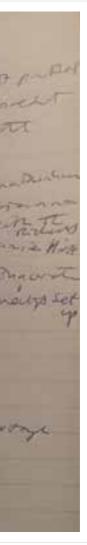
Lisa sent this with the caption 'scary to do list', a satisfying amount has been crossed out and home, work, friends and family are seamlessly interwoven.

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LUCY MCINTYRE

Global Head of Luxury Andre Balazs Properties

As vice-president of André Balazs's eponymous hotel empire, Lucy handles the most in-demand, rock star-ridden, pop-cultural haunts: The Mercer, Chateau Marmont, The Standard and Chiltern Firehouse - so it's not surprising to see the names Zoe Cassavetes. Lena Dunham, Keith Richards and Damien Hirst on her list. She needs to organise a birthday - maybe André's - or her own? - or both? book a flight to Berlin, send me her list (!) and see her brother and his kids next week... Loving the yellow Smythson notebook....



Lucy MoIntyre To: alice instone List!

Let me know if this will suffice It won't make any sense but it's my current list!! Xx

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SARAH DOUKAS Founder of Storm Models

Sarah gave me this list during fashion week - it's actually scribbled on the back of a fashion week schedule. It's a perfect example of the way women combine work and home - and you can see the speed at which it's been made - travel arrangements for fashion week, something about the farm where Sarah lives possibly and what looks like (a very delicious sounding) supper. I personally love a list where different pens have been used too.

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MARISA DREW

Co-Head EMEA Investment Banking and Capital Markets Credit Suisse International

Marisa has been described as one of the most powerful women in Britain. Active in diversity and philanthropy it's interesting to see her list includes UK Equal pay review. A noted oenophile there's also Wine Competition lurking in there. Tantalisingly much of her list is redacted (given the confidential nature of her work), but Cyber Fund, Financial Crime Prevention, Mandatory Training and 2017 Flights give an insight into her tasks.

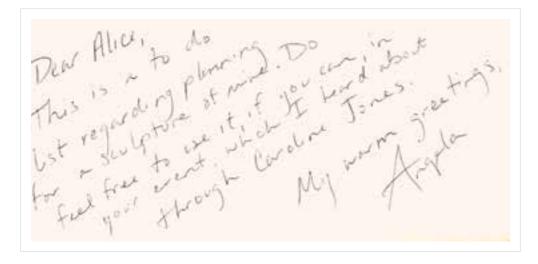
In complete contrast is the handwritten personal list she also gave me - presents for friends, house painting, Dad's birthday card, mani pedi and a wedding outfit.

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ANGELA CONNER FRBS

Sculptor. Angela has large scale sculptures in public and private collections around the world. Her kinetic sculptures utilize natural elements like water, sun, gravity or wind to create mobiles that entice viewers to stop and watch their gentle movement. In her early life she assisted Barbara Hepworth

This fascinating and elegant list is for one of Angela's beautiful and intriguing sculptures.



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CELIA WALDEN/MORGAN Journalist, novelist and critic

Celia has school toy drive, Neta-Porter return, brows (I think), a booster jab and a phone call amongst her list - we can also see the cover of her notebook...





INSTALLATION, PAINTINGS & DRAWINGS



THE LAUNDRY ROOM

The Pram In The Hall invites women everywhere to share their to-do lists by pegging them on to that most domestic of inventions the washing line.

Originally the majority of people did not use washing lines, laying their clothes out to dry on washing greens by rivers or draped over hedges. Washing and drying would often be a communal activity where women would chat and swap stories.

We hope our communal washing lines will be an inspiring testament to how we fit it all in and an opportunity for cathartic unburdening.



THE ARTEFACT ROOM

Here a selection of lists by influential women is arranged en-masse on Alice's own furniture. There is a magical quality to a piece of paper that is handwritten - modern day artefacts, laid out together they clamour for attention. One of the tables was the kitchen table of Alice's maternal great grandmother and another belonged to her paternal great grandmother.

WHAT DO I NEED TO DO TOMORROW?

Inspired by the way laundry used to be a communal activity we've provided a communal space to share your thoughts, have a cup of tea and perhaps reflect on how you spend your time. What enriches your life and the life of those around you? Take one of our stamped pieces of paper and write down what you want or need to do tomorrow.

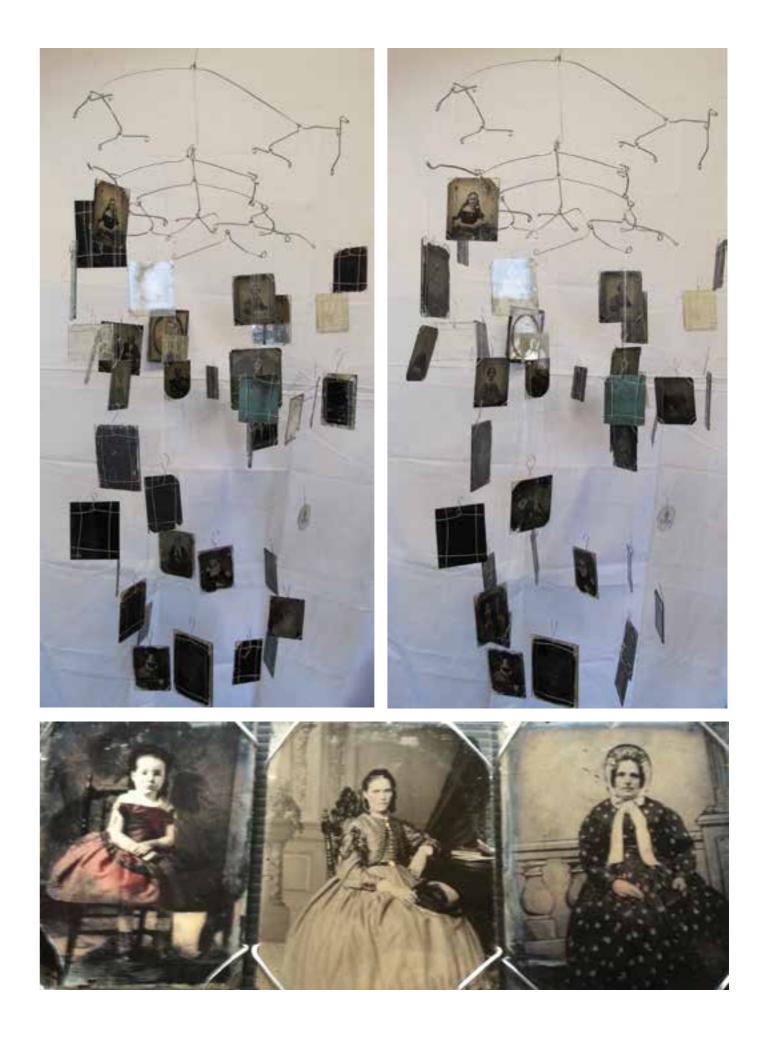
The chairs and desk are from Alice's home.



CERTAINLY IT WAS DIFFERENT THEN

2013, mobile: glass, wire, cat gut

Made from Instone's personal collection of early daguerreotypes of Victorian women and children. The hand tinted photographs have been brought together from all over the world and range from toothless old ladies to toddlers, babies and little girls, matriarchs, wives and young mothers to spinsters and widows, handsome and even beautiful women to homely or plain figures. In some cases these fragile pieces of glass may be the last remaining fragments of the sitters' lives, their subjects now completely forgotten - ghostly figures captured so long ago that their identities are now lost. The delicacy and handmade nature of the mobile accentuates the frailty of the piece and the transience of the lives represented.

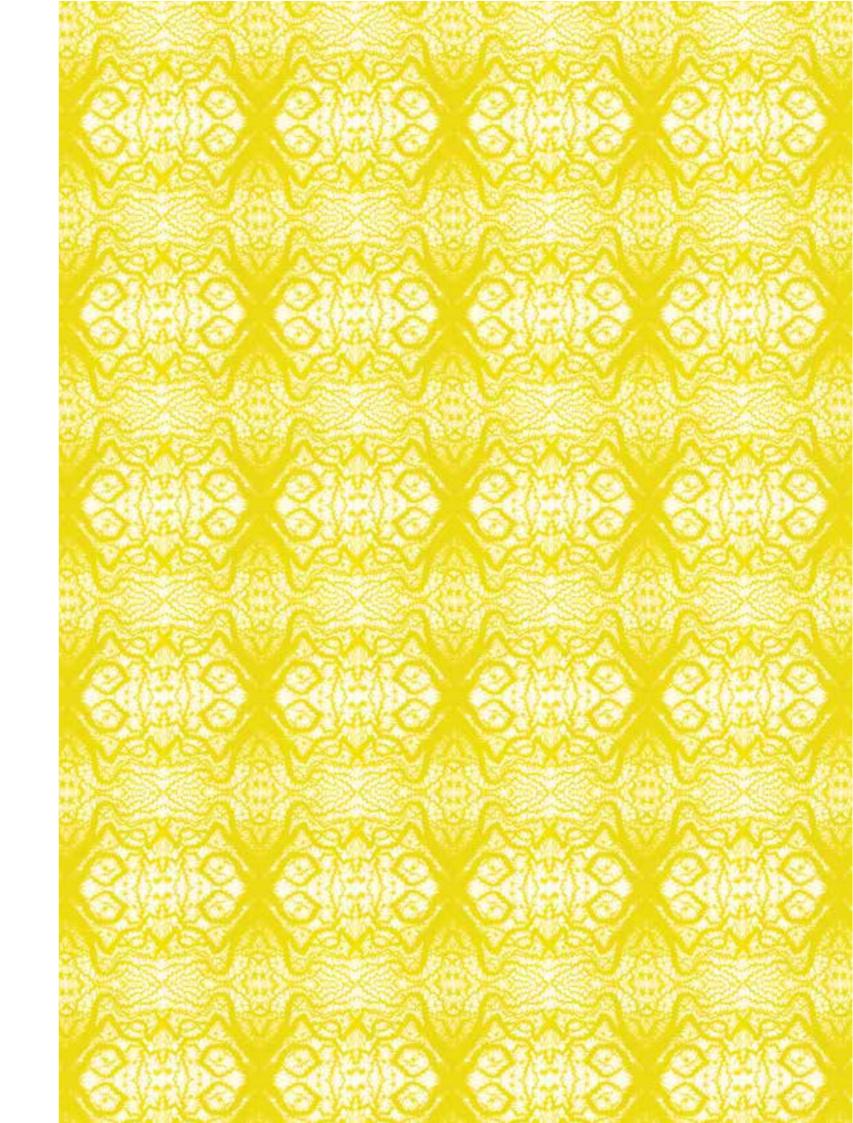


THE YELLOW WALLPAPER 2015

A4 giclee print. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30

"There are things in that paper... It is always the same shape, only very numerous. And it is like a woman stooping down and creeping about behind the pattern."

THE YELLOW WALL-PAPER BY CHARLOTTE PERKINS GILMAN



A ROOM OF MY OWN

2015

A4 giclee print. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30



"A woman must have money and a room of her own if she is to write fiction". A ROOM OF ONE'S OWN BY VIRGINIA WOOLF



BEE 2008

Pencil on paper, 30 x 30cm



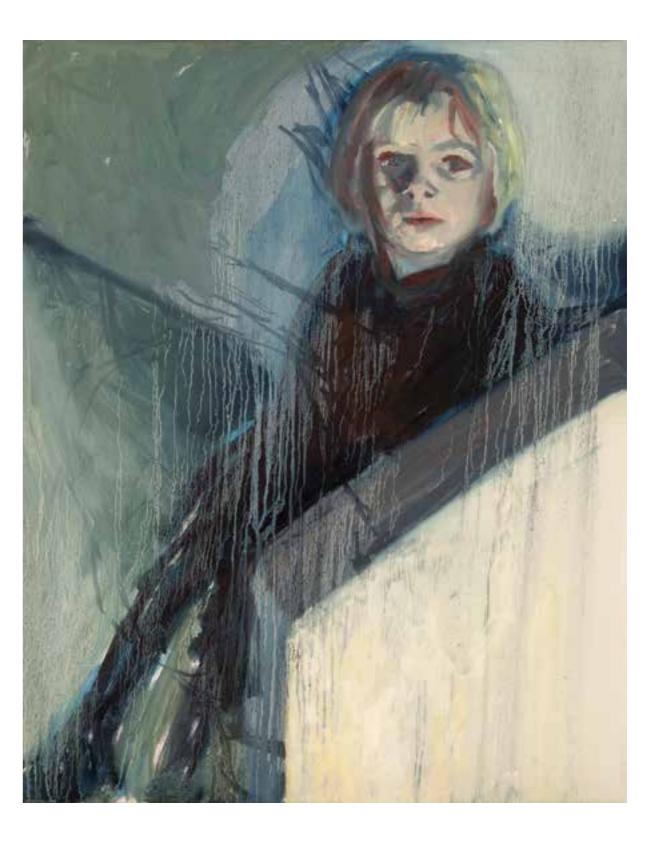
BEE 2015

Oil on canvas board, 25 x 25cm

BEE 2011

Miniature in daguerreotype case, oil on glass, 8 x llcm





BEE 2014

Oil on canvas, 60 x 76 cm



BEE & ARLO 2015

Oil, gold leaf & mixed media on canvas, 76 x 76cm



PAX

2015

Oil, gold leaf & mixed media on canvas, I50 x I50cm

ALICE INSTONE

Alice Instone is an award winning English artist who makes work concerned with gender and power. Generally of or about women the works often use influential or wellknown public figures. She frequently exhibits in found or non-commercial spaces that have a relationship with the work, for example a role in the history of female emancipation or female exploitation.

This sense of place is a hallmark and her work aims to contain a sense of the past and the present. Her solo exhibitions include the Houses of Parliament and the House of Lords, the Royal Society of Arts, Archer Street Soho, London (a former brothel), I More London Place (the heart of London's business community), The House of St Barnabas in Soho (a Grade I listed former refuge for destitute women, closely associated with Charles Dickens), Lamb House Rye (the National Trust owned former home of author Henry James), Chanel's London Headquarters and Northampton Museum (home to the largest collection of historical footwear in the world), to name just a few.

Instone regularly features in the national press, radio and television

and uses individuals who are part of our cultural conversation as the sitters in her paintings. She has worked with Annie Lennox, Baroness Kennedy, Baroness Scotland, Professor Baroness Greenfield, Helen McCrory, Laura Bailey, Elle Macpherson, Sir Peter Blake, Bianca Jagger, Beverley Knight, Baron Woolf, Alice Temperley, Jo Wood, Emilia Fox, Pattie Boyd, Shami Chakrabarti, Nicole Farhi, Sir David Hare, Dame Evelyn Glennie, Anya Hindmarch and Cherie Blair amongst many others. The Observer described her as a casting director as well as portraitist and the Telegraph stated that she shows prominent women as they've never been seen before. Instone's work is held in several public collections and she has collaborated with various public bodies including the National Trust, the Houses of Parliament, the British Medical Assoc., No IO Downing St and global organisations including Ernst and Young, Rothschild, Herbert Smith, Chanel and Oxfam.

Alice is currently artist in residence at The Chateau Marmont, Los Angeles where she is painting film stars and The Chiltern Firehouse, London. Upcoming projects include *Bluebeard's Wives* and *Hollywoodland*.



WITH THANKS TO

All my friends who so generously gave their advice, lists and contacts

Allen & Overy

Antony Parkes

Bee and Arlo - my inspiration

Borough Market and their team

Carbon Framing

Caroline Jones and Illuminate Productions - you made this happen

David Hall

Designer Samuel Blagg

Ernst & Young

Fleur Bothwick at E&Y

Gavin Walker Printing

Hugh - support, creativity, humour and even cups of tea

Hugh Gilbert Photography

lan at Adams, Rye

JLT

Liz Fay PR

Peter Greenhalf Photography

Medeia Cohan Petrolino Consulting

Mike and Ex Why Zed Print

My brother Sam - for reminding me to persevere and helping me out of a hole

My parents - both of you unfailingly supportive

Simon Beaugie Frames

The contributors who took the time to put one more thing on their to-do lists



With thanks to Ernst & Young for supporting this book

"I cannot be so many things... cannot be something for everyone... woman, beautiful, artist, wife, housekeeper, cook, saleslady, all these things. I cannot even be myself or who I am..."

EVA HESSE

.____

