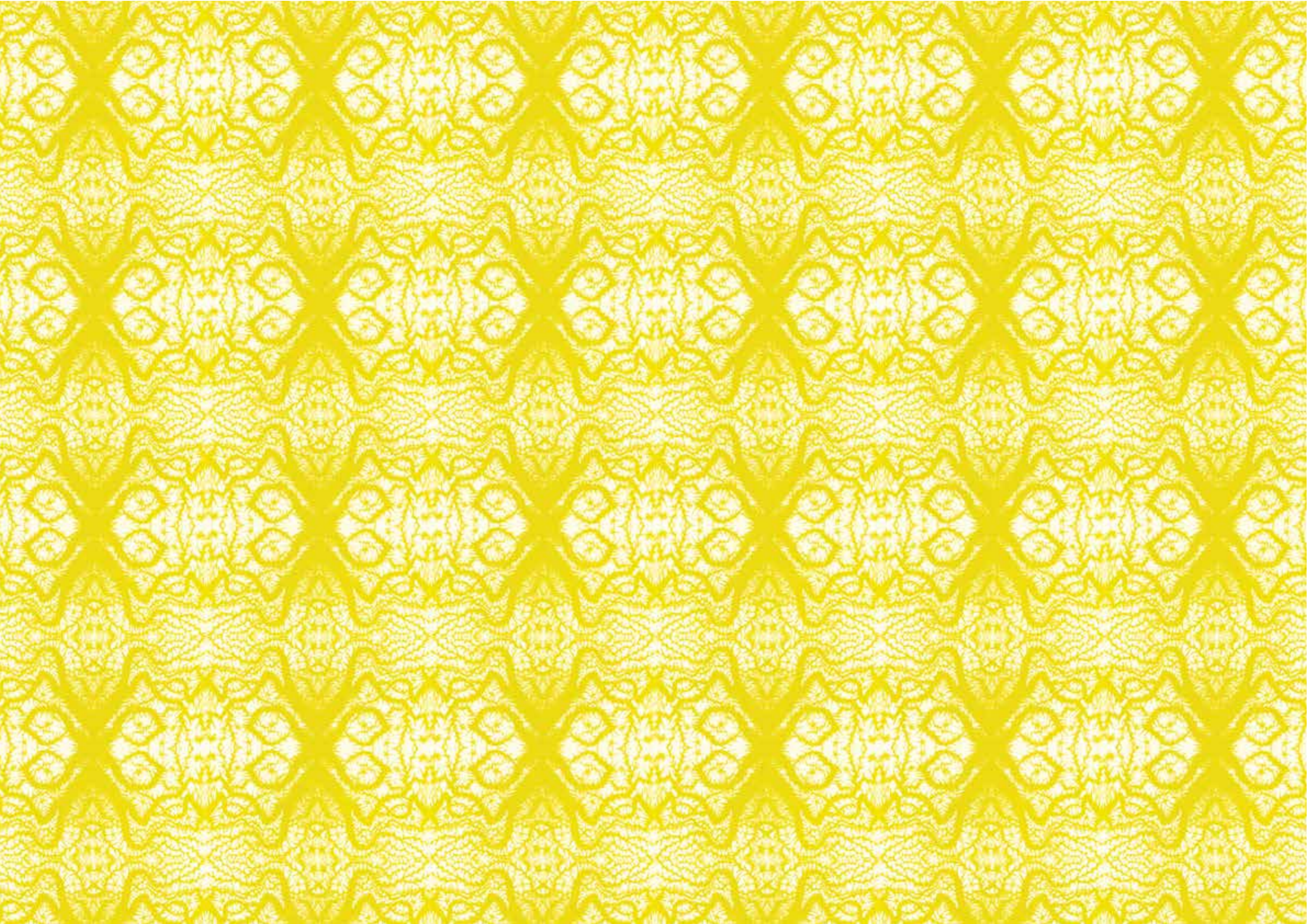


# THE PRAM IN THE HALL

*Alice Instone*



# THE PRAM IN THE HALL

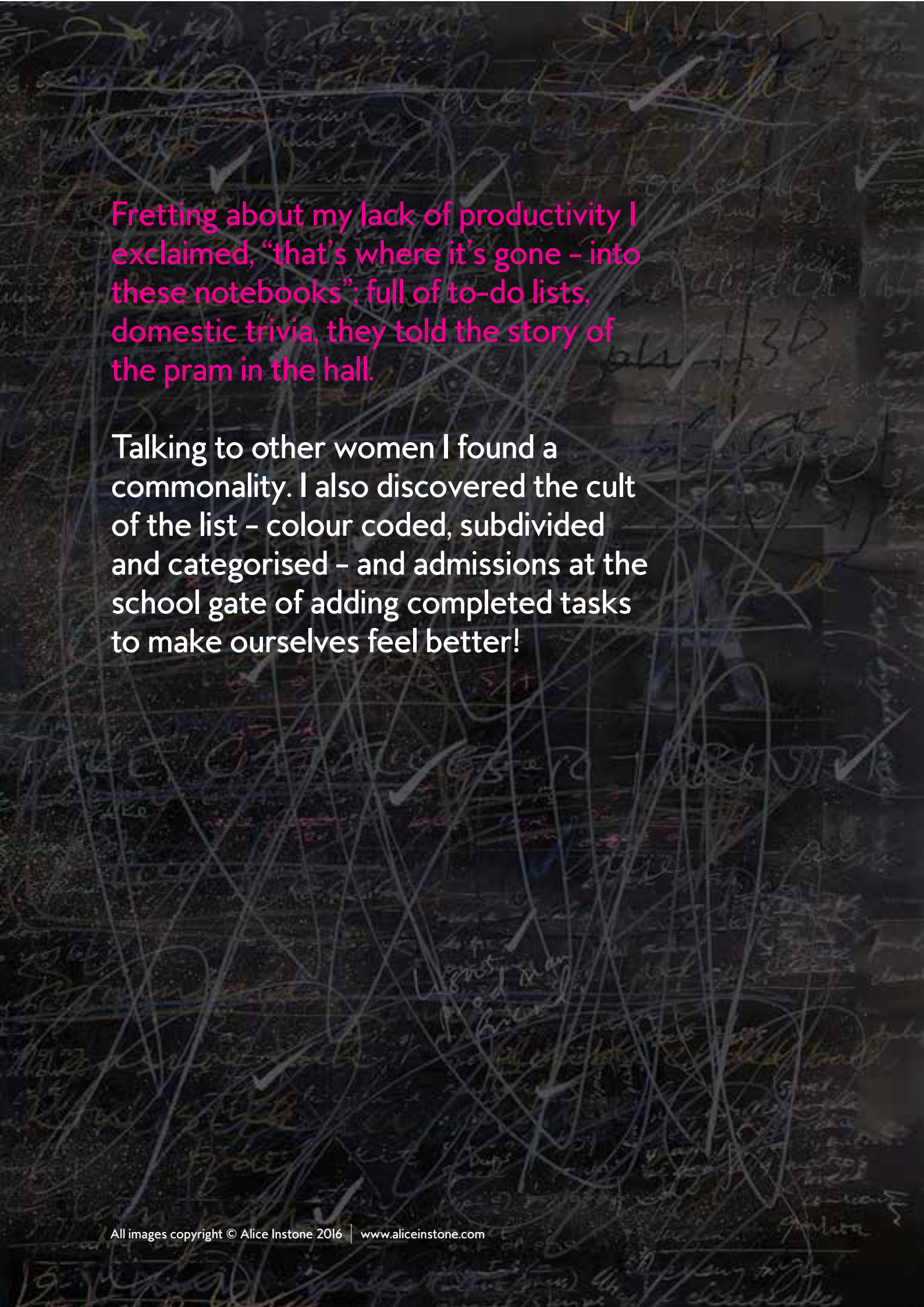
*Alice Instone*

With a foreword by Sacha Craddock

*“There is no more sombre enemy of good art  
than the pram in the hall.”*

---

CYRIL CONNOLLY



Fretting about my lack of productivity I exclaimed, “that’s where it’s gone – into these notebooks”; full of to-do lists, domestic trivia, they told the story of the pram in the hall.

Talking to other women I found a commonality. I also discovered the cult of the list – colour coded, subdivided and categorised – and admissions at the school gate of adding completed tasks to make ourselves feel better!

## TO-DO LISTS

It is important to notate it all.

How else to keep track of the range of the chores, considerations, responsibilities; the essential and mildly inessential things that need to be done, said, written, given, bought, conveyed, found and posted.

The process of writing a list can subdue a sense of panic and temporarily transfer pressure elsewhere.

The layout of such an unselfconscious combination of writing and drawing will always unite us with the visual.

It is guaranteed to serve some function, even when what needs to be done is not done.

The list is a mental x ray of everyday life and represents thought at a given time.

Laid open, written or scrawled, lightly and heavily placed across the page, in a corner, on a scrap, strip, or notebook, even typed into a mobile, it is as much about knowing as seeing.

With pen, pencil, marker or sticker, is one of the last places where hand and mind combine as people seldom write now.

Even when all is ticked or crossed off, which almost never happens, it stays around to represent an ambitious and perhaps temporarily clear state of mind.

Men make lists too, of course, but the women’s list, reflects the special, distinct and pressing range of her responsibility and exposes the amazingly unequal distribution of labour in reality.

An accompanying visible friend, it reflects a massively divergent range of concern, from teeth to war, supper to someone else. Social, maternal, educational, and financial matters are written down as if of equal importance.

The domestic, dutiful and often dull, there along with the highest ambition; the formal and physical merges with the personal and political.

It represents what, and who, we think about and is made up of real as well as false dreams. Unresolved items will return.

It is not made with an eye to publication but lies around at home and work. It is private, and has little meaning for others.

Essential but slight, a vehicle for thought, for action, it is a skeleton of meaning and a structural aid for life.

**Sacha Craddock**

INTRODUCTION

The *Pram In The Hall* is a new exhibition of art works by Alice Instone about to-do lists. Focusing on how our to-do lists reflect our state of mind it is also a meditation on how we spend our time as women (from domestic chores to our work, from children's name tapes and taking pets to the vet to birthday cards, thank you letters, food shopping and washing machine repairs). The project taps into the passage of time itself - each list a suspended moment - and the division of domestic work between men and women.

Instone believes lists are intimate and honest portraits and have an unselfconscious beauty from being written only for the writer's eyes - also that lists can be empowering - both in the writing and crossing off. She has made a number of artworks from her own to-do lists, layering them until they are almost abstract - veils of words that have an intensity from being written at speed. These have been made into huge jewel-like giclee prints, the words floating in velvety-black darkness. Bearing titles such as 'Background Noise', 'Lock All Doors' and 'The Yellow Wallpaper', these works reference her mental state whilst making them.

Instone has also collected a fascinating selection of lists from prominent and influential women that offer a unique

insight into the juggling involved in 21st century life. These original documents are presented en masse. The universality of list making is apparent and an incredibly diverse selection of women are involved, from the arts, human rights, politics, fashion, film and tv, finance, sport, medicine etc. Emma Freud's list includes getting secret santa gifts, ringing Jason Donovan and writing to Melinda Gates, Fiona Banner's, Baroness Helena Kennedy's and Bella Freud's offer intriguing glimpses into their working practices and Shami Chakrabarti's has buy cotton wool, get Christmas tree and re-read Counter Terror-Bill - Helen McCrory's list is unprintable! There is also correspondence about lists - Jilly Cooper writes hers in the middle of the night, Nicole Farhi doesn't write them at all, even for the supermarket, Cherie Blair keeps hers in her head.

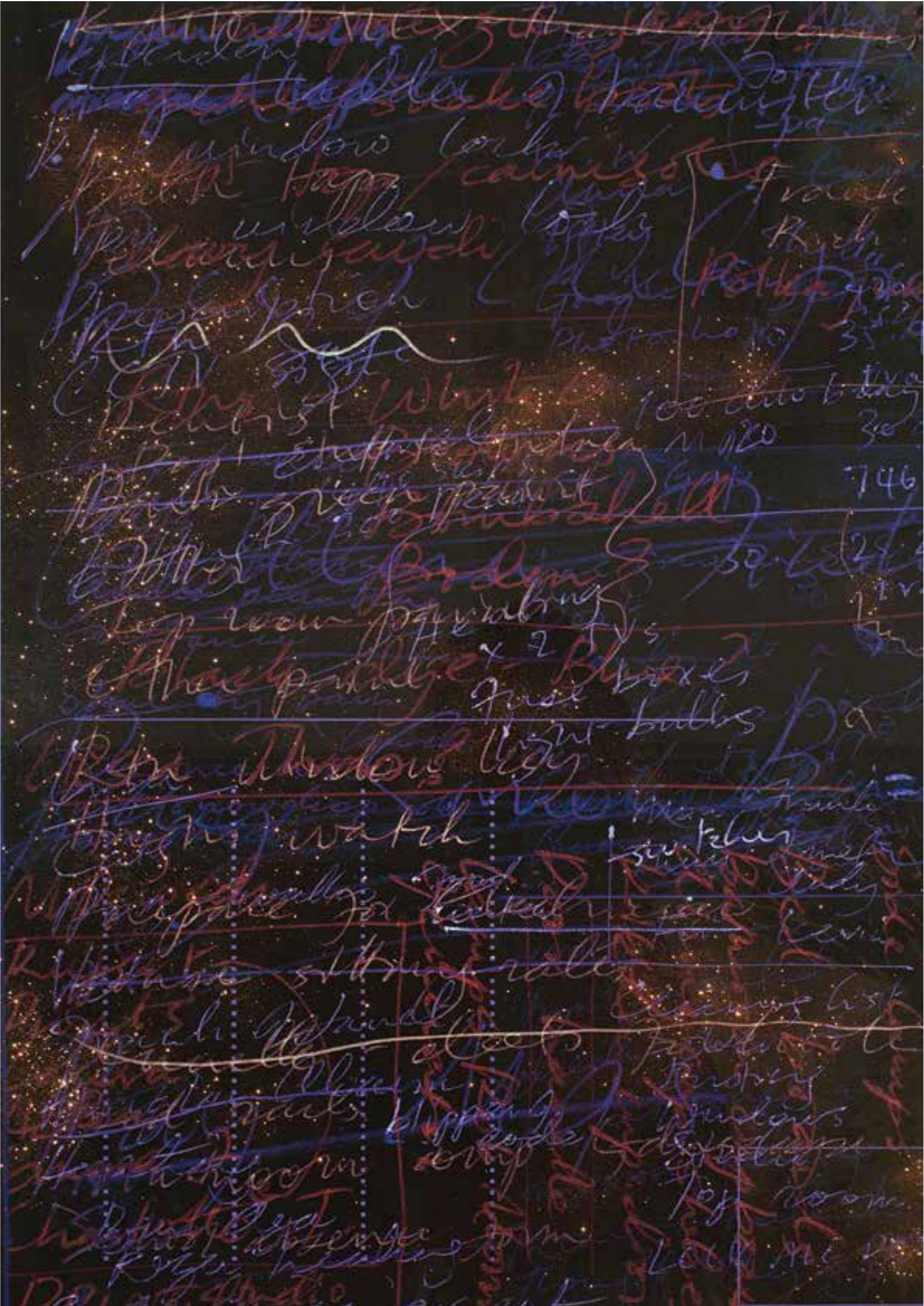
Crucially, the exhibition is also an invitation to women EVERYWHERE to share their lists - to bring their lists to the exhibition and peg them on to that most domestic of inventions, the washing line - an inspiring testament to how we fit it all in and a cathartic unburdening. If we pause and reflect on how we spend our time and what we impose on ourselves - what is worthy of our attention and what will enrich our lives and the lives of our families and those around us, so much the better.

RIGHT  
Submitted by  
Marta Nowicka

Handwritten notes and calculations on lined paper:

- 17<sup>th</sup> Tues.
- 1<sup>st</sup> March
- 39,000
- 36,400
- 2600
- 25<sup>th</sup> July
- Beds(?)
- Sofa.
- Table.
- 1.5/- 2 miles
- Tower Bridge
- Greenwich
- water tax
- building 11,500.
- 10. 10.50
- 21.30
- 12.50
- 1.30
- 5.30
- £152,650 = 190,346.51
- Yard.
- 109A
- 194,024.69
- LDL.
- 261.47.
- 2598.53
- 2165.44
- site:
- 228,607.66
- 17<sup>th</sup> Nov
- 17<sup>th</sup> Dec.
- 15<sup>th</sup> Jan.
- 182,886

**THE SEVEN DAYS  
OF THE WEEK GICLEES**



**BACKGROUND NOISE**

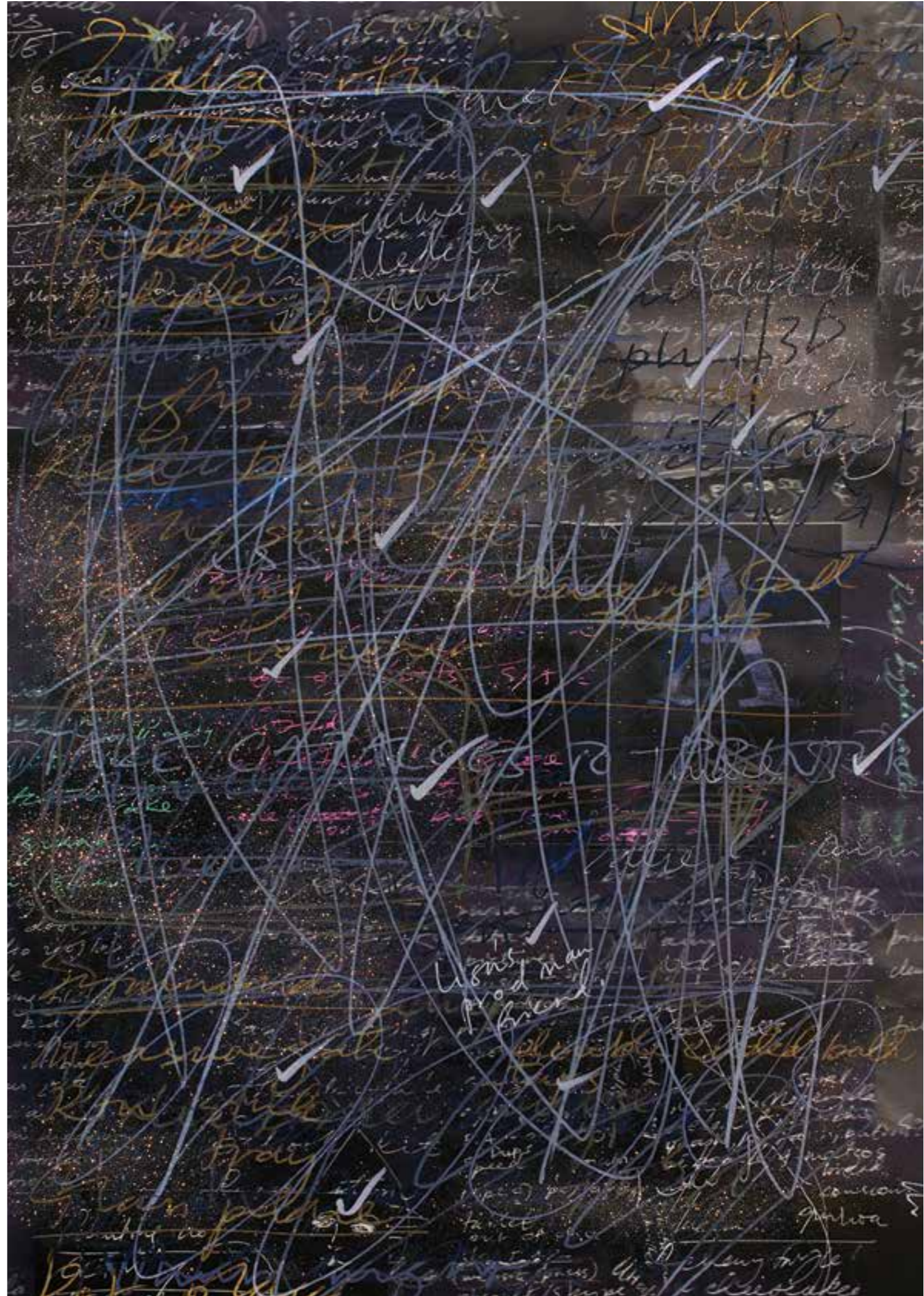
2015

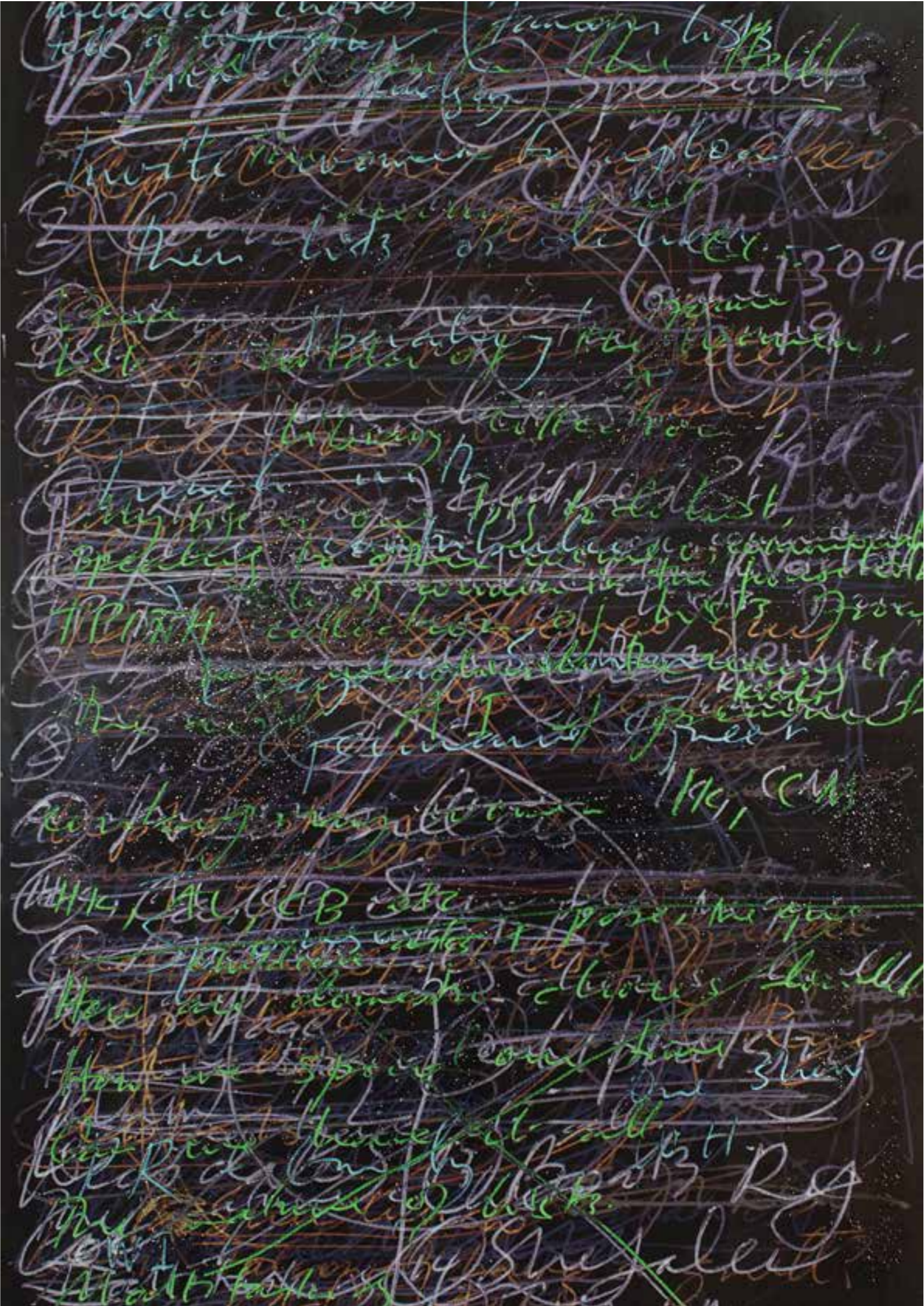
A0 Giclee print with hand applied glitter. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30



**TICKED OFF**  
2015

A0 Giclee print with hand applied glitter. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30





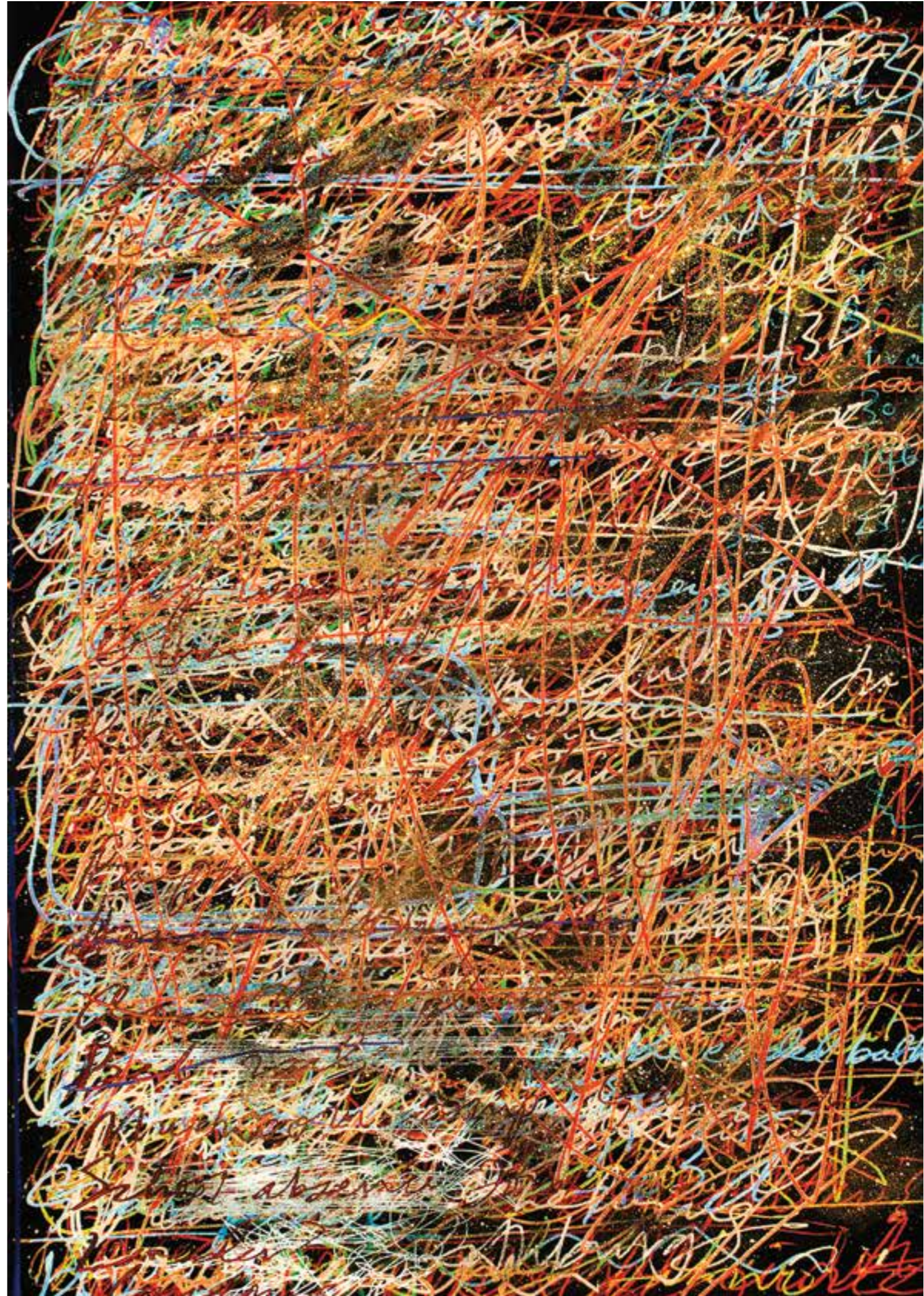
**LOCK ALL DOORS**

2015

A0 Giclee print with hand applied glitter. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30

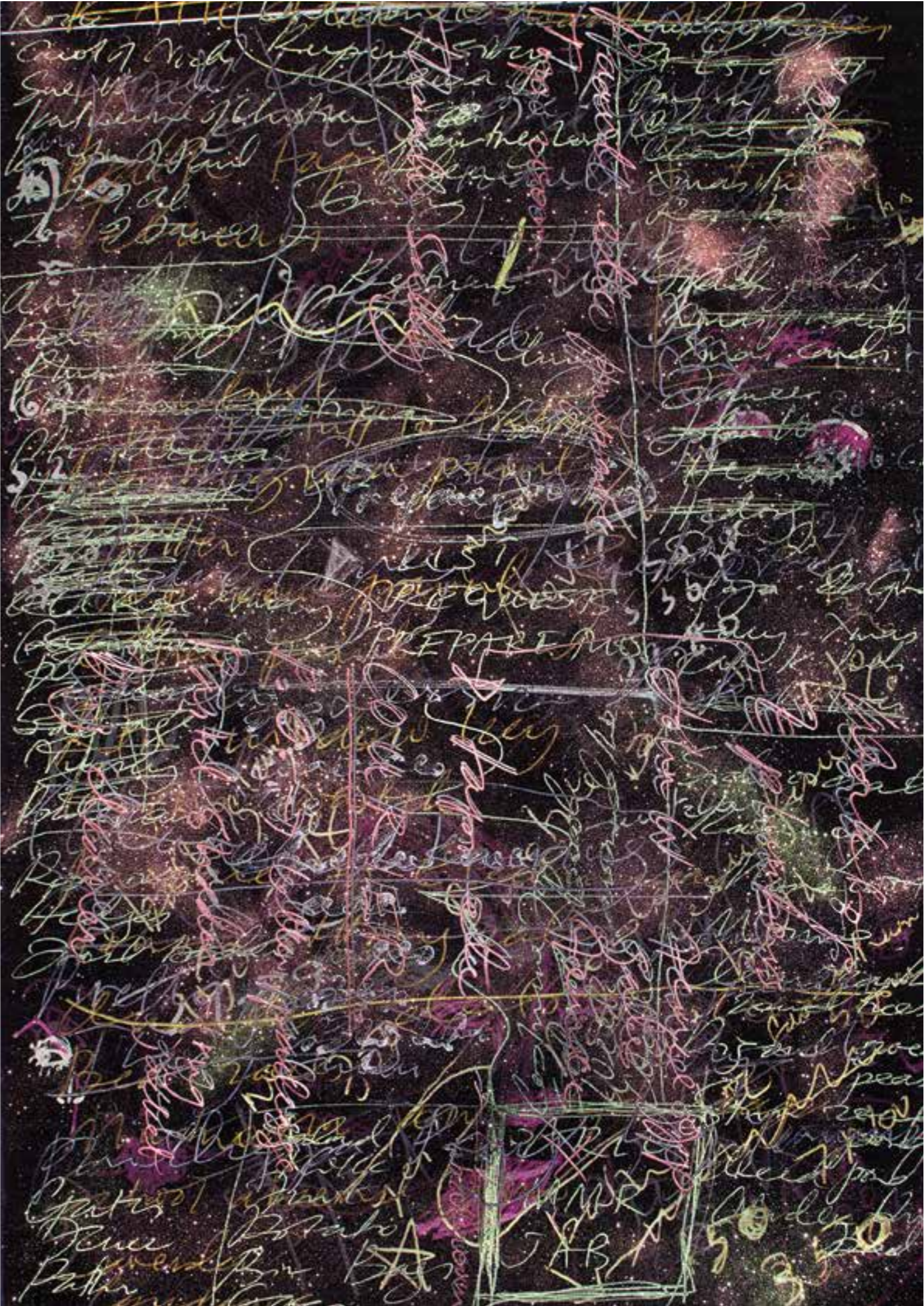
**THE YELLOW WALLPAPER**  
2015

A0 Giclee print with hand applied glitter. Archival ink on Somerset  
100% cotton rag, signed, dated and numbered, edition of 30









**CONDOMS**  
2015

A0 Giclee print with hand applied glitter. Archival ink on Somerset 100% cotton rag, signed, dated and numbered, edition of 30

## CONTRIBUTORS' LISTS

... I have an online thing now. it's called 'todoist' - it's new and i have a crush on it. when you finish a task you can cross it off, but it stays on the page so you can look back and go phew every now and again. here it is today - unedited and making no sense... also rather dominated by dancers as at the moment i'm organising a mass six hour dancathon at wembley arena for comic relief.

Emma Freud

Nov 21

secret santa - me viv, charlie george, spike nicky

Write Clare Balding re Africa trip

write mr hunter re essay crisis

Send xmas invite to office team

applications for gracechurch and unis schools NY

do list for screening of trash

Write to the fat club re dancathon auditions

Spike birthday gifts

write melinda gates

Jony Ive once xenon has sent draft

Thank you to 4 mobile bosses once Jacqui has sent draft

Dan Biddle - Twitter - keep trying

Nicola (Facebook) re pete tong once Jacqui has sent mtg update

finish gill citation

talk to spike re teacher meetings

Completed tasks

check prev strictly contestant list

write charlie's friend's mum re epilepsy

Send out Esio Trot invites

ask ashley banjo and louis spence dancathon

Write sam smith re single

Make strategy plan for dermot

send email to team re talent strictly letter

Ring jason donovan

Write to abbey re dancathon

Email Fabrizio

richard birthday gifts

Ring fireball man

edit baby advice chapter for Victoria's book

Get todoist for lucy

## EMMA FREUD

*Writer, producer, broadcaster, cultural commentator, director Red Nose Day*

This list perfectly encapsulates the female juggling act - Emma has write to Melinda Gates and Sam Smith and ring Jason Donovan interspersed with buying her husband Richard Curtis's and her son Spike's birthday presents, teacher meetings, favours for friends and rather fabulously 'ring fireball man'...



**Home**

**Feb To Do's this week**

- fast piano tuner + fix effort broken back on Friday
- trim garden box hedges +
- car MOT + fix radio
- call Bob for delivery tablet + ring
- DO KITCHEN LAYOUT!!!
- my cleaning from Jan
- re heel boots - urgent really
- clean windows
- cut back hydrangeas to 2nd and (check)

**Weekend**

- Friday am walkie talkie with Charlotte
- 11 am facial on Friday - call F.P.T.
- 7:30 pm layout @ Bristol lanterns
- Book money for Saturday
- Look into Vietnam in July?
- Buy dishwasher for library
- Invoice for dinner - Ann + Uni
- Victoria + cring, Sem + Suzi
- Prada boots...?

**Sophia needs**

- Buy folder for history assessment + yellow highlighter
- Book art course for summer
- Look into Florene flights July
- Christmas tutor - Sunday
- Room for out clothes + clothes to charity shop
- work experience??
- buy tea tree (australian) + cleanser
- top shop personal shopping booking in August
- battery for canon
- new phone

**Tenants omr...**

- fix lights on fridge again
- ceiling in @ at no 52. cracked
- boiler issues + gas certificates
- 52 Edin contract renewal
- Bulb-security measures - M.

**Work**

- 1) Renew fee letter + rename chair
- 2) Prep for Franca's renewal Saturday
- 3) Seating plan + studio table top
- 4) Renew NE + NKS parts for mm. dims in ft + m - SD news entrance
- 5) Panny layout - site visit + photos
- 6) 700 design ideas w/r... update
- 7) Organise Sabi + Lam with Catherine
- 8) Gasmal teaches Great borders
- 9) Ground floor furniture not for pub
- 10) ~~prep~~ prep weather? ?? want
- 11) IT support out 5k emails
- 12) Panny furniture + LIGHTING!
- 13) Speak to Ann about 50th anniv. book
- 14) Tuesday design review seasons location
- 15) CT - Breaking Budgeting + costs
- 16) Biophilic (Sp) design talk ~~held~~ wed
- 17) Set up mensuration at home.

**M + M**

- find an eyebrow shape
- cut hair + condition
- My Birthday?
- Sort out valentine for M
- find hair or caring for M
- ~~book~~ treatments @ saloon

**Franca**

- dress for sister's mtr
- new recipe
- kids room tidy
- better plug

**Zarely needs**

- Books for GB mals + music - festivals date's summer
- Spit pits - can do
- Clinical turkish tutor email
- Career evening Tuesday
- Photography course for summer
- email teacher about detention time

**M + D**

- Print email reference for Dad + T
- Pressure washing for menu for 60th wedding anniv. seasonal + local
- check Dad's email

**KATE MURPHY**  
Architect, partner at Foster + Partners

Kate's list is really quite beautiful, it is full of the stuff that makes up our lives. As she says in her email a to-do list can be incredibly revealing - I felt a tremor of embarrassment myself when I looked at my own lists and knew I was going to share them - I'm so grateful that so many amazing women chose to do it too.



nor avant-garde polemic, still less a history or sociology of photography. Instead, it was frankly personal, even sentimental: an essay in 48 fragments that deliberately frustrated readers looking for the semiotics of photography they imagined Barthes would (or should) write.

The subjective turn in Barthes's thought and writing had come into view slightly earlier, with the publication of a ludic "autobiography", *Roland Barthes by Roland Barthes*, in 1975, and his anxious anatomy of desire, *A Lover's Discourse*, in 1977. (In truth, early and late Barthes are not so easily told apart, as Michael Wood has argued, he was throughout his career a writer who engaged head and heart at the same time.) *Camera Lucida*, however, was different: not so much a knowing application of semiotic methods to intimate experience as a search for the aspect of experience that evaded study or critique. In short, it was a book about love and grief, written directly out of the loss of his mother in 1977, and shadowed by the "mourning diary" (published last year in France) that he had begun to keep after her death. Barthes had composed a ghost story of sorts, in which neither Henriette Barthes nor the book's ostensible subject, photography, could quite be grasped.

*Camera Lucida* is a distinctly odd volume to have attained, in the 30 years since its publication, such a canonical place in the study of photography. As the scholar Geoffrey Batchen points out in *Photography Degree Zero*, a recent collection of essays about Barthes's text, it is probably the most widely read and influential book on the subject. But the nature of that influence remains obscure - what exactly does one learn from *Camera Lucida*? Barthes certainly shrinks from being comprehensive; he has no interest in the techniques of photography, in arguments over its status as art, nor really in its role in contemporary media or culture, which he leaves to sociologists such as Pierre Bourdieu. He is allergic to cleverness in photography (much of Henri Cartier-Bresson would surely qualify), disparages colour (in the era of William Eggleston, no less) as always looking as if it's been added later, and calls himself a realist at exactly the moment when postmodernist artists and critics were declaring the image a performance or sham. Worse, he risks this sort of aphoristic provocation: "In order to see a photograph well, it is best to look away or close your eyes."

What, then, was Barthes looking for when he looked at photographs? In the first half of the book, he elaborates a distinction between two planes of the image. The first, which he calls the studium, is the manifest subject, meaning and context of the photograph: everything that belongs to history, culture, even to art. "The studium is a kind of education," he writes. It's here that we learn, say, about Moscow in a William Klein street photograph from 1959, or about the comportment of a well-dressed African-American family in a 1926 picture by James Van Der Zee. But it's the second category that really skewers Barthes's sensibility. He calls it the punctum: that aspect (often a detail) of a photograph that holds our gaze without condescending to mere meaning or beauty. In the same Van Der Zee photograph, the punctum is one woman's strapped pumps, though it later shifts, as the image "works" on the author, to her gold necklace. This is one of a few curious moments in the book where Barthes blatantly misreads the image at hand: the woman is actually wearing a string of pearls. But his point survives: he has been indelibly touched by the poignant detail.

It's this (in academic terms quite scandalous) embrace of the subjective which allows Barthes to begin the quest that makes his book so moving. Having lost his mother, with whom he had lived most of his life, he goes looking for her among old photographs; time and again the face he finds is not quite hers, even if objectively she looks like herself. At last, he discovers her true likeness, the "air" that he remembers, in a picture of Henriette aged five, taken in a winter garden in 1948. (In the journal entry that recounts this discovery, Barthes simply notes: "We were.") In narrative terms, it's an astonishing moment, comparable to the onrush of memories as madeline meets tearup in *Proust*, or the scene in *Citizen Kane* when the madened Kane first grasps the snow globe, emblem of all he has left behind. Barthes, however, is a temperamentally discreet narrator, so never shows us the photograph. "It exists only for me. For you, it would be nothing but an indifferent picture."

*Camera Lucida* is a short book, but with the winter garden photograph it begins all over again. Suddenly every photograph is for Barthes a memorial; the very essence of the

SNOOP BARON  
prints:

DEAL TOY  
LOOK: SIMON

KESHU WEEKS

TAPORISM  
FANNIN

STADIUM  
COURSES  
CSM etc:

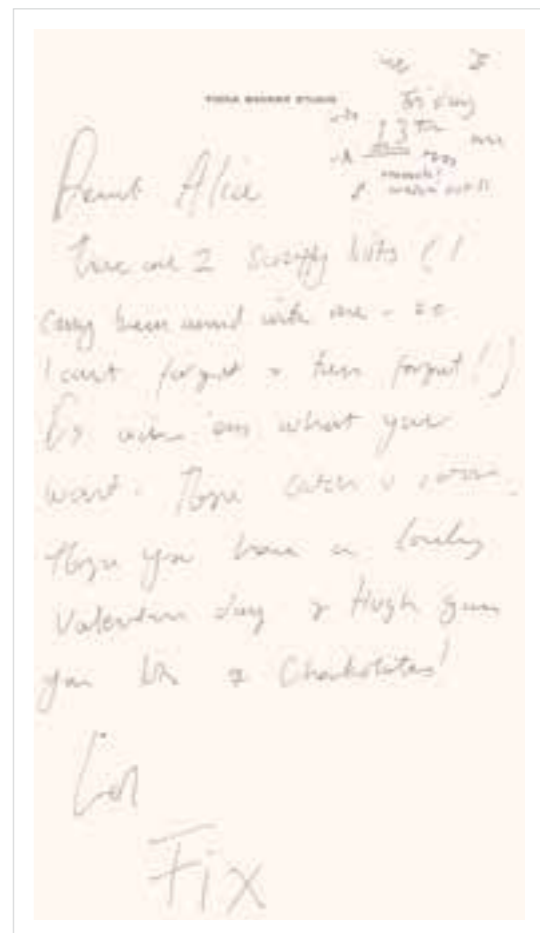
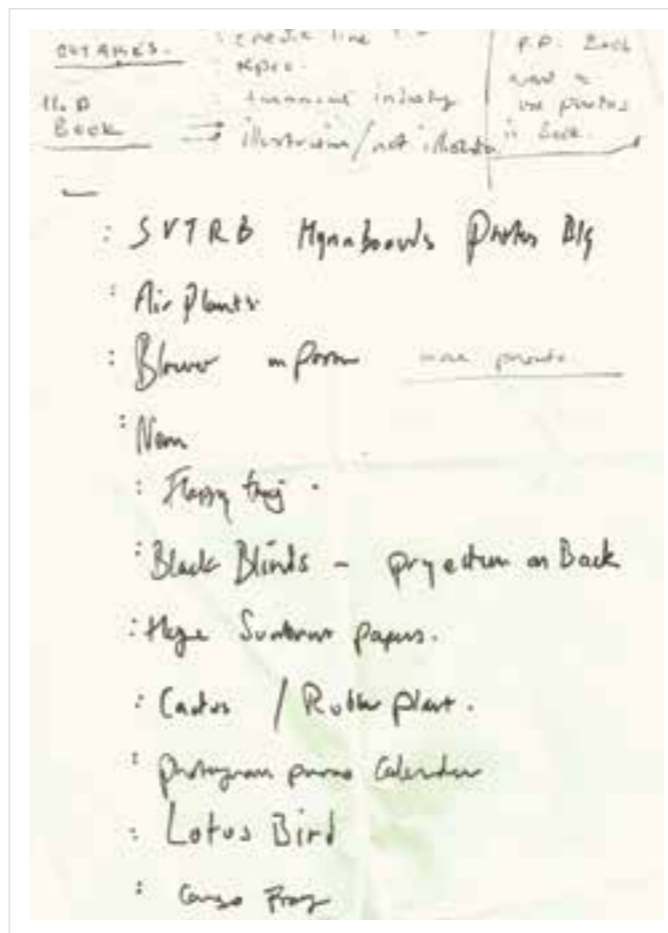
POWER SIGN?  
(ADOLPH)

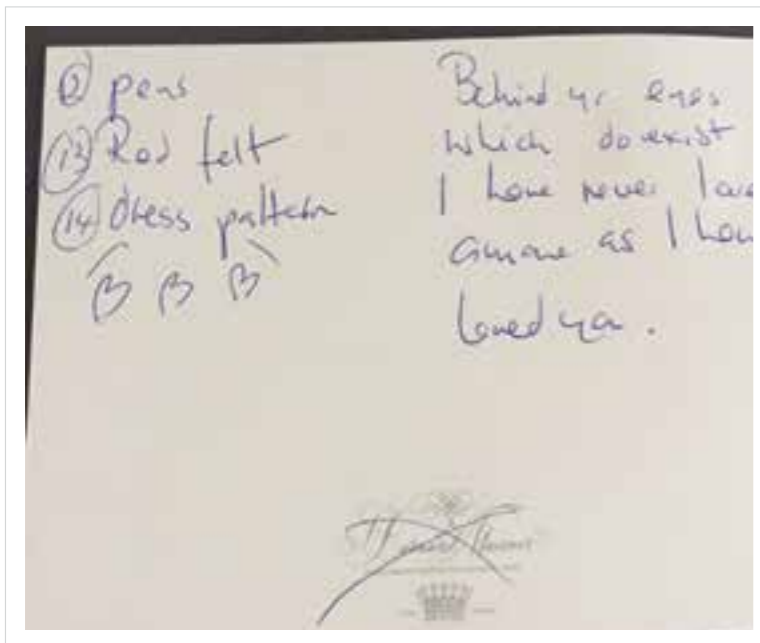
CALL: DANIEL

: DEREK

FIONA BANNER  
Artist

Fiona carries her lists around with her. Her lists give a fascinating insight into her working practice and a snoop at what she's reading (a Guardian review of *Camera Lucida* by Roland Barthes). She also has a note to make a pinstripe crotch poster along with air plants, flappy thing and what looks like photogram porno calendar on her list.

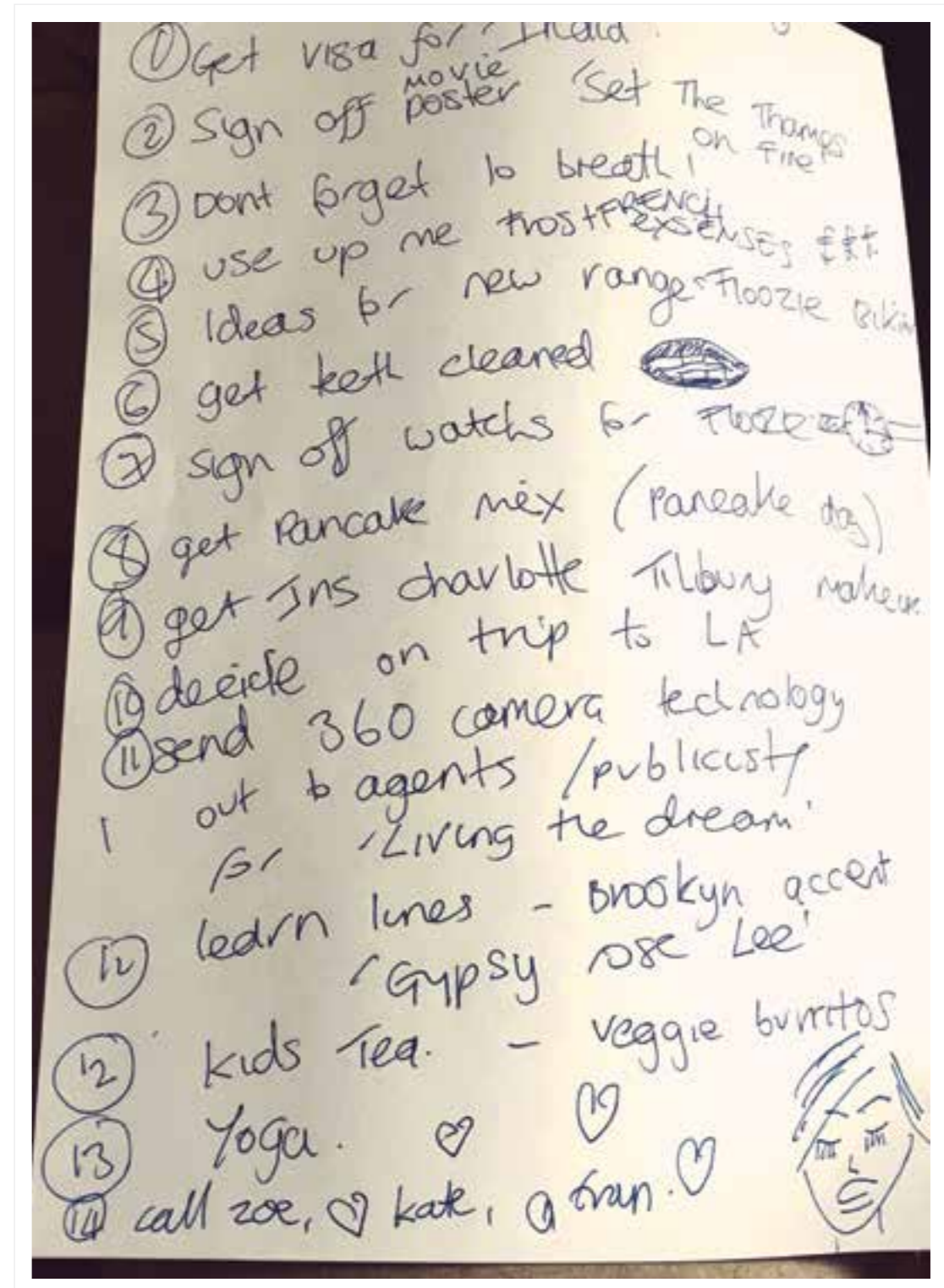




**AMANDA ELIASCH**

Photographer, artist and film-maker

Amanda needs to remember Valentines Day and get condoms, biscuits, apples and Dettol. Is it a Valentines message or song lyrics on the back?



**SADIE FROST**

Actress, producer, designer, writer

Sadie doodles on her list - I love the teeth. She needs to learn her lines, call Zoe, Kate and Fran, work on design ideas and get pancake mix for pancake day.



2<sup>nd</sup> February 2015

Dear Mrs Alice

How lovely to hear from you!

The only lists I make these days are throughout the night, of things I have got to do, which are so long and boring they would be of no joy to you.

I do hope you are all well and happy and your paintings are as beautiful as ever and I do hope we meet one day.

All love,

JC

xx

Jilly Cooper

**JILLY COOPER OBE**

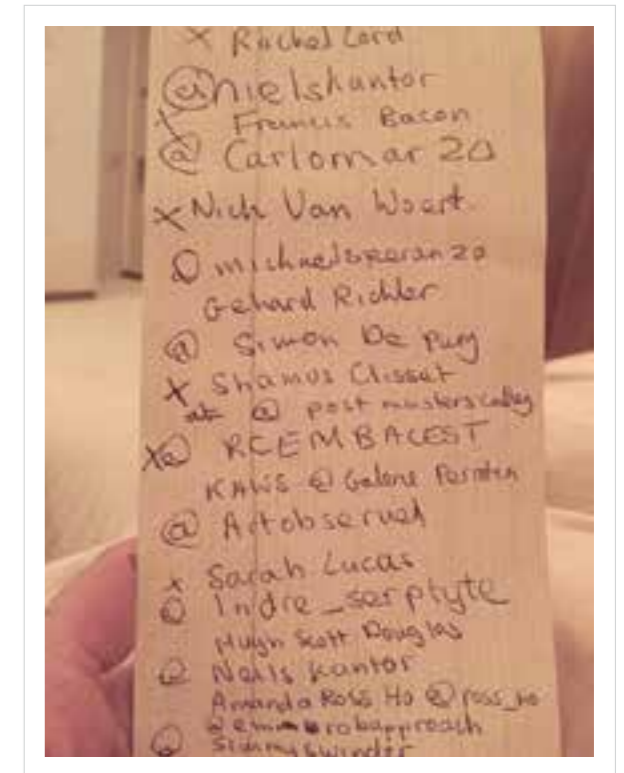
*Author*

Like lots of us Jilly writes her lists in the middle of the night.

**JO BERRYMAN**

Interior designer

Like me Jo's a fan of green ink - and scribbling out!



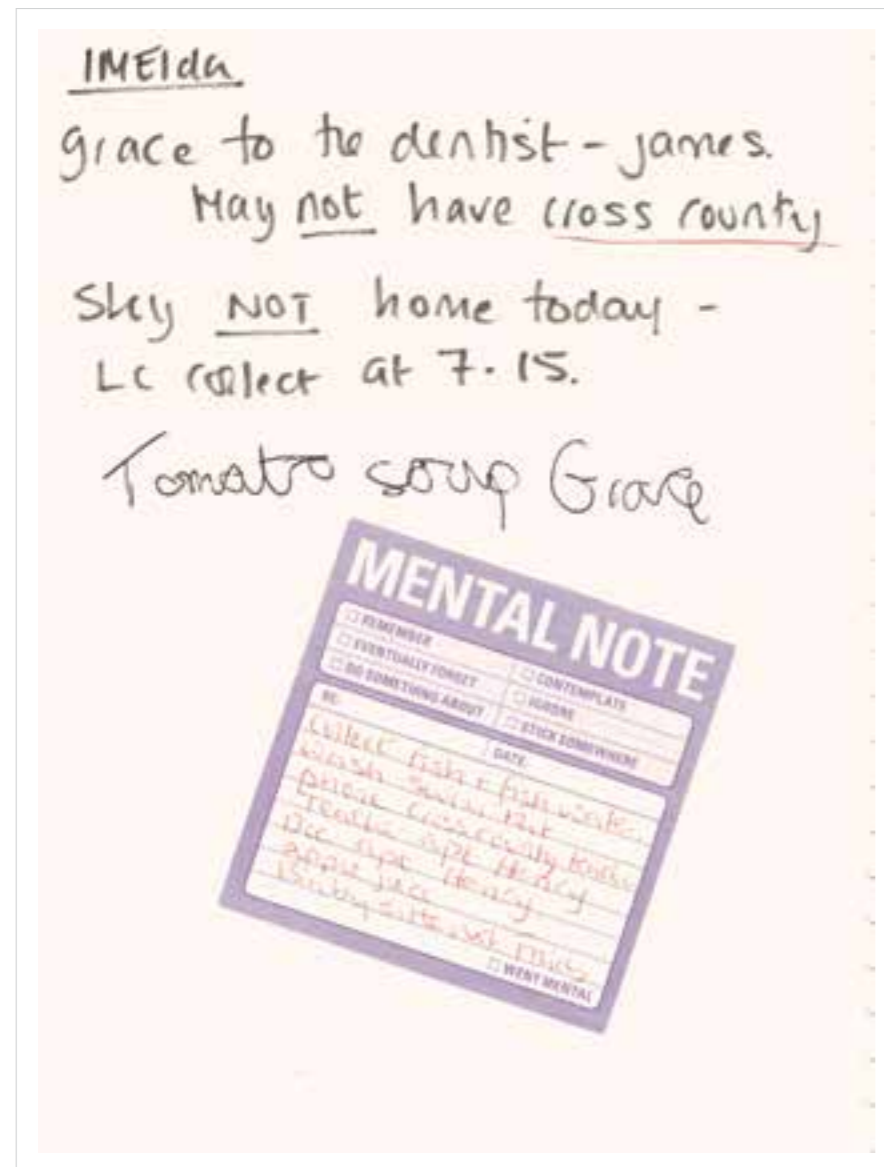
**ANITA ZABLUDOWICZ OBE**

Art patron and co-founder of The Zabludowicz Collection & 176, instrumental in the Olympic ArcelorMittal Orbit tower & joint chair of The Legacy List

Unsurprisingly Anita's list is bursting with art world luminaries - read it and weep.

**LORRAINE CANDY**  
Editor of Elle Magazine

Lorraine's list is full of the chores you'd expect to see on a mother of four's list - school uniform, swim kit, martial arts and cross country memos, pets: collect what seem to be live fish and their water, get or make tomato soup for her daughter Grace, babysitting and most hilariously 'get Mabel to wash hands after loo!'

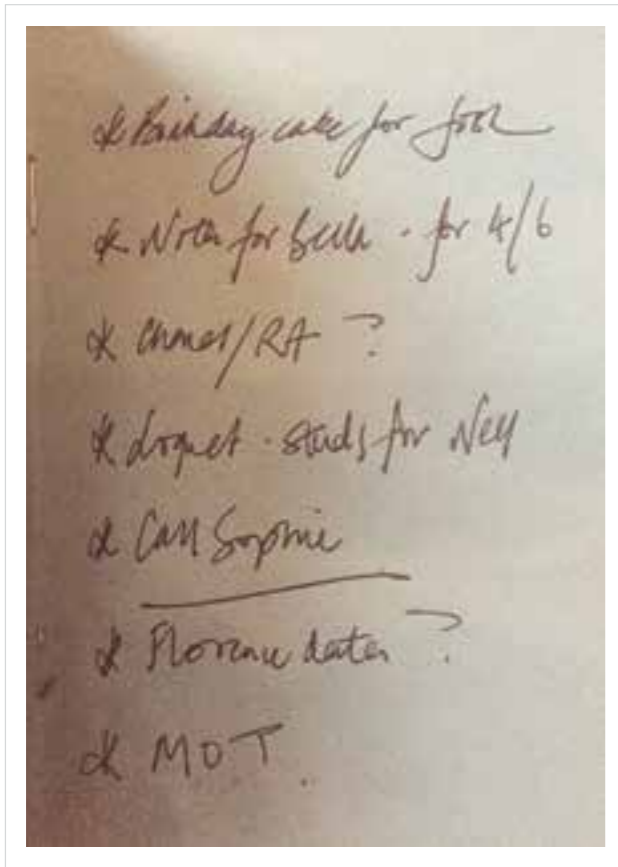


Monday James not home until 11pm  
~~Fashion illo Grace~~  
~~Henry swim kit.~~  
Make Mabel wash hands after loo!

IMEIDA  
~~can you find a jumper for school for Sky today pls~~  
~~+ gracie~~

TUESDAY  
Martial arts Henry  
LC home 7pm.

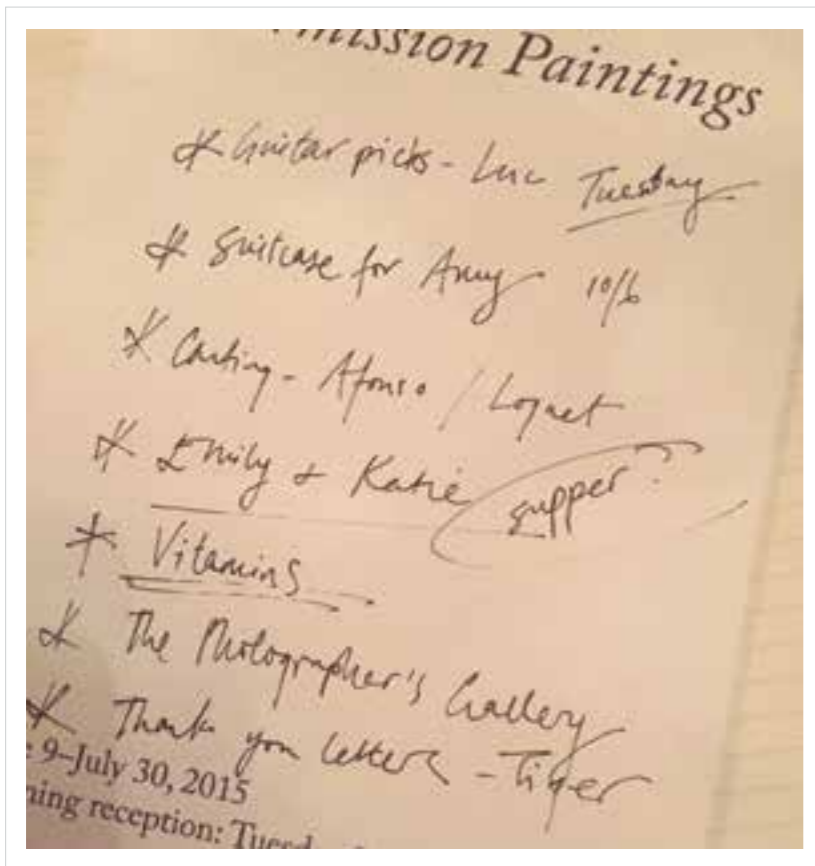
alici  
Happy 2015!  
Love Lorraine  
(these are genuine + very messy! 503x)



**LAURA BAILEY**

*Model, writer*

If you're a follower of Laura's you can guess the surnames of the people on her list - Josh, Bella, Sophie, Florence etc. She combines her fashion work with a friend's birthday cake and family in these lists - guitar picks for her son Luc, the prosaic M.O.T. and her daughter Tiger's thank you letters.



**PINKY LILANI OBE**

*Founder and chair of a number of awards which attempt to recognise influential women and leaders: Asian Women of Achievement Awards; The Women of the Future Award; and The Global Empowerment Award. She is an Indian cookery specialist, consultant and owner of Spice Magic Ltd.*

Pinky's list starts and ends with good intentions - gym everyday and book on kindness. Gas reading, dentist and supermarket shop sit with her work and a gift for someone's baby - this is a list that most women would identify with!



FRIDAY 19<sup>th</sup> JUNE 2015

UNIT CALL: 0730  
EST. WRAP: 1530  
BREAKFAST: 0630 - 0730  
LUNCH: 1300 - 1400

**BBC**  
SILENT WITNESS  
BLOCK 3

## To Do LIST

1. Make a to do list.
2. Order Rose's new school uniform
3. Write all important school dates in diary & make sure I have cleared them with Rose.
4. Make a plan for his weekend with Rose
5. Do I need dog walker??
6. Book in a date to see the rose that's been given in my name.
7. Learn Silent Witness lines for next week
8. Read book sent by producers for new project
9. Feed flowers & buy new lawnmower to replace broken one
10. Pay accountant bill.
11. Organise dresses for upcoming events
12. Finish typing out diary from trip to Ethiopia with Action Aid & send trees for Hope & Homes for Children next event
13. Dentist & for Rose.
14. Do handwashing & dry cleaner
15. Order light bulbs.
16. Should I have a birthday party?
17. Delete 15,550 unopened emails
18. Hang pictures
19. Tidy bedroom
20. Stop worrying. How??
21. Find a handyman!
22. Make sure I do all things on to do list.

## EMILIA FOX

Actor

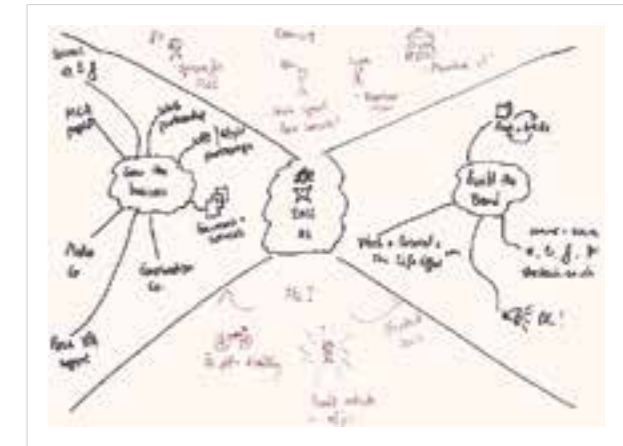
Emilia wonders whether she should get a dog walker, have a birthday party and how to stop worrying. Her list is full of her young daughter Rose - and the sort of domestic chores that we all push to the bottom of the list - a new lawnmower, do handwashing, hang pictures - these are scattered in amongst her acting and charity work. There's even a rose named after her that she needs to visit.



**KATHY LETTE**

Author

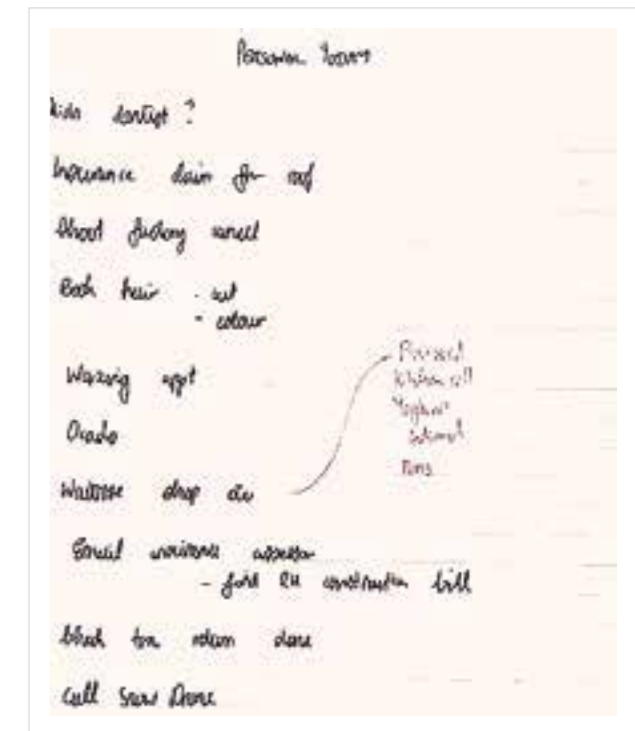
Kathy's hilarious list walks the fine line between laughter and tears - equal pay - high heels - procrastination.



**LISA UNWIN**

Founder of She's Back - a new organisation helping business access the untapped potential of women who left to take a career break

I love Lisa's diagram as list - especially the clouds.



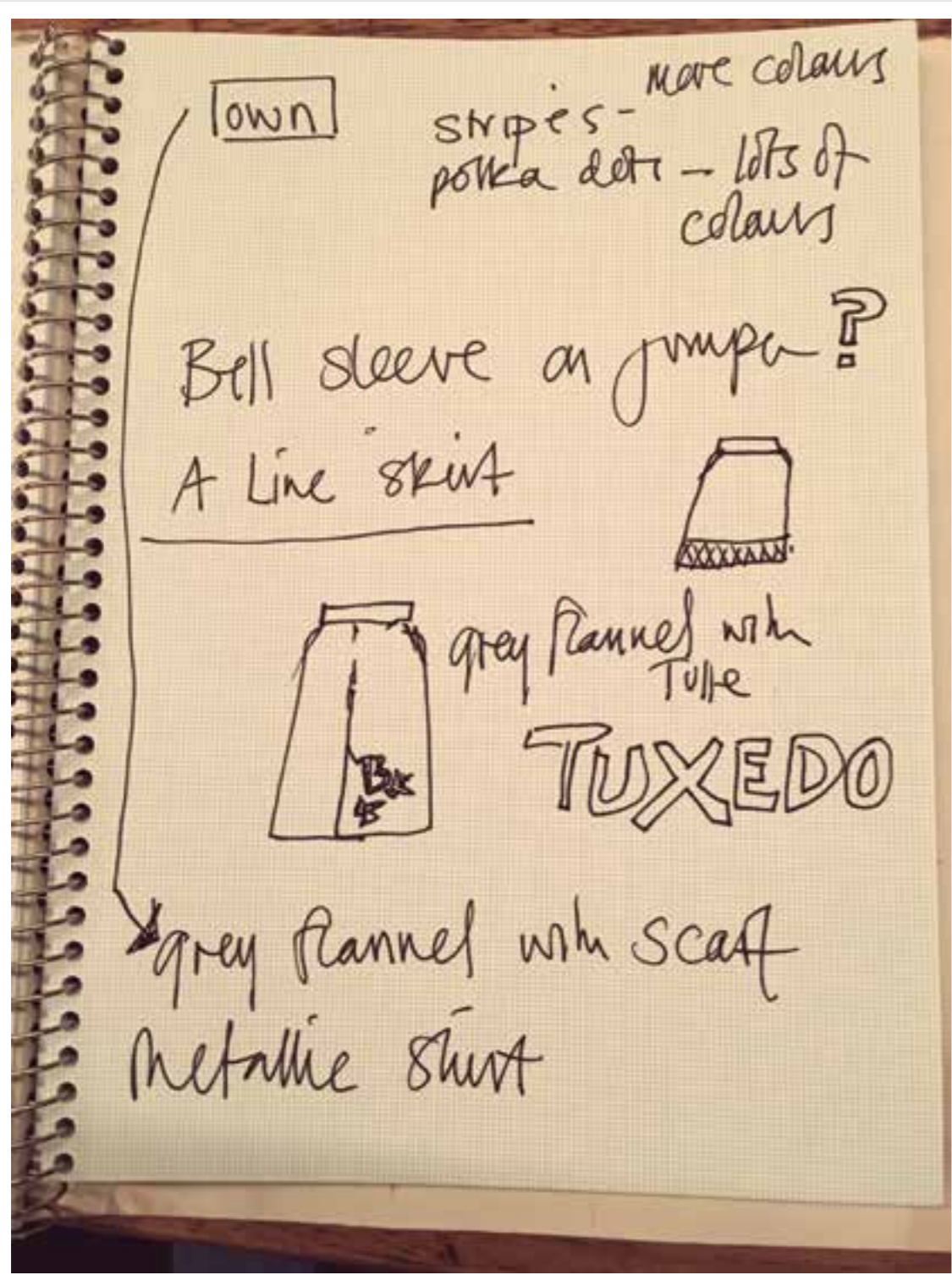
WEDNESDAY JUNE  
24<sup>th</sup>

- ① WRITE BLURB ABOUT THE OLD SCHOOL HOUSE AN STONA
- ② FIND OUT WHERE IVO IS!
- ③ Ring JOHN Lewis RE CURTAIN POLES
- ④ Ring Willem RE CHAIR FOR SOLO TRAVELLERS AT EL FENN
- ⑤ Call Polly Morgan RE Hat for Noahs wedding.
- ⑥ Email Alice INSTANT WITH LIST
- ⑦ Run through DIARY WITH LAUREN
- ⑧ CHECK ALL PALLETS ENTRANTS FOR BIENNALE READY TO SILENT.
- ⑨ CALL Embassy RE M86 Reception.
- ⑩ CALL TI MAN - (computer on the BLINK

**VANESSA BRANSON**

*Art patron and a founder of Marrakech Biennale*

Vanessa needs to ring John Lewis re curtain poles, sort out her Polly Morgan hat (the mind boggles - in a good way) and check parallel entrants to the biennale - satisfyingly I appear on her list too!

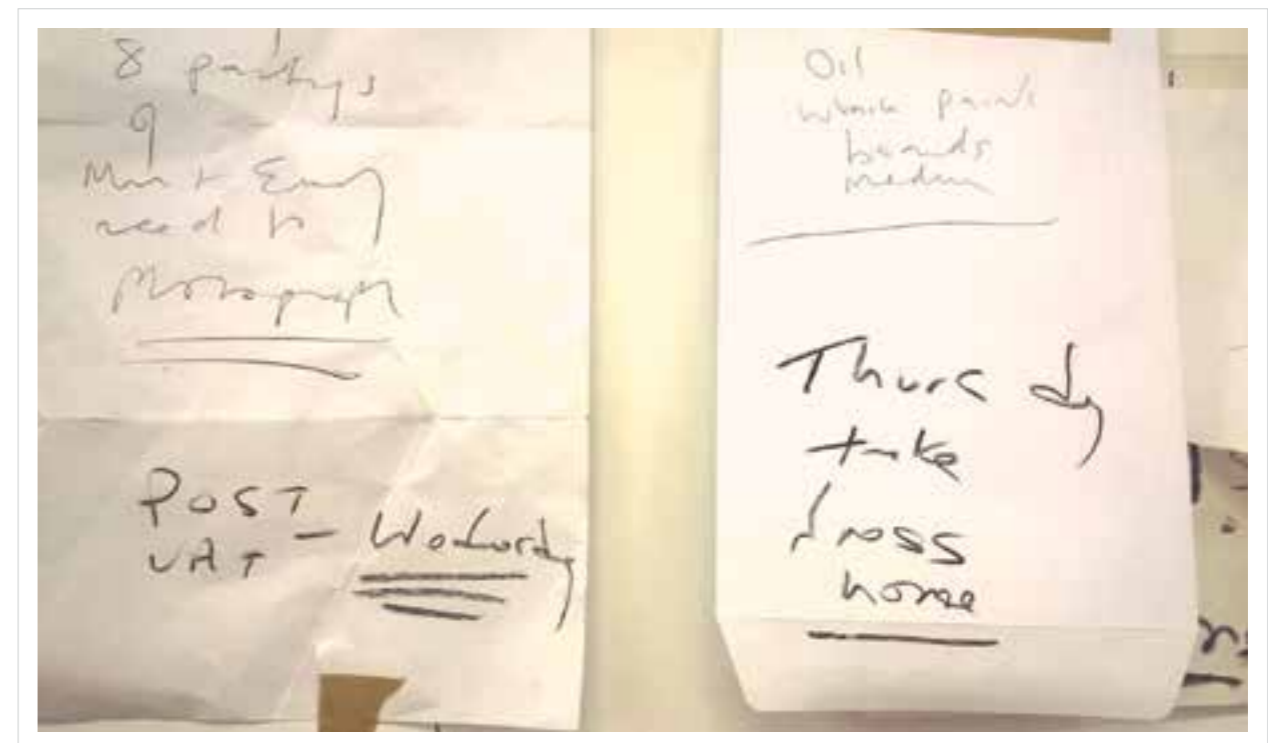


**BELLA FREUD**  
Fashion designer

To those that are familiar with Bella's distinctive slogan tops this is fashion gold!

**CHANTAL JOFFE RA**  
Artist & Professor of Painting,  
Royal Academy

Chantal sticks her lists on the back of her studio door - a shopping list for oil paint, boards and medium and a memo to take her dress home. To my mind this list reflects the singlemindedness needed (in addition to extraordinary talent) to be an artist of Chantal's amazingness - even the way it looks somehow brings to mind her work - raw, spacious, fluid, collage...



www.liberty80.org

www.joinusbeheard.org

Re-read Counter-Terror Bill

Reading Maudie

TV doc human

Francis's book found  
Montano's book review

Thank you when

Christmas cards

DAD'S BIRTHDAY PRESENT

BEAR STOCKING PRESENTS

Shoot Tombs down

LIBERTY80  
PROTECTING CIVIL LIBERTIES  
PROMOTING HUMAN RIGHTS

JOIN US  
BE HEARD

Liberty Soup Run campaign against the criminalisation of soup runs for the homeless, 2011

Uniform name tags

Shopping: Cotton wool  
Hot soup  
Apple juice  
Wipe buds

Front yard leaves

Christmas Tree

PHONE:

Jane, Ken, Annie,  
Tom P, Dave F

**SHAMI CHAKRABARTI**

Director of Liberty (the human rights organisation)

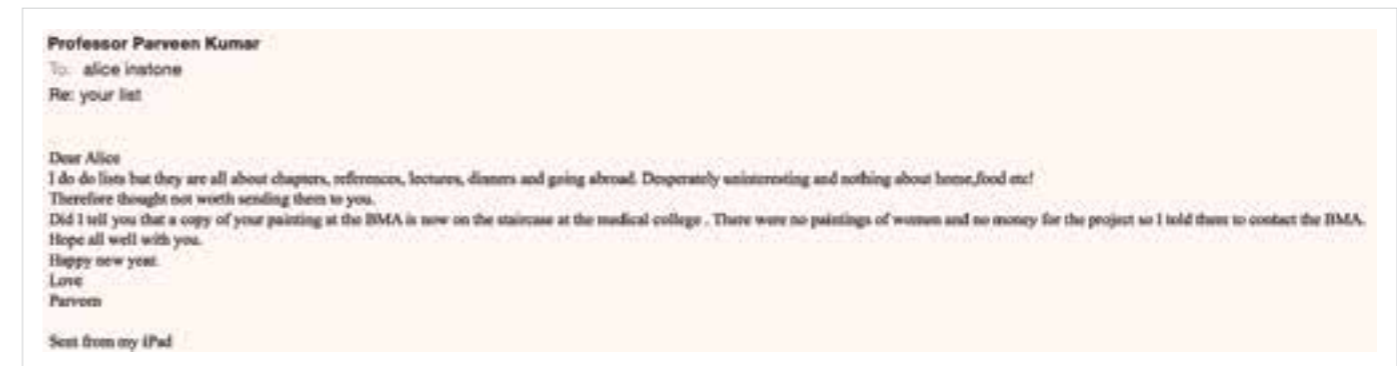
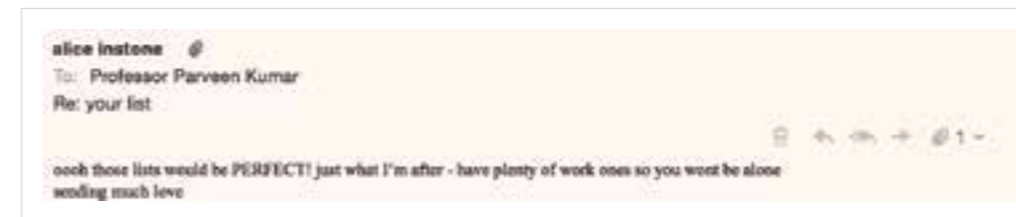
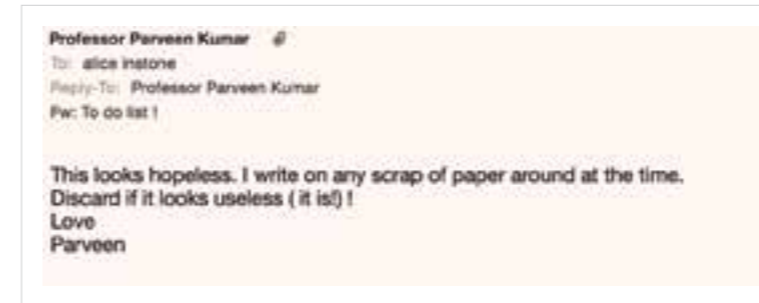
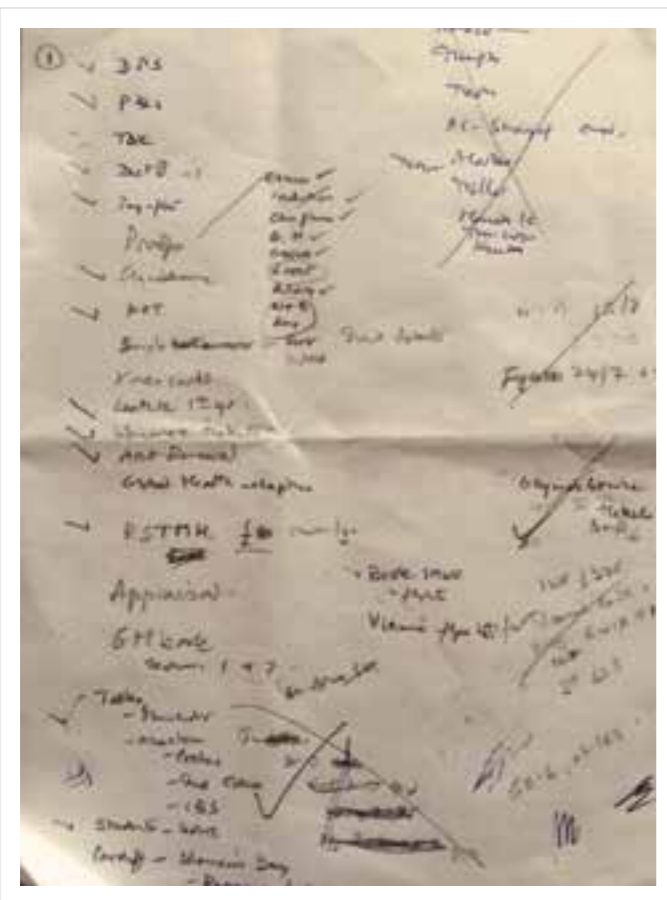
Shami's list combines the extremes of work and home life. It has buy Christmas tree, Christmas cards and cotton wool along with re-read the Counter Terror Bill, buy birthday present for Dad and stocking fillers for her son.

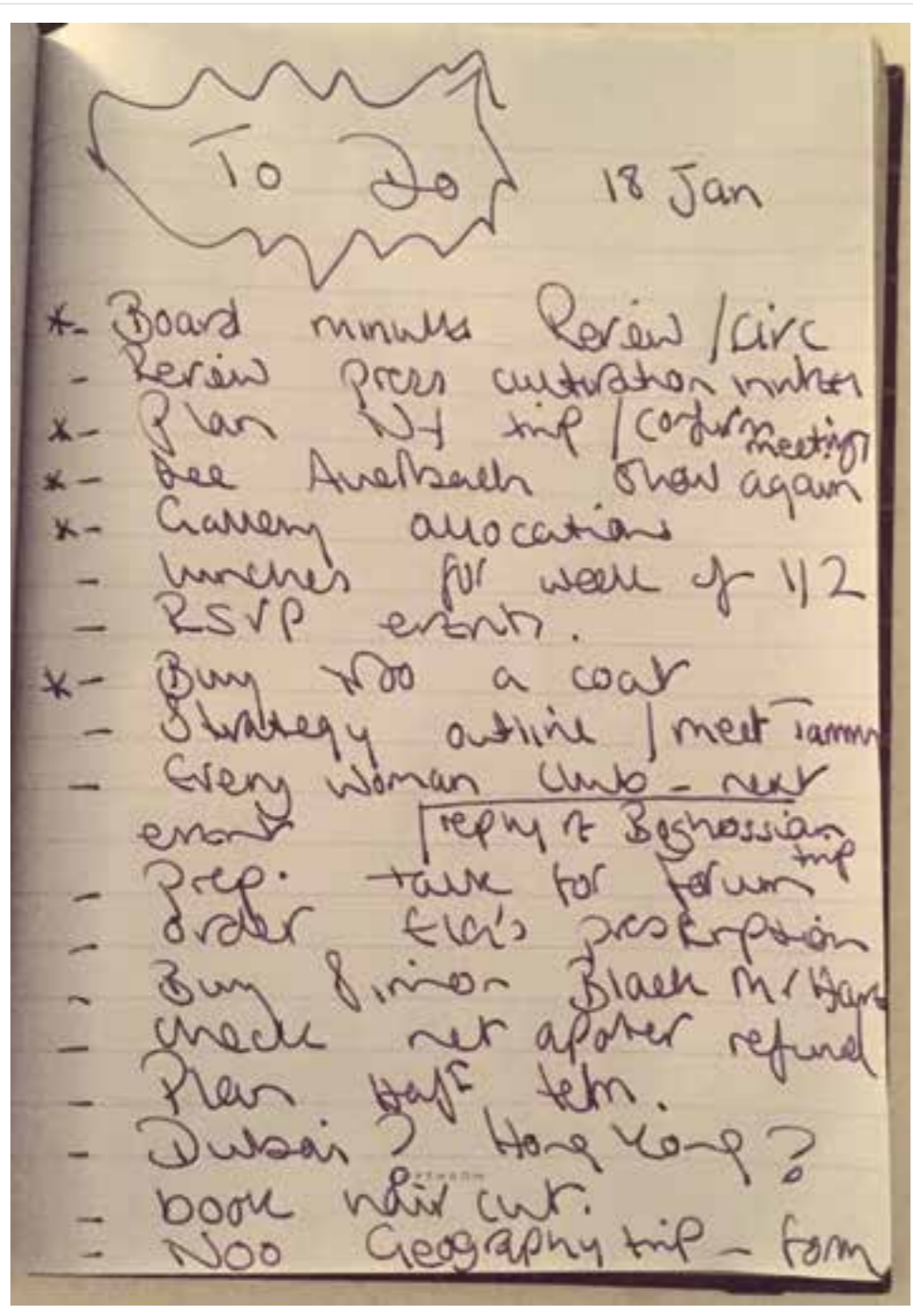


**PROFESSOR  
PARVEEN KUMAR CBE**

*BSC, MD, DSC, FRCP, FRCPE,  
FRCPATH, Professor of Medicine  
and Education Barts and the London  
School of Medicine, Queen Mary  
University of London, Wingate  
Institute, former Chair of British  
Medical Association*

Like most women Parveen is very apologetic about her lists. She primarily writes them to prepare for work - but in amongst global health chapters I see other things have sneaked in - Christmas cards and Glyndebourne tickets!





**NAZY VASSEGH**

Chief executive of Masterpiece London art fair

Nazy's list also blends family and work seamlessly - she needs to buy her daughter Noo a coat and get her hair cut amongst business trips and meetings galore.



**BETH COLOCCI**

Artist, curator, patron and chair of UK Friends of the National Museum of Women in the Arts

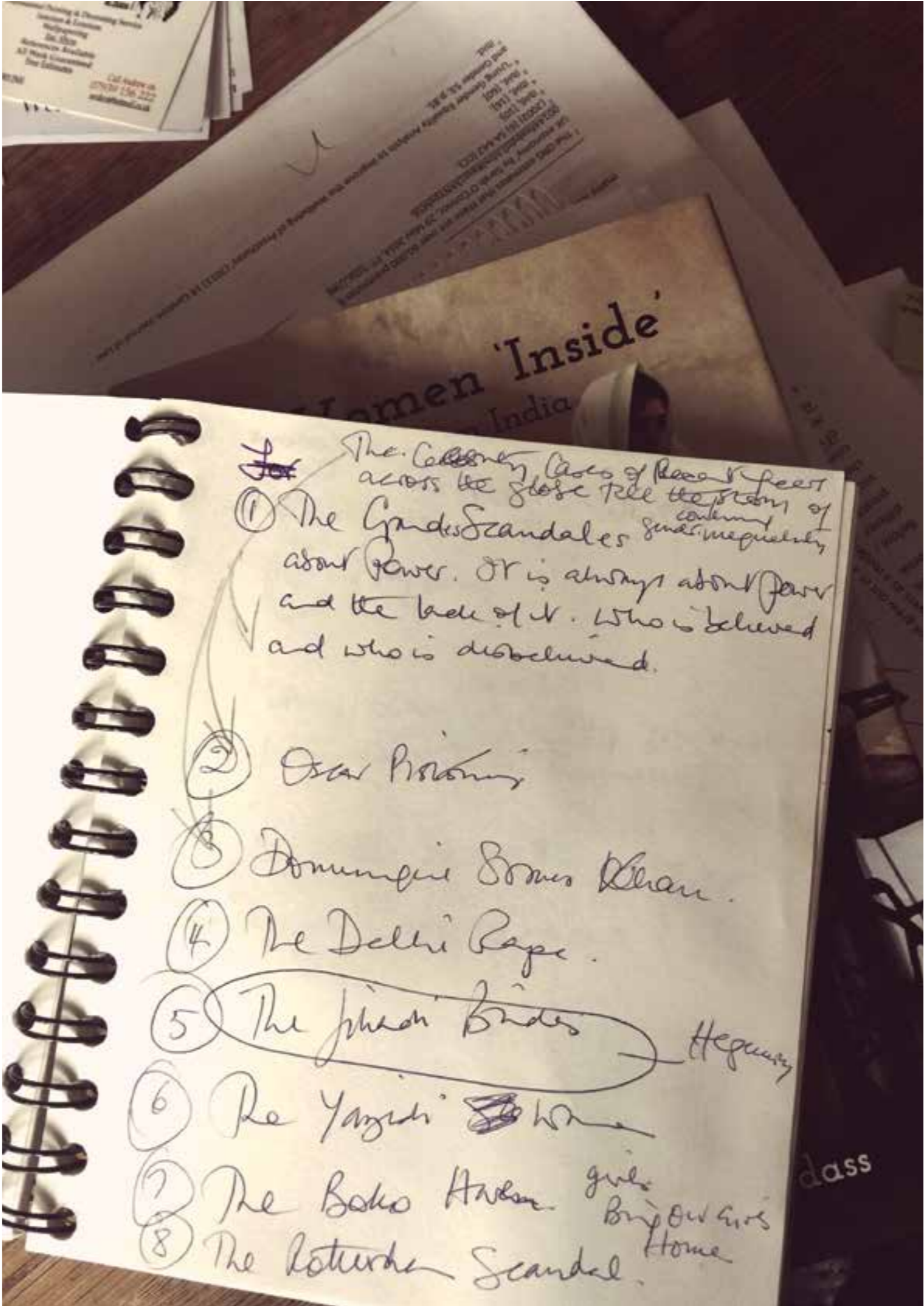
Beth appears to be juggling her own work as an artist (finish photos) with work for NMWA and building work (possibly on her home?) - patio doors and electrician... She also needs to fit in dentist, doctor, eye test, watch, trip to Italy (her husband is Italian) and lunch with Kate....

**BARONESS HELENA KENNEDY QC FRSA**

*One of Britain's most distinguished barristers. She has spent her professional life giving voice to those who have least power within the system, championing civil liberties and promoting human rights. She has also written and broadcast on a wide range of issues, from medical negligence to terrorism to the rights of women and children. Former Chair of the Human Genetics Commission – advises government on ethical, social, and legal issues arising from developments in genetic science*

Tragically Helena's first list went to my old address and got lost. This second list is a research list. It reads like a mini time-capsule of early 20th century legal history - and a chilling reminder of how far we still have to go in the fight for women's equality: Boko Haram, Oscar Pistorius, the Yazidi women, the Rotherham scandal, Dominique Strauss Kahn, the Delhi rape.... Helena has written 'is it always about power and the lack of it. Who is believed and who is disbelieved' across the corner of the page....

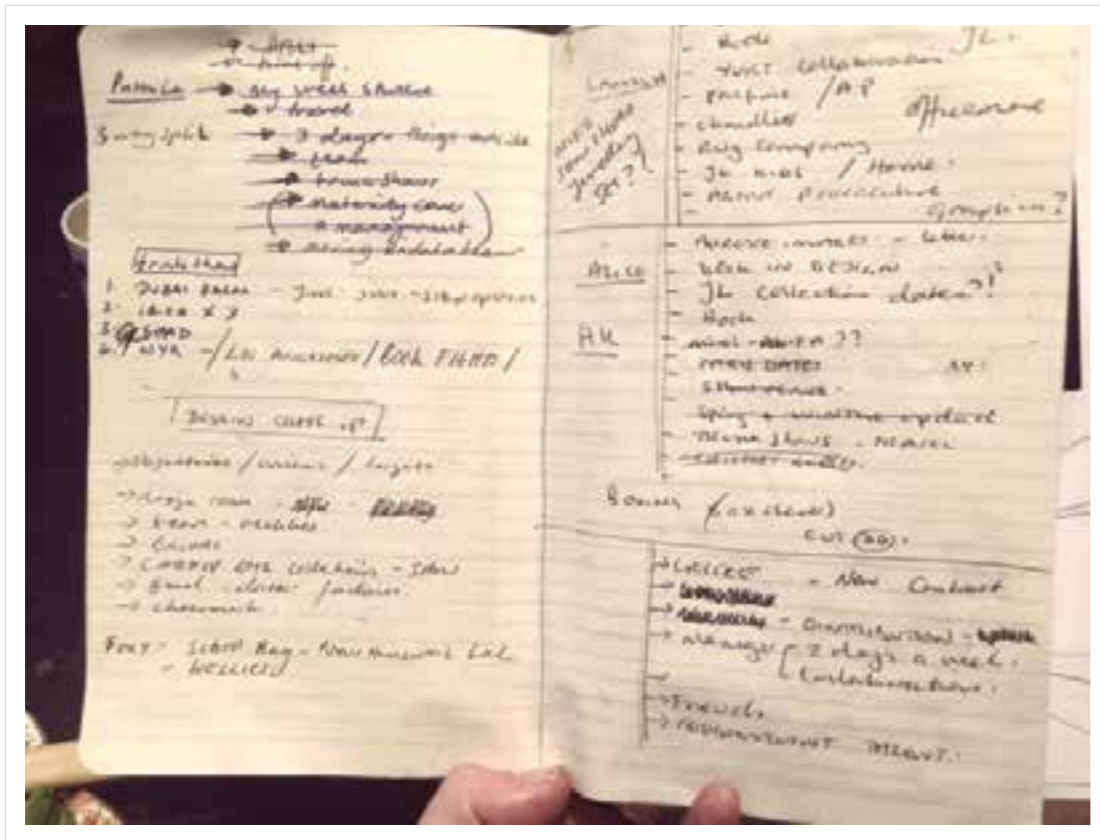
Fascinatingly you can also see what she's been reading to prepare for her lecture underneath this list - and there's a painter and decorator's card peeping out in the corner!



*For* The. Cases of Power & fear across the globe tell the stories of continuing gender inequality about power. It is always about power and the lack of it. Who is believed and who is disbelieved.

- ① The Grand Scandales
- ② Oscar Pistorius
- ③ Dominique Strauss Khan
- ④ The Delhi Rape
- ⑤ The Indian Brides *Hegemony*
- ⑥ The Yazidi ~~Women~~
- ⑦ The Boko Haram *girls*
- ⑧ The Rotherham Scandal *Big girls Home*





**ALICE TEMPERLEY MBE**

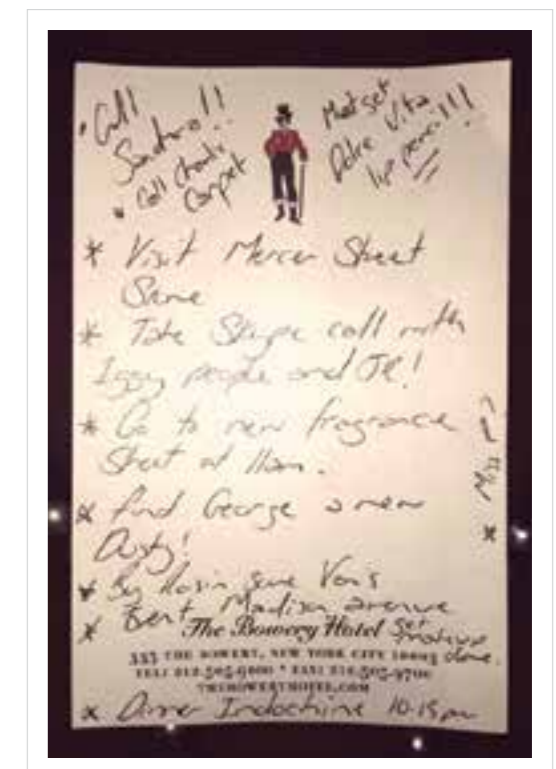
*Fashion Designer*

Amongst the reams of work (trunk shows, contracts, travel etc) and collaborations (perfume, rugs, book and yurts?!) Alice needs to remember her son Fox's homework and wellies, fit in some boxing and somehow find room to be creative.

**SARAH SHOTTON**

*Creative director of Agent Provocateur*

Sarah sent me this list from her New York business trip where the new AP fragrance is being shot - oh no, her son George has lost Dusty - she needs to find him a new one, visit AP's Mercer Street store and get a Dolce Vita lip pencil.





**SAM TAYLOR**

Editor of the Lady

EVERYTHING about this list is wonderful - in her accompanying email Sam said 'The Queen's Birthday is giving me sleepless nights along with foot which was damaged at a middle aged party in December, but am so worried about Queen's birthday. Does she get cake every time ????? Who makes it?' This and the doc's appt for foot are on both lists along with Catherine Zeta Jones cover, ring

National Trust about trees and squirrels...write intro for book or die... eyebrow appt... Diana Athill cover... get Georgie (her daughter) riding lessons, make list for dump, dentist... and much more besides. Apart from making me wheeze with laughter it perfectly sums up the balancing of family, personal and work... a feat that most women can relate to - though clearly Sam's list is a bit more exciting than most!



TO DO.....  
 Jan 26 2nd Jan

1) Rfj National Trust - Trees? Squirrels?

2) Diane Athill! Cover? Can she come for tea? X  
 Tickets Mithu Tour

3) Get Geogie horse-riding lessons?

Boley & New 100  
 WRITE INTRO FOR BOOK OR DIE



Reel show back on subscriber list

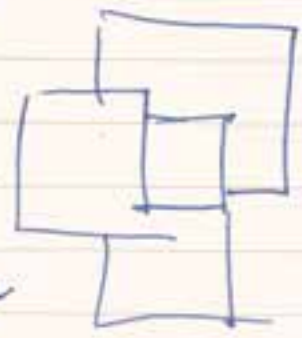
Buy Marilyn for final part of book

!!! Buy new coat - old coat for vintage? TOAST?

URGENT  
 Make eyebrow appt.  
 dentist appt - teeth white needed.  
 Get foot looked at - BOLA Rig

Get shoes done for Halp

new zone.  
 £87 per + underarm hairy.



Help Geogie with design for shirt.

To welcome birthday.

Quas  
 BRITISH



**THOMASINA MIERS**

English cook, writer and television presenter. She is the founder of the Wahaca chain of Mexican street food restaurants

Food glorious food... this list makes me hungry.

**CHERIE BLAIR CBE QC**

Leading human rights barrister, judge, lecturer, campaigner for numerous international charitable causes, founder of The Cherie Blair Foundation for Women an international organisation dedicated to creating equal opportunities for women worldwide

Fascinatingly Cherie is amongst a small group of non-list writers - she keeps her lists in her head.





BIANCA JAGGER HUMAN RIGHTS FOUNDATION

TO DO LIST

Bianca Jagger

President and CEO of the Bianca Jagger Human Rights Foundation (BJHRF) and IUCN Bonn Challenge Ambassador

Catriona Ward (Researcher, BJHRF)

**Saturday 5<sup>th</sup> of December 2015, Paris**

08:30 Cat to meet BJ at the hotel.

09:00 Cat and BJ to be collected by a Renault-Nissan electric car to attend the UNFCCC COP21 Climate Change negotiations at Le Bourget, Paris.

11:00 Depart from Le Bourget to go to the "Global Landscapes Forum 2015" COP21 side-event at Palais de Congress.

12:00-13:45 BJ to speak in her capacity as IUCN Bonn Challenge Ambassador at the "Landscape Restoration Snapshot – potential for achieving old and new climate ambitions" side-event. The panel will focus on forest landscape restoration.

Title of BJ speech: "The Potential for Achieving Old and New Climate Ambitions"

Talking points:

- The Bonn Challenge goals: Restoring 150 million hectares of deforested and degraded land by 2020, and 350 million by 2030. It is one of the most important initiatives in the world to reduce CO2 emissions, and improve peoples' lives.
- Forest landscape restoration plays a critical role in climate change mitigation and adaptation.
- We must to keep the rise in global average temperature below 1.5C above pre-industrial levels.
- To keep temperature rise below 1.5C, "The Paris Agreement" agreed by world leaders must be: comprehensive, just and legally binding; advance the important role that eco-system and nature-based solutions can play in climate change mitigation and adaptation; respect gender equality and human rights, take into account local, indigenous and traditional knowledge and the needs of the most vulnerable communities; it must be implemented on the basis of equity and science with adequate provisions for mitigation, adaptation, loss and damage, Green Climate Fund investments, technology transfer, and implementation mechanisms.

Moderators: Stewart Maginnis, Global Director, nature-based solutions, IUCN and Peter Besseau, Co-Chair, Global Partnership on Forest Landscape Restoration

Speakers:

Minister Emmanuel Niyonkuru, Minister of Water, Environment and Spatial Planning and Urban Development, Burundi  
Carlos Klink, secretary for climate change, Ministry of the Environment, Brazil  
Bianca Jagger, President and Chief Executive, Bianca Jagger Human Rights Foundation  
Gustavo Fonseca, director of programs at the Global Environment Facility (GEF)  
Jose Vilialdo Diaz, head of climate change, National Forestry Institute of Guatemala

15:00-17:00 Return to the hotel and prepare for the evening

18:00-21:00 Bianca Jagger is hosting a side-event with Thaddaeus Ropac at Galerie Thaddaeus Ropac in Pantin.

Renowned Brazilian artist Sebastiao Salgado will screen his outstanding photographic series, 'Amazonia'.

- BJ to introduce Sebastiao Salgado
- Sebastiao Salgado will talk about 'Amazonia'
- Screening of 'Amazonia'
- BJ to speak about the critical importance of preserving the Amazon rainforest, often referred to as the 'lungs of the world,' for present and future generations; and the role of indigenous people as the best custodians of ecosystems in the race against climate change.
- Indigenous leaders join BJ on stage: Winners of the UNDP Equator Prize 2015 including Maria Luisa and Rozeninbo Sawreckak of the Mundurucu people (Brazil); Patricia and Nancy Gualinga of the Sarayaku people (Ecuador), and others.

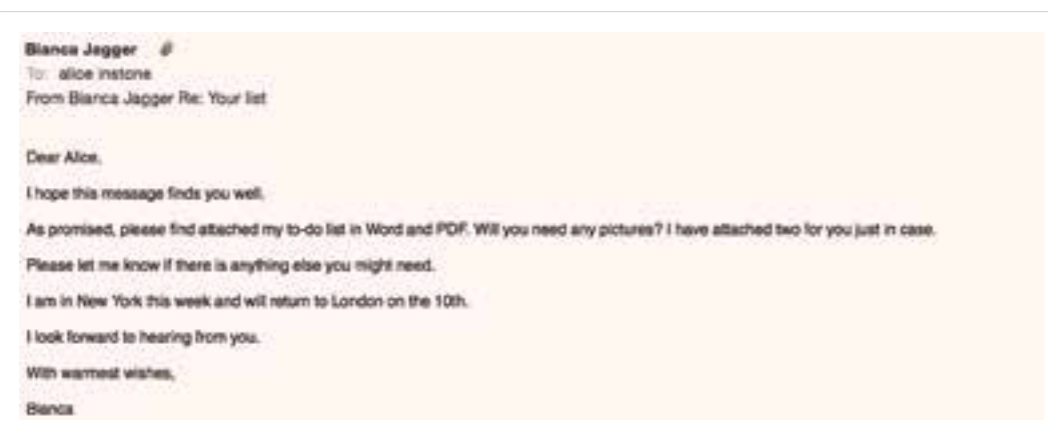
21:00-23:00 Dinner to celebrate the birthday of my dear friend Donald Ranvaud from the World Bank Group.

23:00 Return to the hotel to rest.

## BIANCA JAGGER

Human rights & environmental campaigner – Bianca Jagger Human Rights Foundation, Council of Europe Goodwill Ambassador, IUCN Bonn Challenge Ambassador, senior fellow, Centre for International Governance Innovation, member of the Executive Director's Leadership Council of Amnesty International USA

Bianca has given us a glimpse of a day in her life – I discovered that quite a few women use their schedule as their to-do list – here's a look at what Bianca's been doing.



lampshades notes from meeting 20/3/88.

Ravi lounge: 2x Rafia hanging per dials.  
2x linen table lamp shades.

Reception: Agnes Emery  
Blood red base of chignon shade  
2x table lamp shades.  
(on another table) gold pleated silk?

Bar: Wall lights  $\square$  x 6?  
in DK Brown Rafia  
3x Harry pendant in  
Norman Cornwall bits.  
1x Keatley shade gold/orange fabric silk on wooden base (from sofa)

restaurant: table lamps? x 2?  
Ballroom: 14x crystal shades (gold).

rm 1+2: marble standard lamp shades (gold shade?)

rm 3: Audrey Hepburn in <sup>Graham + Green</sup> dusty pink silk <sup>standards</sup> in <sup>Refrigerator</sup> <sup>stand</sup>

rm 6: Agnes Emery with Bricks + Kings <sup>standards</sup> <sup>lewis wood</sup> drum shade.

rm 7: Black & white spotted dials (N.C. on mirror bases/crystal)

rm 10+11: N.C. wallpaper with red cord on red round bases x 4.

rm 14: square wall lights in marble paper over sofa x 2.

rm 15: N.C. wallpaper with red lines from x 2 bedside

rm 16: Henry Betrand pink silk

ideas for flatbreads FRI

dishes wash

uniforms?

next two chapters proof read

chemist

Alfie here delivery at 7pm.

post office

make chocolate sauce

sort out cinema

list for Tiff. Gil's English home work

### KATIE CLARKE

Hotelier – The George in Rye and The Falstaff Canterbury

Katie gave me one of her old notebooks. From her notes on rooms it appears to be from when she and her husband Alex (also an expert list-maker) were first renovating their famous Rye hotel (though that's just a guess). The note 'Audry Hepburn in dusty pink silk' is particularly evocative for Room 3. Like so many lists it obviously reflects a precise moment in time and must have a lot of memories attached - it's therefore not surprising that she'd like it back!

Hope it's not too dull -  
but we got it  
back?  
K-X

### DIANA HENRY

Cook and food writer

Diana's list (written on the back of what looks like junk mail) has ideas for flatbreads, homework and uniforms, chemist, post office, cinema and (sigh of delight on my part) make chocolate sauce...

- To DO: Select archive images from Soviet monuments  
 sound + text copyright - who would know about this?  
 Buy spray paint  
 mixers  
 Borrow projector from DRAF  
 Email - performance dancers  
 specialist on ISIS stolen artifacts - DR M. Altawel  
 Pay assistants

Somerlea live Application design statement - NEED to review!!!

- Works available ← Diaries with DR - Somerset, travels  
 from Laura Bartlett gallery  
 Dinners: Dot + Charles Amery  
 Judy + Paul  
 Harry + Sasha Spin  
 Alexandra + Lucy Mackinnon  
 Don + Raffy  
 Mariela Forstrop + Jason McCue  
 Anna + Patrick  
 TR + Snowy  
 Tracy + Victoria  
 Email: Wood corner - recelery!!!  
 : sound engineers ✓  
 Zach ✓

- Book: Olga (Russian teacher) ✓  
 Yoga  
 Spinning classes ✓  
 Therapist ✓  
 Physio ✓  
 Send: Parcel to Grandma  
 jackets to fur maker  
 Present parcel to Jena  
 Lithuanian basket to Mariela + Ivan  
 Trip to NY? set up meetings  
 Residencies - email Doug White  
 Porridge to Paul

TV noise project - which sound - memory - include my voice?

- Research: Dead Dreams of Monochrome Men - DV8 Physical Theatre  
 Trip to Brussels 18-20 Feb  
 Titles: "In Memory" - candle  
 "Blood shed" - paintings

INDRE SERPYTYTE

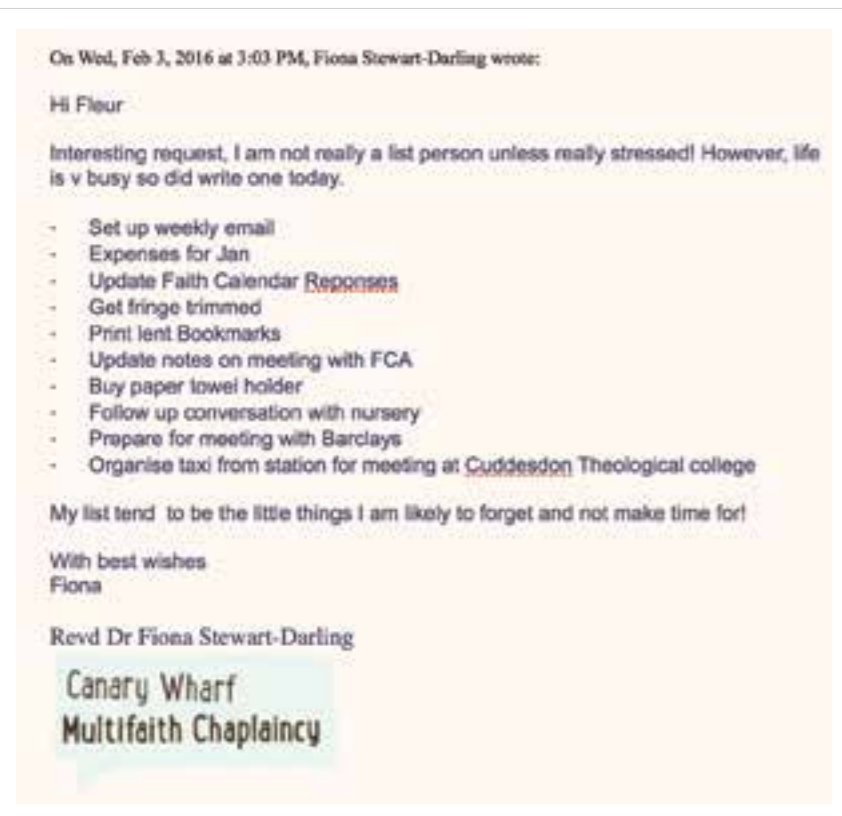
Artist and art patron

In amongst Indre's work which is concerned with the impact of war on history and perception she needs to send a Lithuanian basket to someone (she is Lithuanian) and a parcel to Grandma - also on her list are therapist, title ideas and research Dead Dreams of Monochrome Men - a life of contrasts!

**REVD DR FIONA STEWART-DARLING**

*The Bishop's Chaplain in Docklands and Lead Chaplain, Fiona is an Anglican priest who has been working in Canary Wharf from June 2004. Since then she has been providing chaplaincy to all the workers on the Canary Wharf Estate*

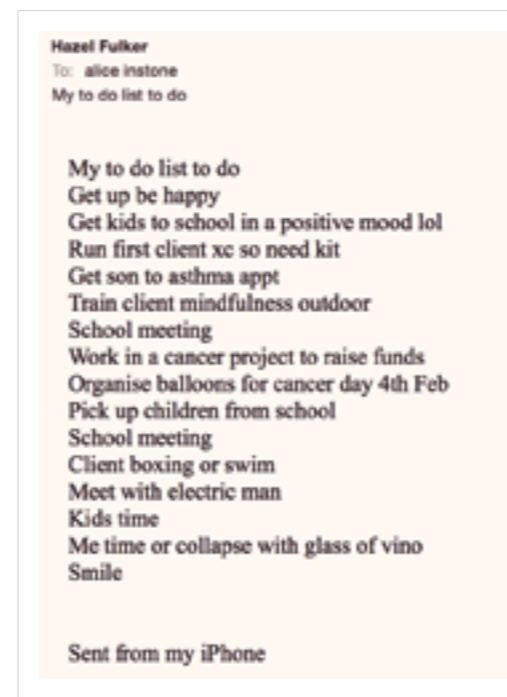
My favourites on this list are get fringe trimmed and print Lent bookmarks.



**HAZEL FULKER**

*Ex British Army, Hazel rebuilt herself with support from the British Legion after an army accident and is now a leading sports coach. In addition to her extensive charity work she recently won a 100 km race with the first female British Brigadier*

Hazel's list reflects her incredible energy - i'm quite secretly pleased she has a vice (vino).



**ANN FRANCKE**

*CEO of the Chartered Management Institute*

Ann needs to write a speech, check a dinner date, fly to Seattle and check LA dates with Izzy & Mom.



|| SCAN NINAS GIRAFFE

TOWN

~~Toms new house card~~

Miss Pickering flowers

~~Dry cleaners~~

face bacon grasmere

wedding invite design?

3/5/10 Year Goals

|| Mission Statement ||

~~pay wages~~ ready for Monday

New collection Pinterest board

Email Laura

Cherry Blossom artwork  
Houseplants Spring fair (+Tom)  
Props for Spring fair

Stags & Coffee blog posts

**KATIE ALICE**  
Tableware designer

Katie's getting married - I love the thought that if she looks back at this list in a few years it'll bring back this moment in time.



Times Top 50  
S&P Sponsorship

Select committee  
Public blog  
Army visit (Germany)  
★ Engagement card for Kate  
Board meeting!!!

**KATHRYN NAWROCKYI**

*Gender equality director of Business  
in the Community – The Prince's  
Responsible Business Network*

Yes people are still writing lists on  
their hands – bravo.



**TeamAdeC**

To: alice instone  
Re: for Amanda de Cadenet - IWD16

When do you need this by?  
I live by my lists so will send you one.  
Thanks for including me  
Amanda



**AMANDA DE CADANET**

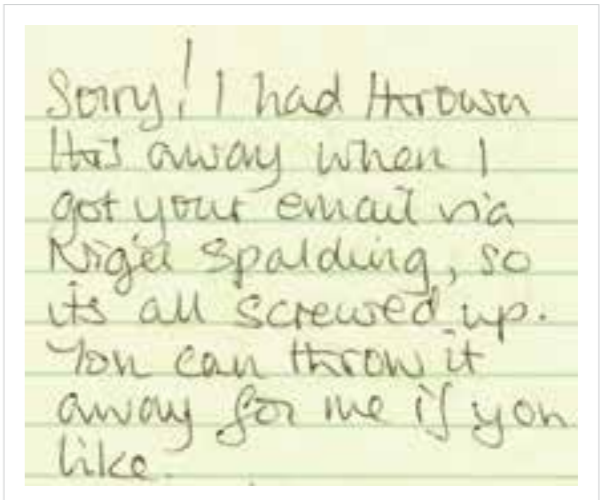
Photographer, Actress, Talk Show Host. Amanda recently interviewed Hillary Clinton for *The Conversation*, her groundbreaking talk show, and is the youngest woman to shoot a *Vogue* magazine cover. One of her goals is to continually try to make media that challenges perceptions of women

I think I could do with adding most of the items on Amanda's list to my own to-do list. I always love a bit of collage too!

**HILARY STAFFORD-CLARK**

Journalist and former editor of *The Sunday Times* 'Life in the Day' and 'Relative Values' columns, and editor of the eponymous book 'A Life In the Day'

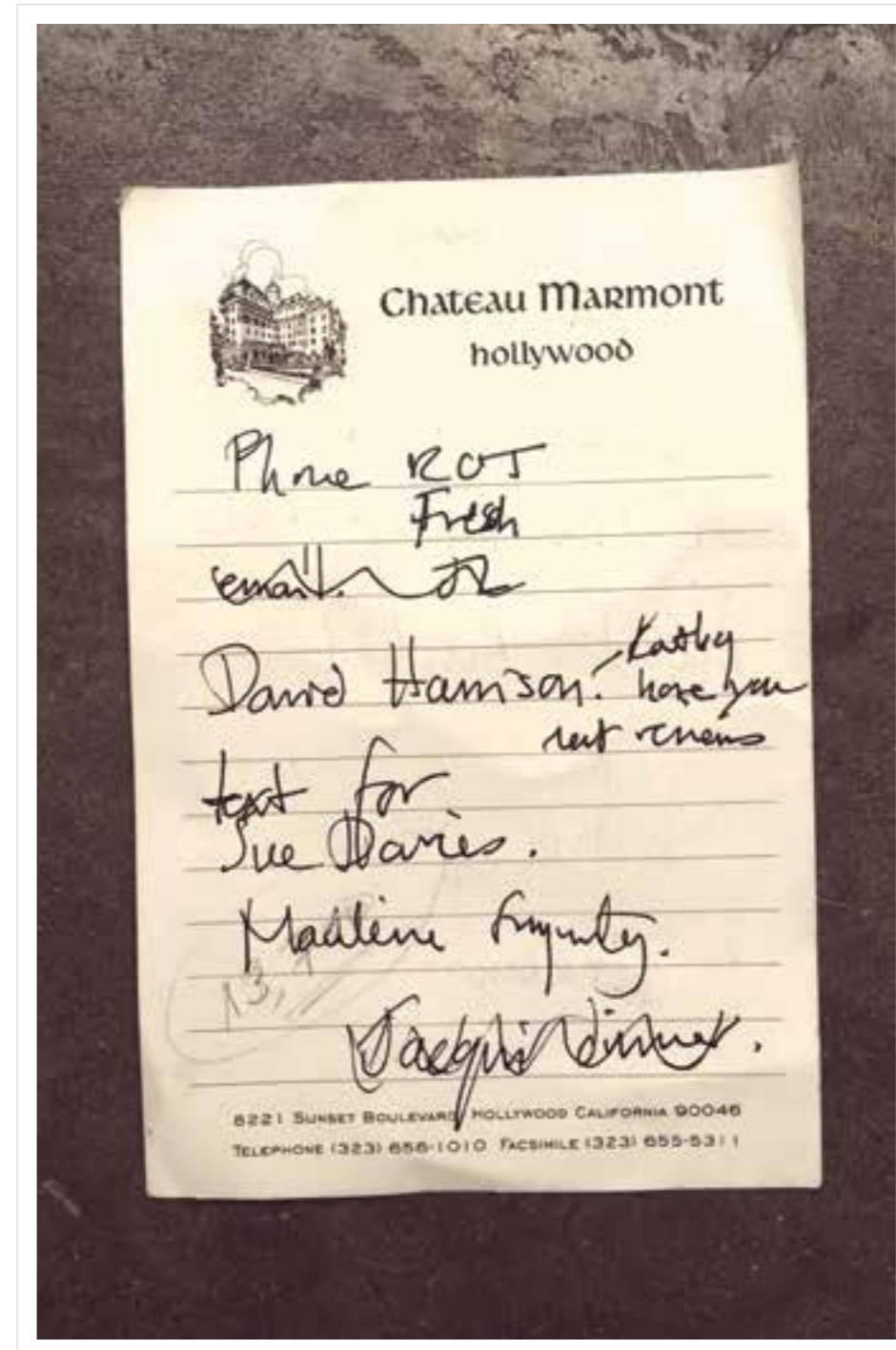
Hilary had just thrown this in the bin when she got a mutual friend's email about *The Pram In The Hall*. I love the insights into her life that can be gleaned from her list. She likes to cook and shares recipes with friends (key lime pie). She has at least one pet (Dixie) - who needs worming.... I later discovered Dixie is a golden retriever puppy and she also has two cats. She has good intentions (to eat porridge). And she practices the piano whenever Dixie will let her....



**VICTORIA MIRO**

*Art dealer & gallerist*

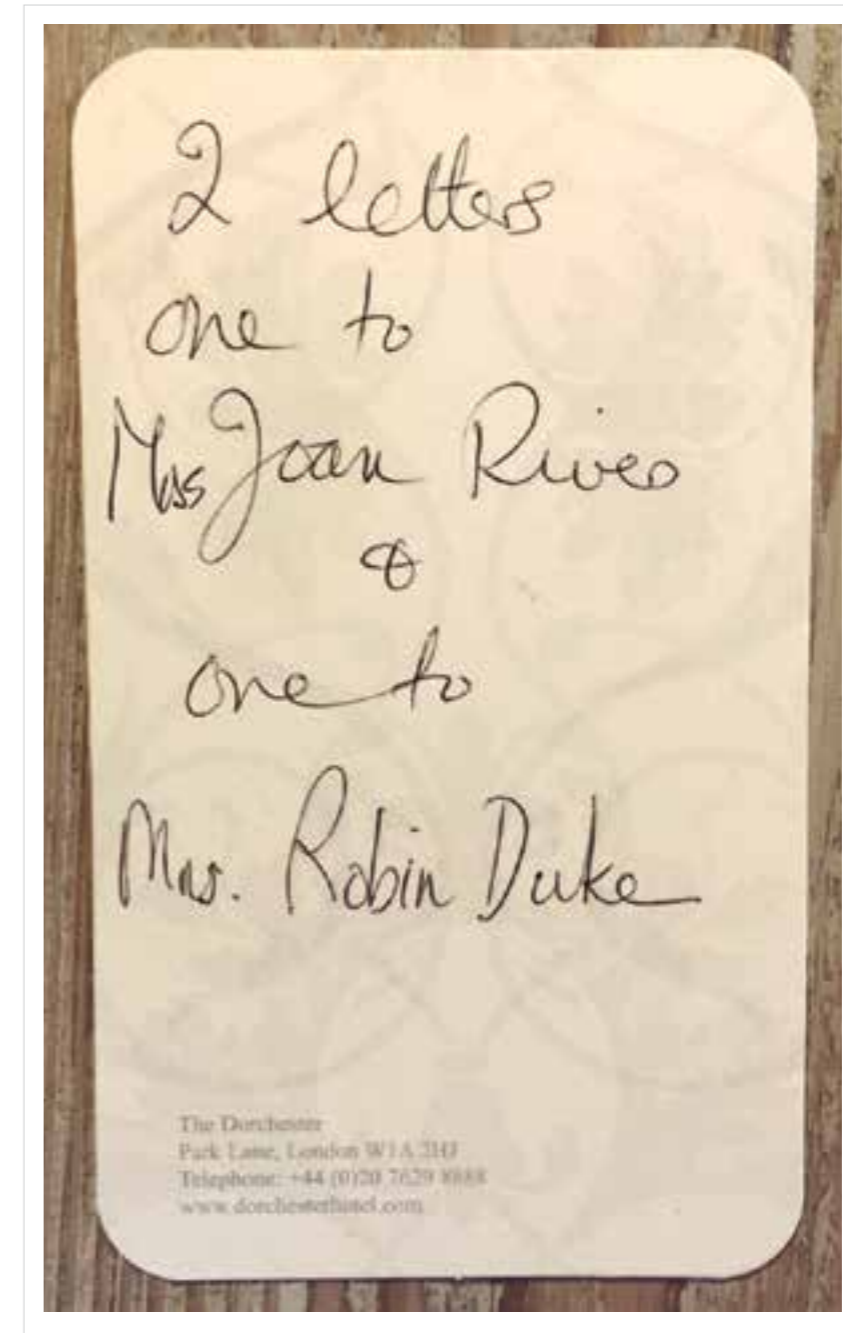
I recognise the Victoria Miro gallery floor in this shot. I also got an electric shock when I saw it, as that stationary is so familiar to me (I'm artist in residence at the Chateau Marmont) - I've written masses of lists myself on their perfectly sized notebooks! Nice to think of Victoria stalking the darkened corridors there. I like the spiky writing and that there's lots of scribbling on it too....

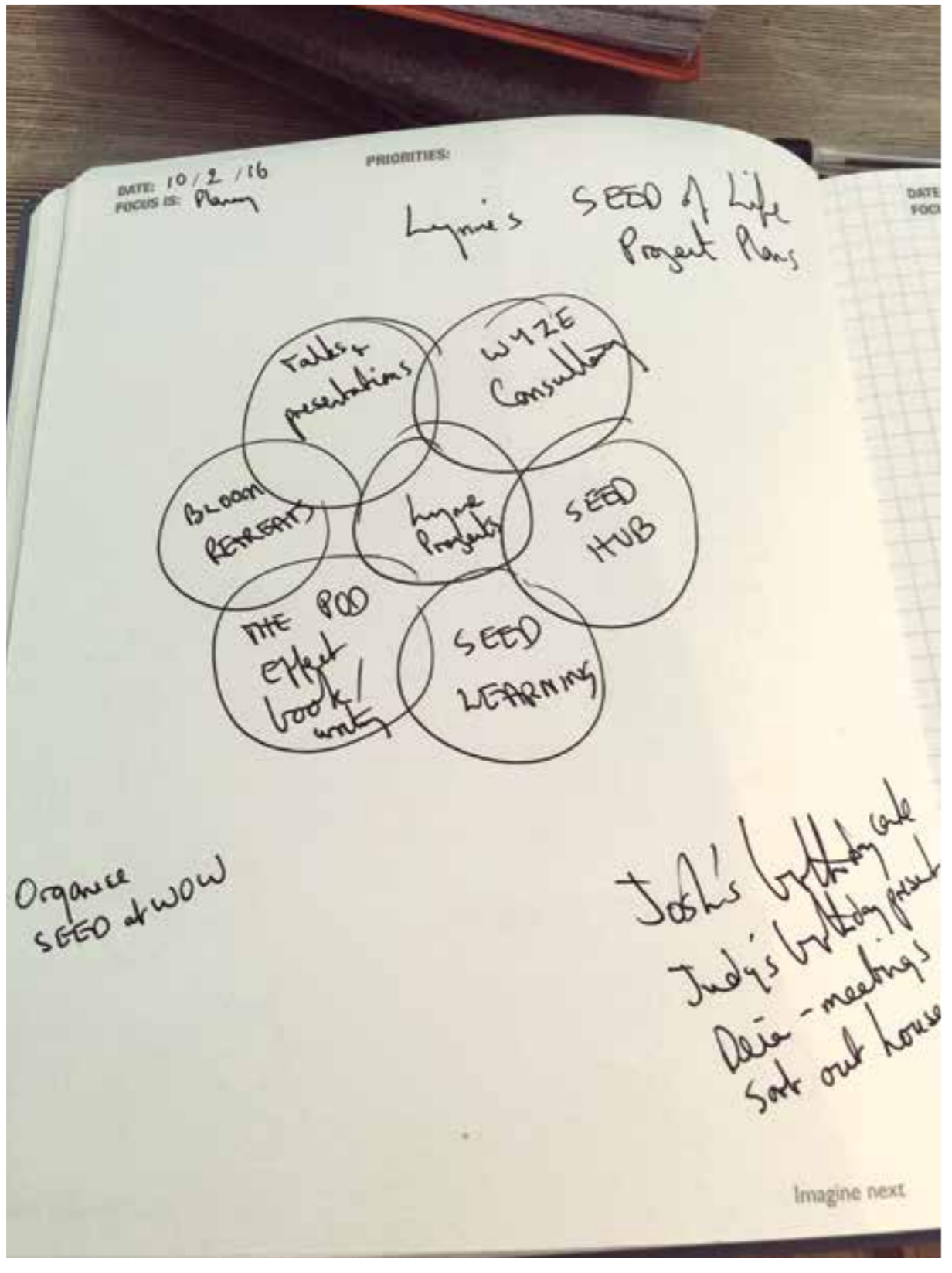


**BARBARA TAYLOR  
BRADFORD OBE**

*Author – Barbara's debut novel a Woman of Substance sold over 30 million copies, it ranks as one of the top-ten bestselling novels of all time. To date, she has written 29 novels – all bestsellers*

A few years back I went to paint Barbara Taylor Bradford in her hotel suite at the Dorchester for a series on influential women. It was towards the end of the project and I never managed to resolve the painting which is still in my studio. We talked about many things and Barbara suggested I paint a couple of her friends whose names she wrote on a little hotel pad. Between our sitting and the show I became pregnant with my first child (the first appearance of the pram in the hall) and somehow the list got buried. During the eleventh hour of putting this project together I once again found the list, alas too late. It is probably the most poignant reminder of the passing of time in the exhibition. Mrs Robin Duke passed away two days before writing this and Joan Rivers in 2014.





**LYNNE FRANKS**

*PR Guru*

Lynne needs to sort out her house, buy a birthday cake and work on her seed of life project.



MONDAY.....

TO DO.



PAY GYM - GO TO GYM  
MEET BUILDERS ON SITE AT LEAST  
SIGN PAPERS FOR MIAMI

WRITE NATURAL HEALTH COLUMN  
TURMERIC? WHAT'S ON YOUR SKIN?



START ON PHOTOS !!

Y<sup>th</sup> TESLA GOES BACK  
CLEANER: BACK 11<sup>th</sup>.  
Mend mirror, fix WICKER CHAIR



DR Bob make appointment, pick up VITS  
CALL VECTIS RE MUMMERY'S DENT.  
TY MOVES ON 15<sup>th</sup>! GET HIM A



CALL AGENT - LIST OF STUFF TO DO!  
DENTIST  
RIVERFORD ORDER



JO WOOD

Entrepreneur, organic campaigner  
& rock chick

Even Jo's envelope is expressive!  
She needs to fix a wicker chair,  
go to the dentist, ring agent, sign  
papers for Miami and write natural  
health column.



**NICOLE FARHI**

*Fashion designer & sculptress*

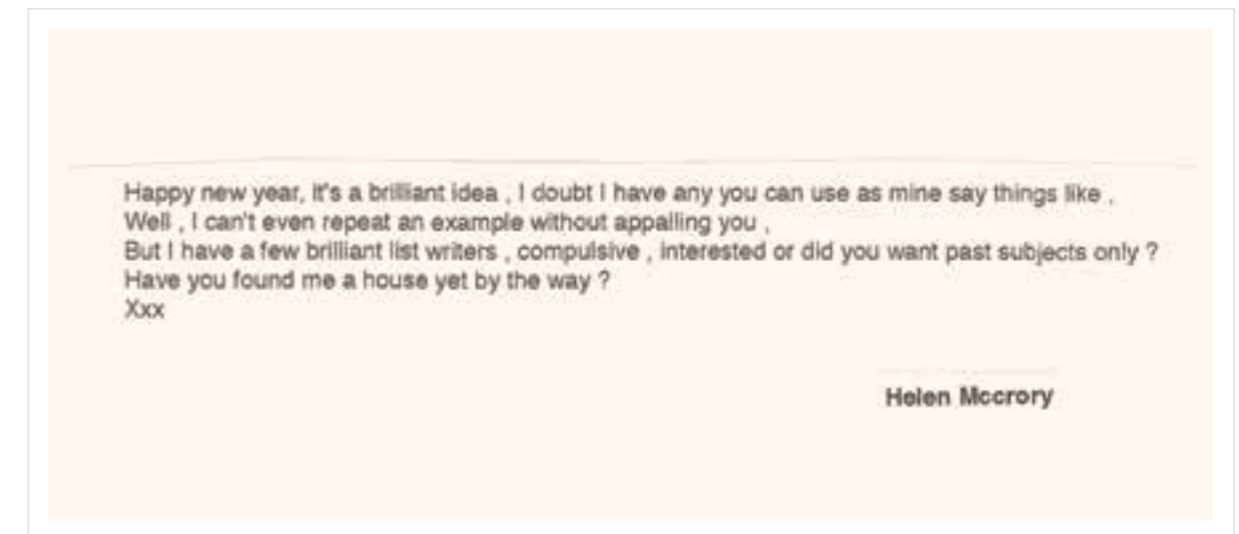
Nicole Farhi is one of a tiny minority that don't write lists, in her case not even for the supermarket – she just buys what tempts her.



**HELEN McCORRY**

*Actor*

Helen's list is unprintable – so we haven't printed it, but here's her hilarious email.



Tennison  
 Jan Dance class  
 Miss King R.  
 Claudia Kestland  
~~Spencer~~  
 P3B Job  
 Read script with AE & make ✓  
 E-mail Aaron with  
 Reader help  
 Gub.

- Nilly Austria thing  
 in the mirror -  
Nick!  
 I like the Arch!
- No steps! - Stunt knees  
 to the side!  
 Reduce the dance for  
 Diana You on my Arm.
- back walk up stairs of  
out of Potter into  
Scene Change - Train

**LYNNE PAGE**  
 Choreographer

Lynne gave me her notebook - like so many of the lists it seemed to reflect her energy - wild gestural writing, pages different ways up and coffee stains from where she's probably leapt about with it in one hand! Choreography notes and ideas (Eurydice, Lars Von Trier, raves) are interspersed with things she needs to do for Iris and Isaac her two young children and household chores. Instructions and feedback for dancers make for entertaining reading - more pelvic thrusts and pulsating corpse pile...

I am back.

The Chase → he hits each one individually →  
 Jihadi John.

Making people watch.  
 Chase round the Baitry.

Violence different styles of  
 hitting.

Pulsating corpse pile ←  
 Life Camera - Strap Camera  
 on someone.

Alkran Ikha - Chainsaw - chase  
 Swinging → The Crow.

~~X~~

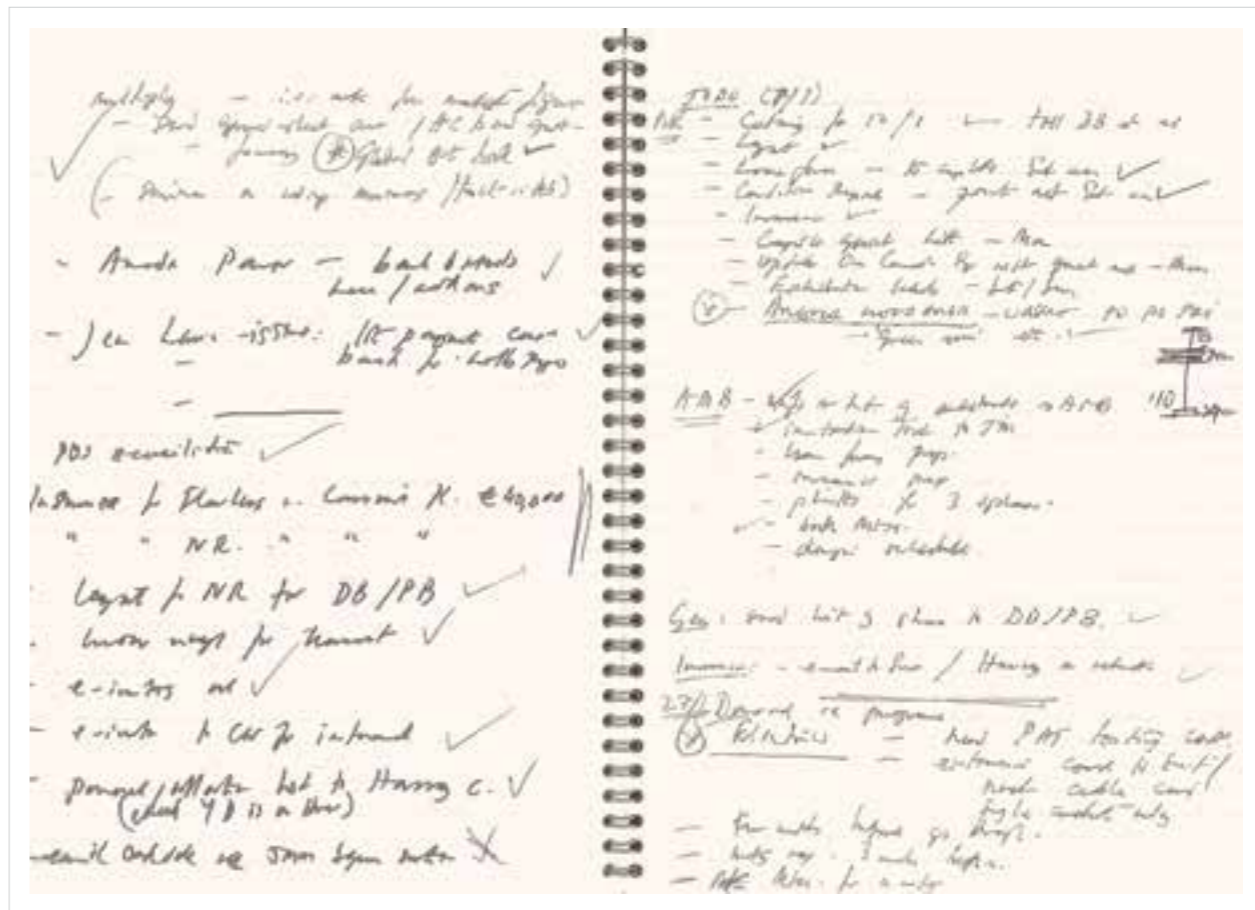


**FLEUR BOTHWICK OBE**  
 Director of Diversity & Inclusive Leadership – EMEA, Ernst & Young LLP

As the mother of three boys, and with a job that spans the globe, but who always has time for other people, Fleur is a bit of an expert list maker and has them for everything - her son Tom sent me these on a Sunday morning - work, friends, children, pets and a watch strap!

**SALLY WILLIAMS**  
 Public Art Consultant

It's always interesting to see how people use their lists - circling items, highlighting, scribbling out or, as here, ticking off items....

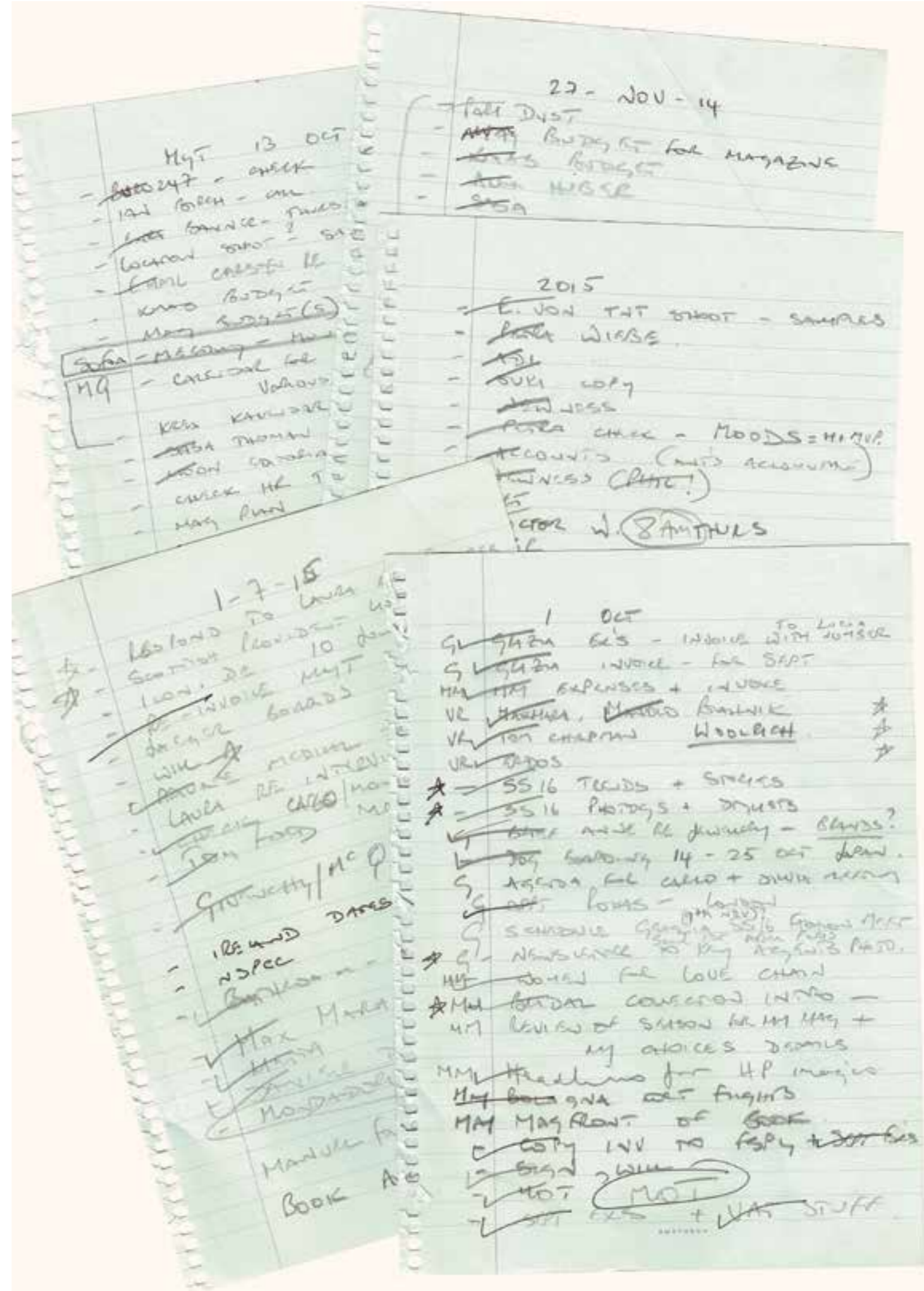




**PAULA REED**

Director of brand strategy, Boutique 1

From the names on Paula's list and the sheer quantity of tasks it's easy to guess why she was named as one of the people shaping the global fashion industry.



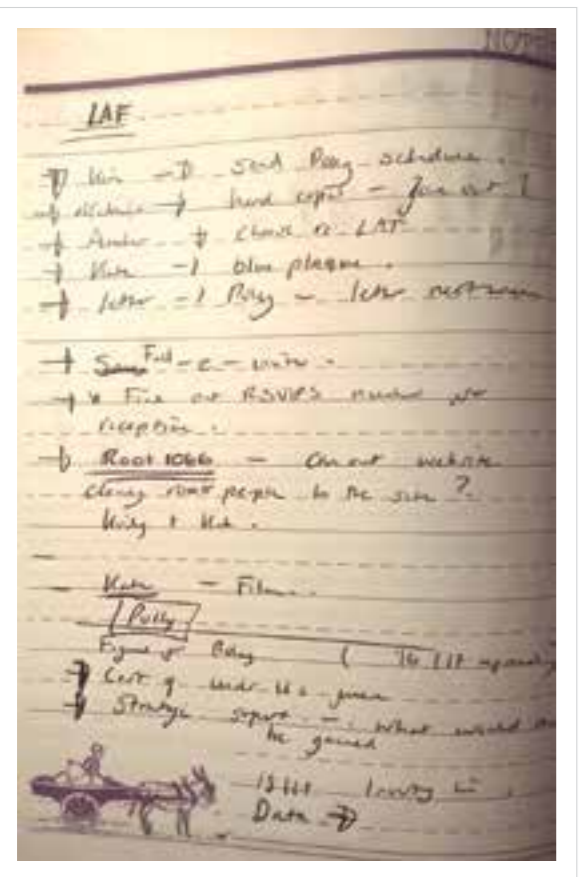
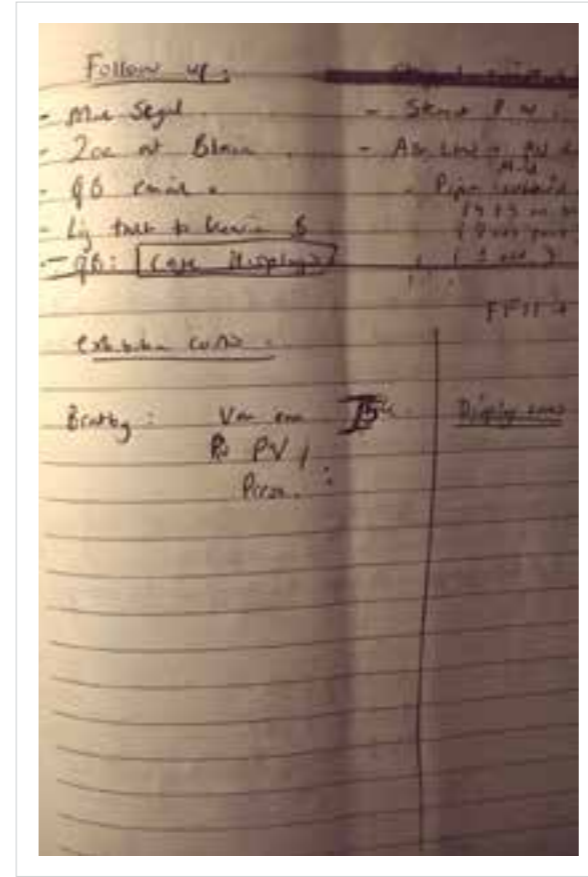
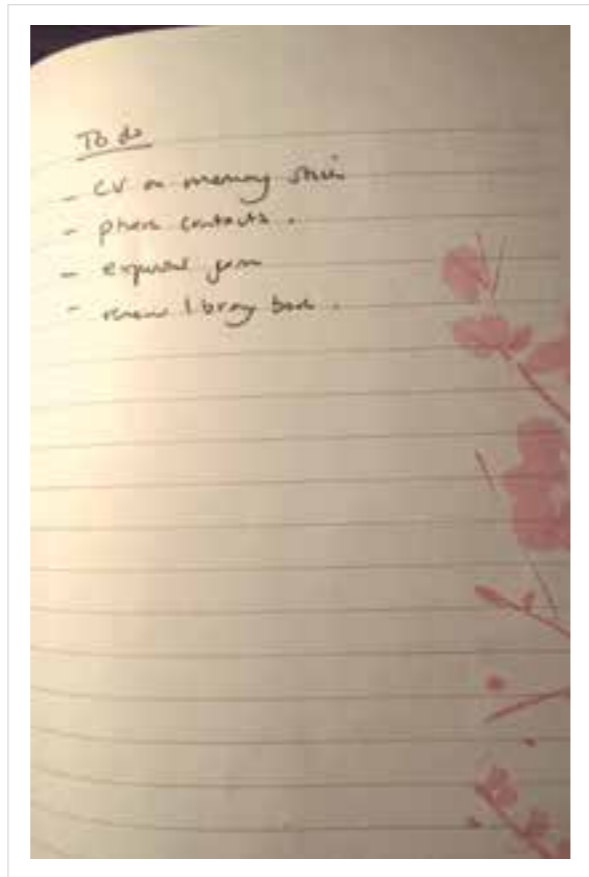
**LIZ GILMORE**

Director of Jerwood Hastings Art Museum

Amusingly Liz thinks the quantity of her lists make her nuts, but I can confirm it's perfectly normal and healthy Liz!

From: Liz Gilmore  
 Subject: To do lists  
 Date: 1 February 2016 19:50:59 GMT  
 To: Alice Instone

This will confirm I'm nuts. Please feel free to pic one attached.  
 Lxx



## CATH KIDSTON MBE

Designer, businesswoman and author

An endless list-maker Cath's feeling guilty about not having done more of the things on her list - even though she's on a gap year. She needs to order doormat, remember Hugh's birthday, get some food and Hay Festival tickets. Unfortunately you can't see the delicious neon pink ink on the edges of her stationary.

CATH KIDSTON Feb 1

Dear Alice  
Emily Morris has emailed me & asked if I would contribute a list towards your amazing paper for international women's day. I am not sure if the enclosed lists are helpful to you - I keep from ending up in my diary - have to be 2 recent pages or had added dates. It is a bit depressing to see how little I get done in a stirred period on a 'gap' year!  
- I shall looking forward to following the paper - if you do need any further info do feel free to contact me.  
Best wishes,  
Cath

4th Feb.

\* Chase P&C to - ingenie, keep - leave set in safe  
order door mat. 95 sq.  
Car stereo x 4.

Ernie Dia  
Hugh's birthday  
some books, book  
photography course - skills  
Book case for lessons

Days Greece  
Lampie lampy. Feb 15th week  
Hay festival ticket.  
Food Friday

\* Speech G.A. Sunday, well  
Dates for Contry.

1st Feb

redaphare P&C to, Donne  
5 sets of spare keys  
venice 230 x 400  
4 cardboard boxes  
Calc plank 274 x 35.5

Ernie Dia  
→ home K&C D  
Hugh's birthday  
donates something

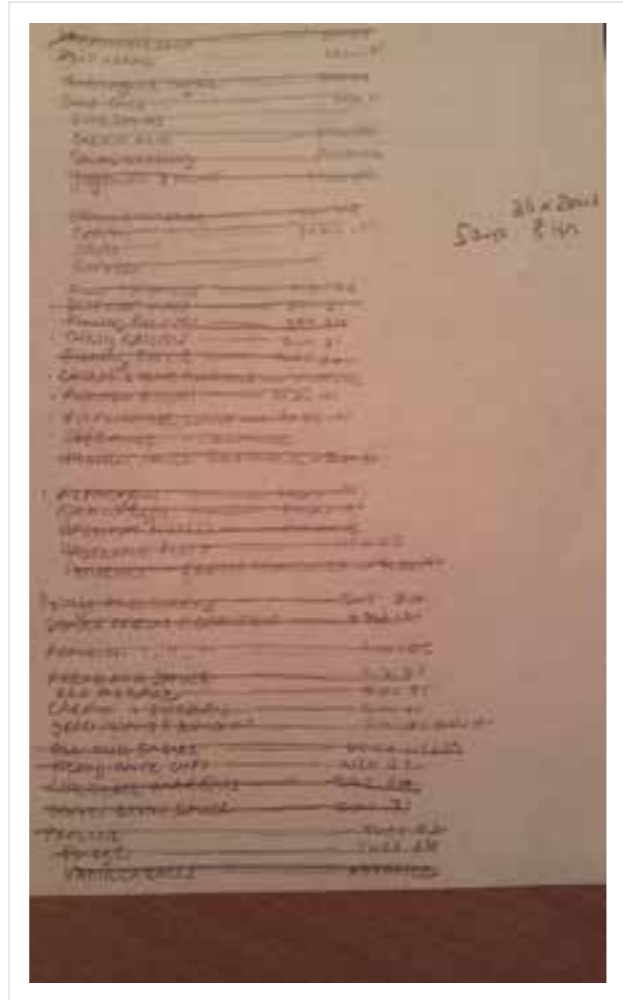
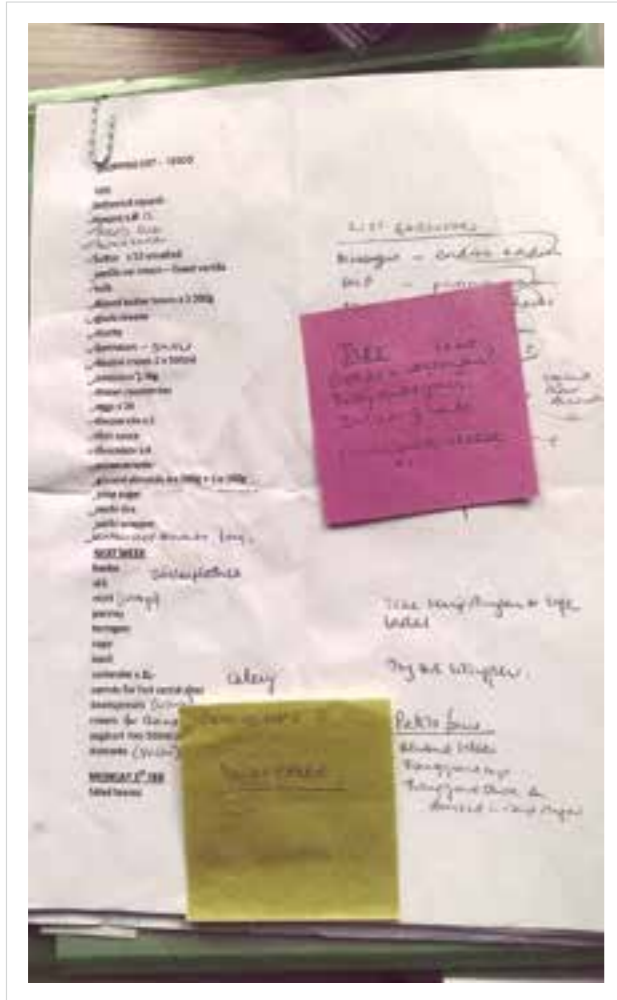
\* photostage come date  
date Greece  
Hay festival  
book carpet date  
Food Friday

Long hair - Tom  
lefty to camera  
Clare - Nobby - supper

Choc itmorals van.  
26th Feb

Victoria @  
 To: alice instone  
 List

Dear Alice  
 I don't know if this is the kind of list you are after!  
 Here is a list of lists from last week's Charity Event on February 1st where I was cooking a 5 course meal for 32 people.  
 Best wishes for your list of lists!  
 Victoria Conran



**VICTORIA CONRAN**  
 In addition to her charity work Victoria's academic work has included medical anthropology (women's experience of miscarriage care provision) and young people's sexual health. She is a Chinese medicine, herbalism and acupuncture practitioner, a motorcyclist and a Cordon Bleu chef into the bargain

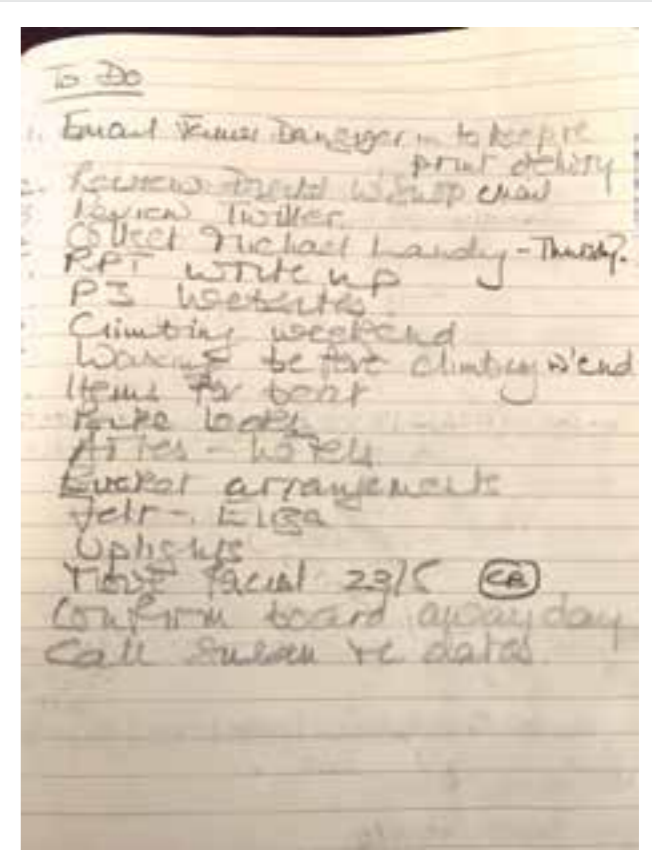
This sounds like a feast I would like to have eaten...

From: Victoria Conran  
 Subject: RE: List  
 Date: 18 February 2016 09:19:10 GMT  
 To: alice instone

Dear Alice  
 Is this the sort of thing? Apologies if I am sending this too late.  
 I'll send another list I found that it particularly funny in an odd kind of way  
 All the best  
 Victoria

**ELIZABETH BROOKS**  
 Arts Patron

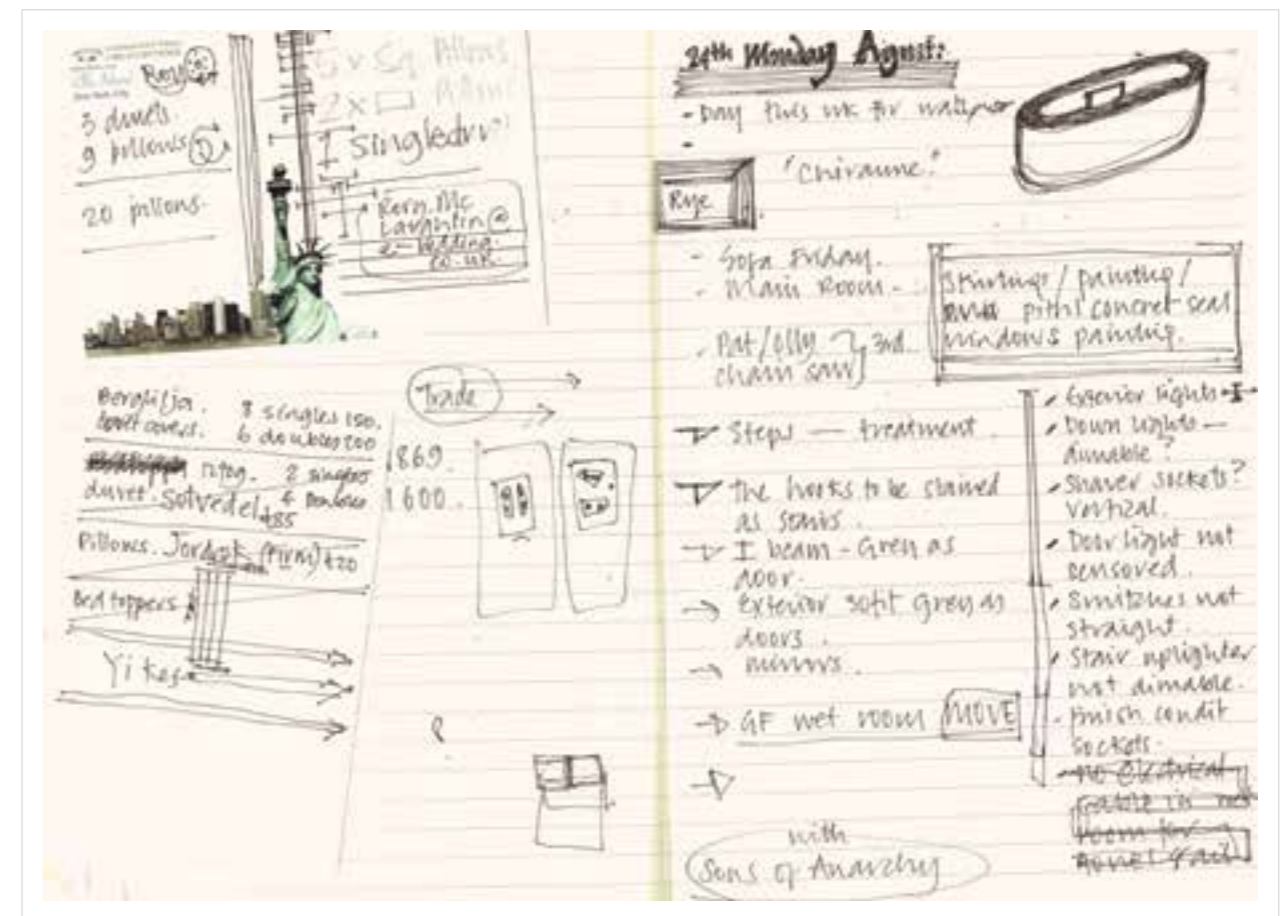
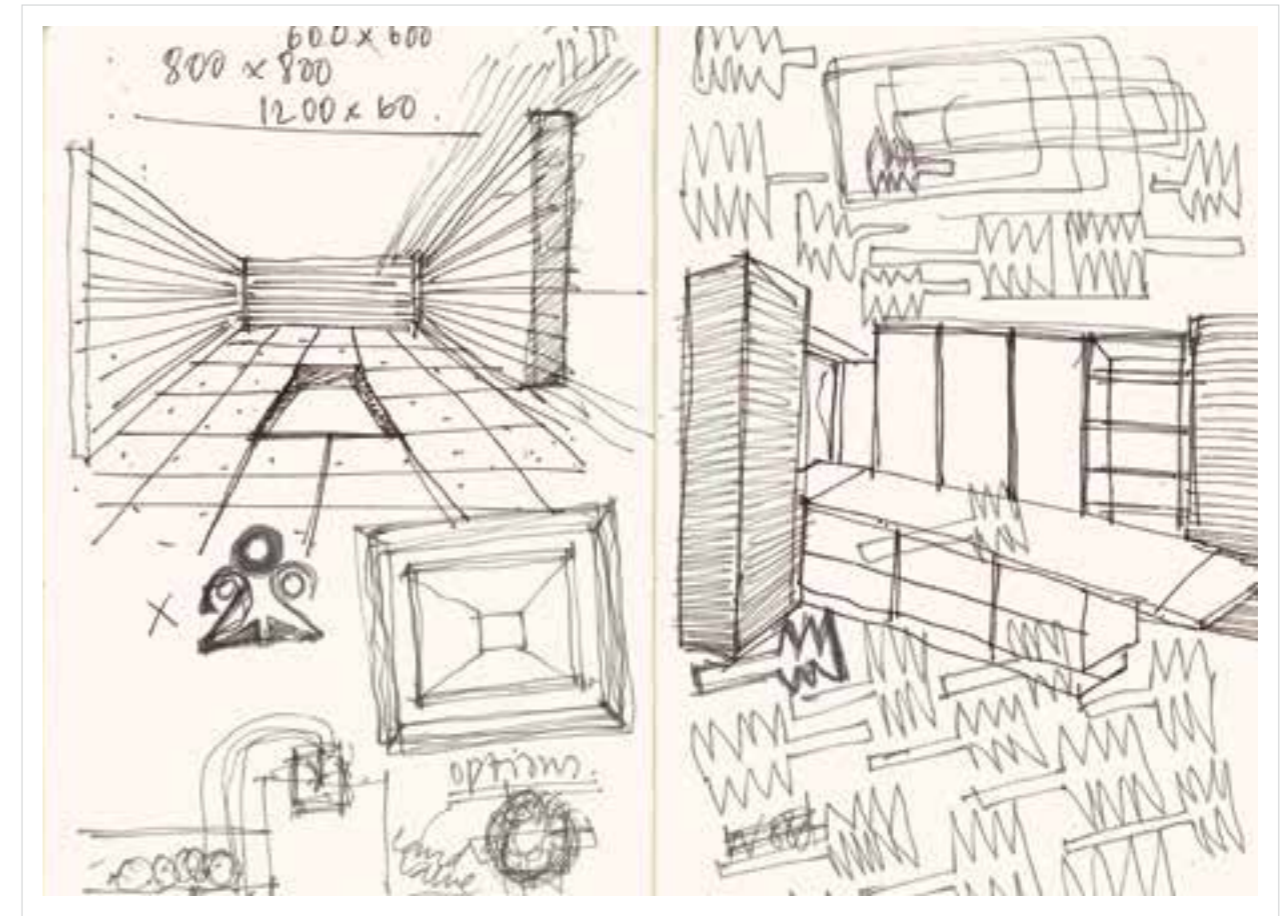
Elizabeth has lots of art and work related notes, but it seems she loves the outdoors as she also needs bike locks, items for boat and to make a waxing appointment before she goes on a climbing weekend.



**MARTA NOWICKA**

*Interior architect*

Marta writes her to-do lists in gorgeous soft black leather books. She is also a grade 'A' doodler and the sketches of her ideas are quite beautiful.



February 2016



- ~~Nicoles First News Qs~~
- Polden Pratham - Submit!
- PR Agency for STM + Celebrity Chef
- Hampton Jnr Assembly
- Dela - City Bridge / CG
- Valentine's Action ??
- Shine?
- Maya, MP, Bishop?
- Trustees farm visit
- Amandeep re AFC
- Sngar Smaut & Members News
- Woods Park foundation
- Members Newsletter
- Sarah re Arianna / STM
- ~~Arianna training~~
- Winter Sale trials Qs
- Progress Report to USSC

Members News

Sngar Smaut Staff



USSC

- 01/04/15 - 01/09/15 5 months
- 01/09/15 - 10/02/15 5 months

**STEPHANIE WOOD**

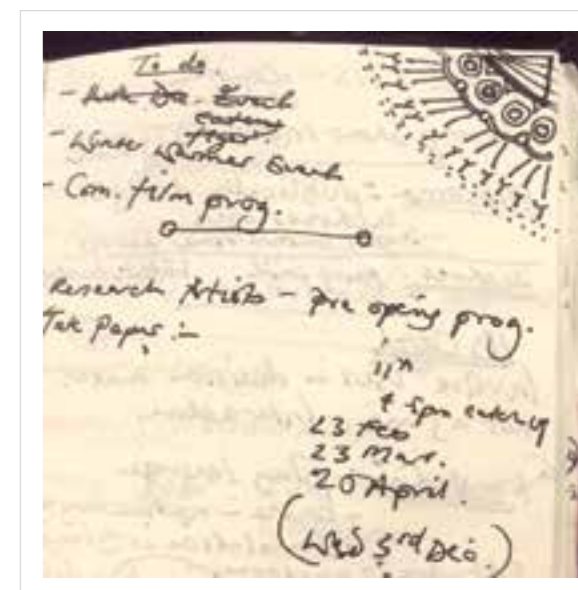
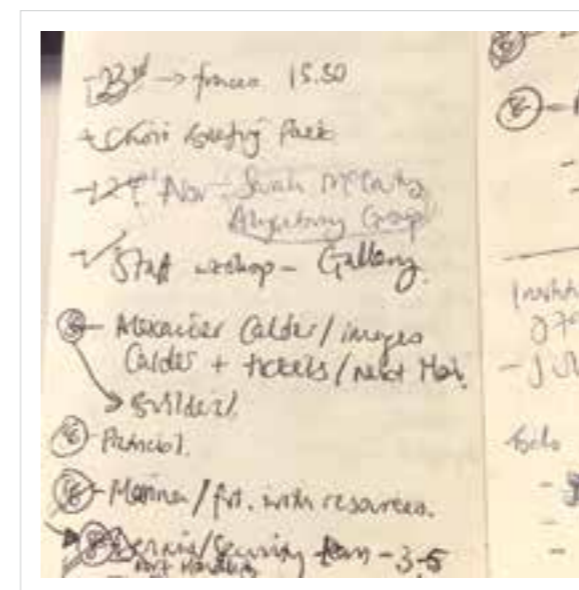
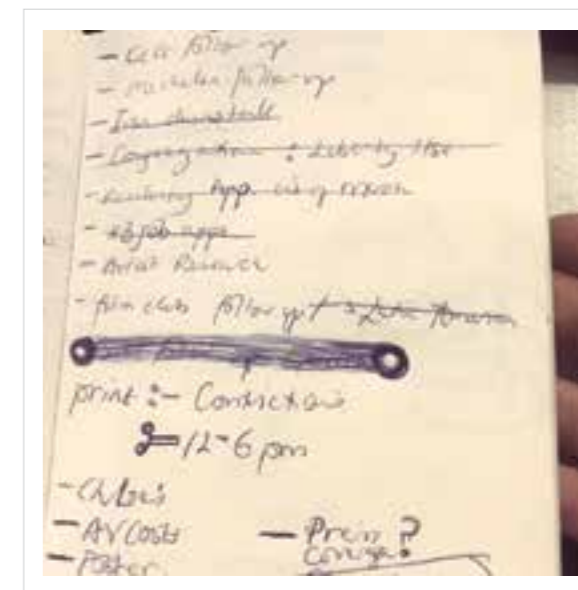
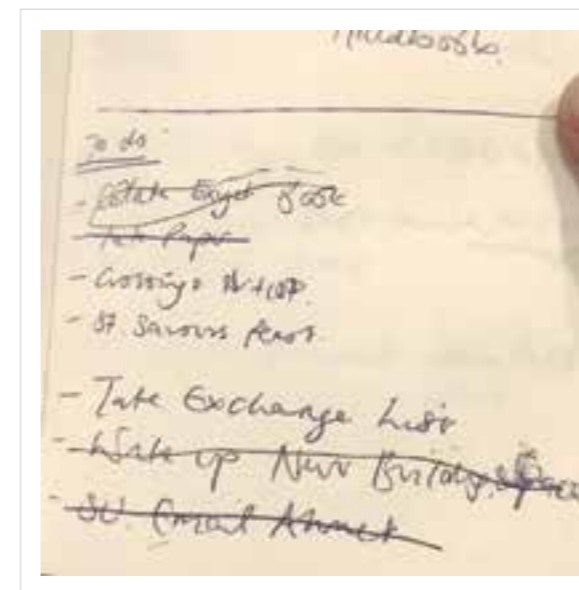
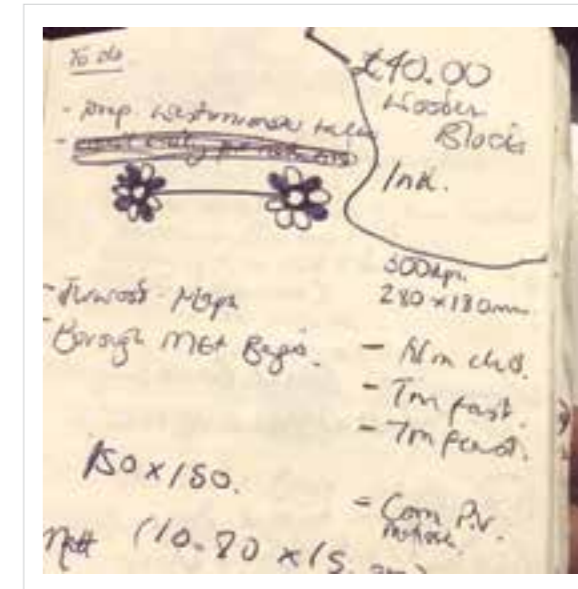
Founder/director School Food Matters

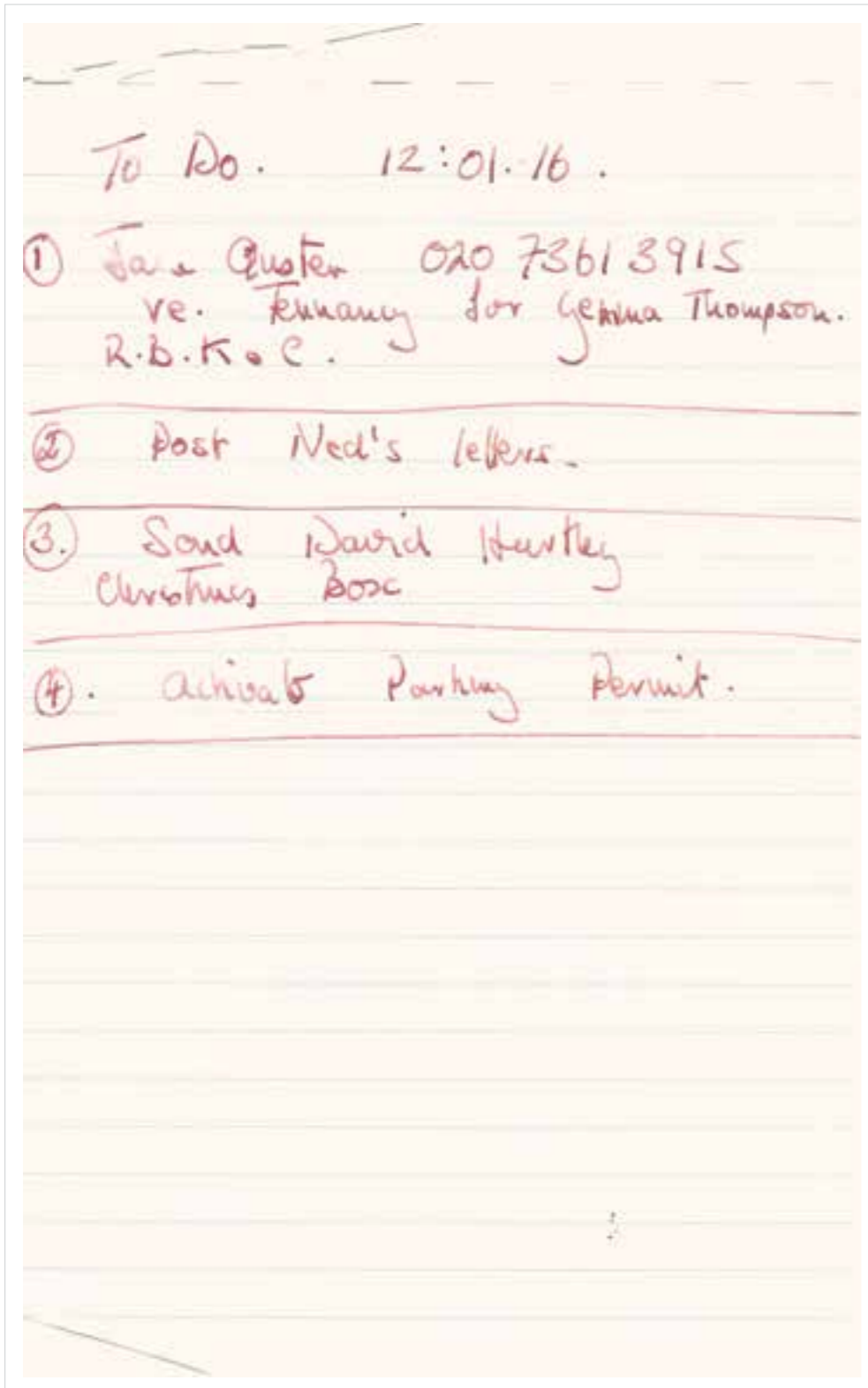
You can almost feel Stephanie's brain darting around her list - trustees, newsletter, foundation, bank, Mayor, MP, Bishop, progress report, assembly, pr, submit.... I like the grounding carrot and leaves doodle that remind us what her work is achieving!

**SYNTHIA GRIFFIN**

Curator: Regeneration & Community Partnerships Tate Modern

Synthia is another prolific list writer - here you can get a glimpse of the sea of admin behind her projects. It's always nice to see things scribbled out and I love the look of these lists - there's a freedom about the way a to-do list is written as it's only for the writer's eyes, joyous or frustrated doodles, whatever pen is to hand - ordered chaos.

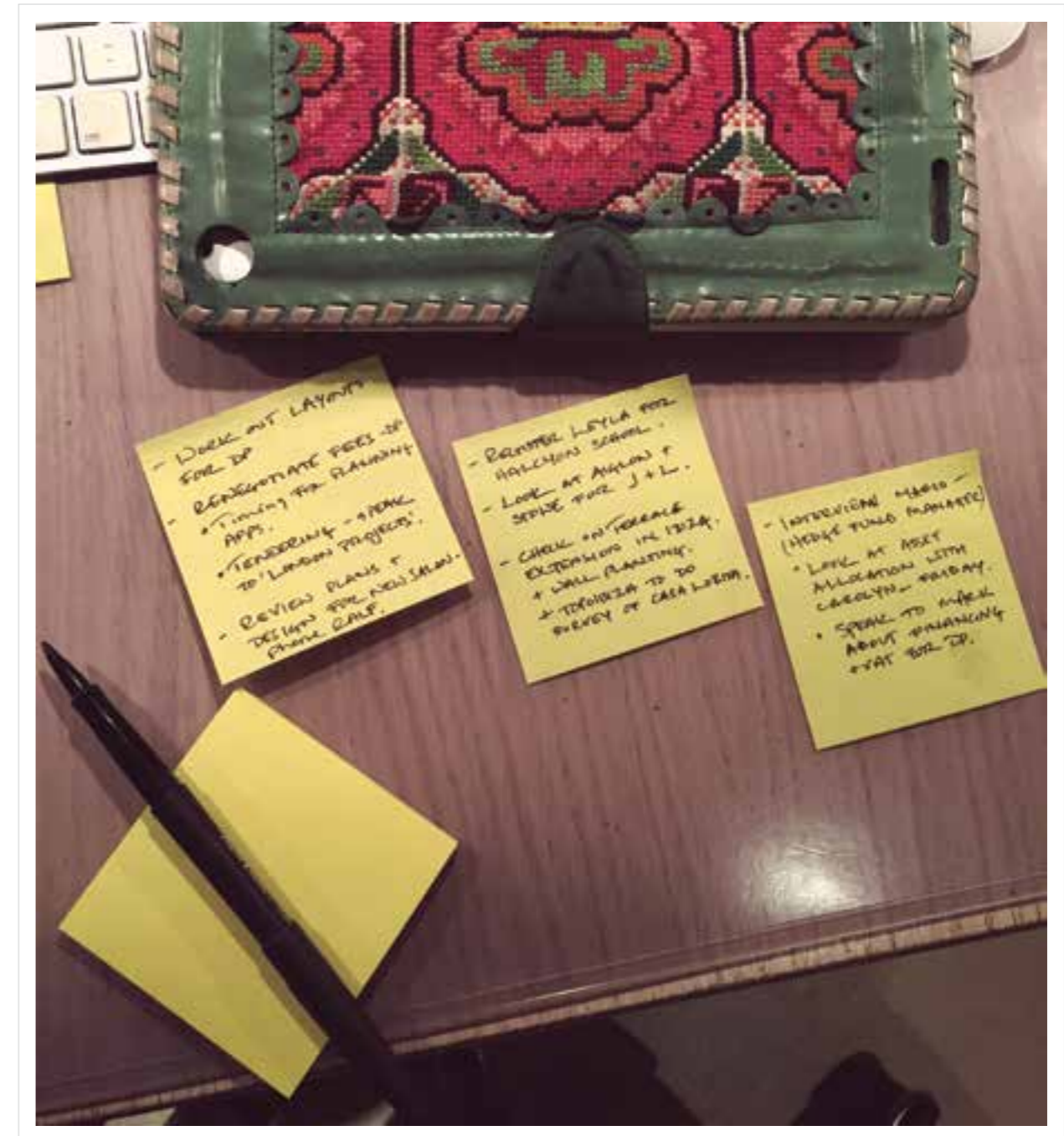




**SUE CREWE**

*Retired editor of House & Garden*

Sue needs to post some letters and send a Christmas box.



**AVERY AGNELLI**

*Architect*

Avery clearly has numerous projects on the go - layouts, fee negotiations, tenders... she needs to review the plans and design for a new salon (for her partner John Frieda at a guess!) register their daughter Leyla for school, check on work at their Ibiza home and do some financial planning amongst other things.



## GEORGIE HOPTON

Artist

Georgie's elegant handwriting and curving brackets make this list quite beautiful. It looks as if she's pinned it to her studio wall - the holes in the wall suggest she's done this before! Her work includes finishing large collages, deciding on a piece for the Foundling Museum show and an up to date price list. Her life includes friend's shows, emails, ballet, suppers with friends, hairdressers and buy tickets for William Morris talk at V&A (life meets work/art?).

## To Do :-

- Stain oval frame ✓
- Finish large collages!
- Name + log recent reg prints ✓
- Decide on next wall paper + 1 more fabric
- Compile list of questions for Lindsey
- What piece for Foundling Museum show?!
- Up-to-date price list (+framing)
- Call about plan chest
- Photograph sofa fabric
- Decide where to hang 'Circles + Ficks' wallpaper for shoot
- Look at collages re: upcoming <sup>work</sup>
- email Evelyn + David
- " Sheila
- date for supper with Paddy + Mary
- " " " at Katie's
- Ballet with Katie H?
- Book tickets for Gary's stand up!
- ~~Book tickets~~ Hairdresser!
- Del's show? Can I meet him?
- Frith St + Mich. Craig M. Saturday (+Approach?)
- Buy tickets for William Morris talk
- V&A
- ASK Joe if G+V can stay April 2-8th!

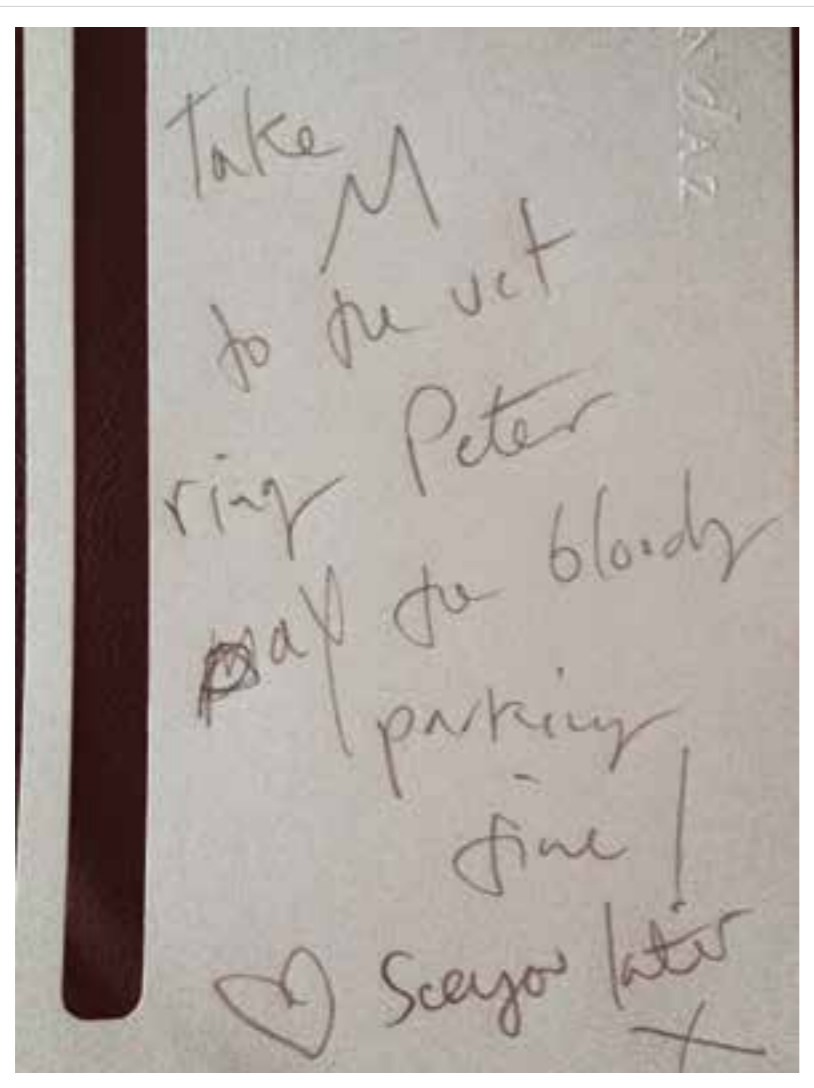
WORK

LIFE

**ALISON GOLDFRAPP**

*Musician and producer*

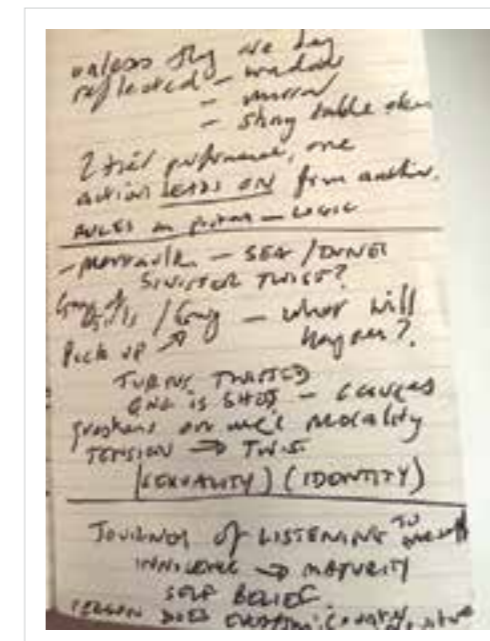
Alison's list is written on hotel paper - her pet needs to go to the vet and she has to pay a parking fine.



**LISA GUNNING**

*Film editor, director and writer*

These lists give a wonderful glimpse of the thought processes behind Lisa's work. I love the phrases (and mental pictures conjured by) 'journey of listening to oneself' and 'all dancers lying on floor'.

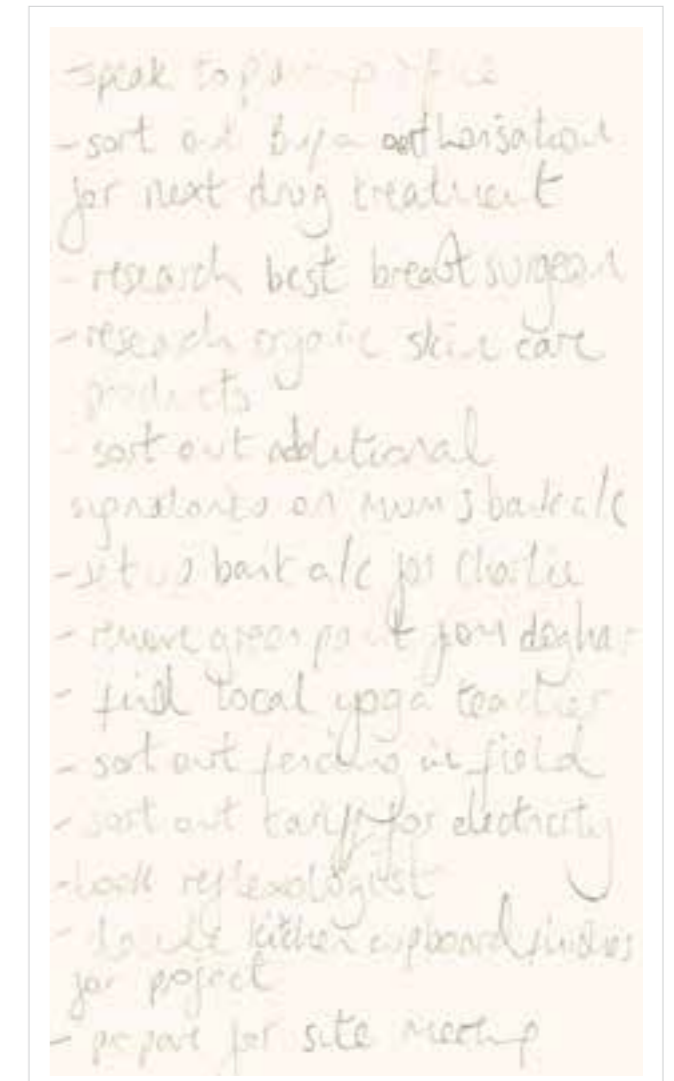
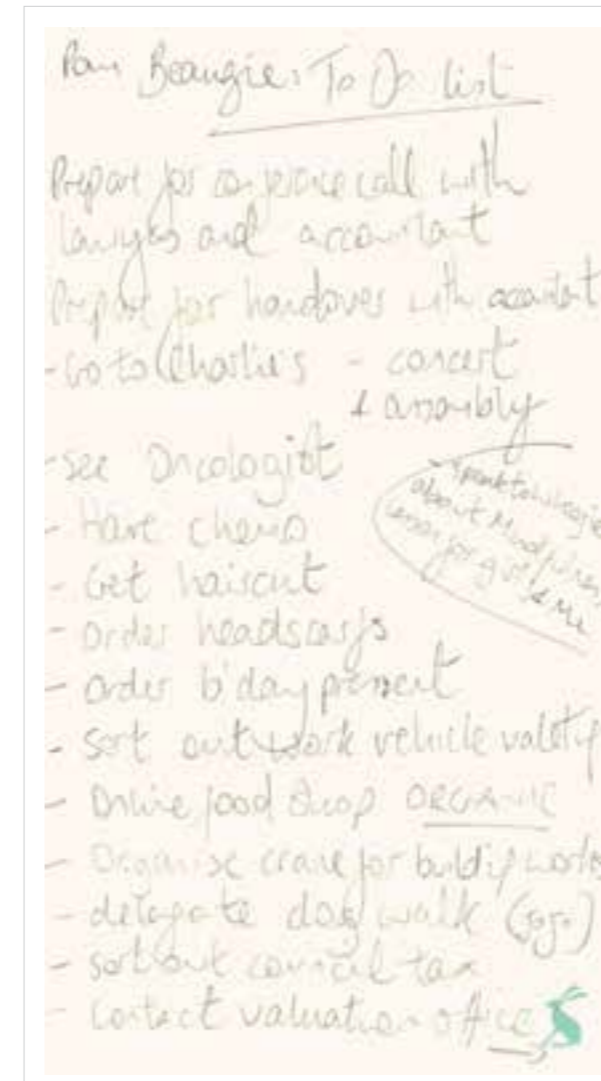
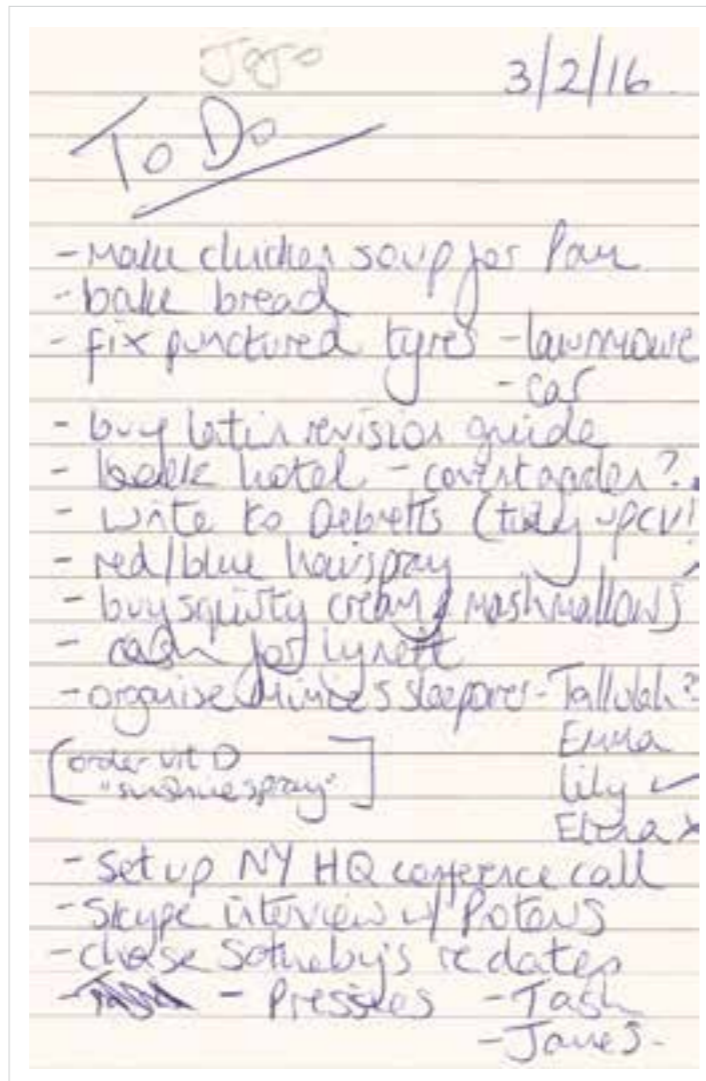


**PAM BEAUGIE**  
*Company Director*  
 &  
**JOJO HANCOCK**  
*Entrepreneur*

Pam and Jojo have been friends for their entire adult lives. Pam is currently undergoing treatment for breast cancer so Jojo wrote her list for her as she wasn't feeling up to it and they were spending the day together (as Jojo was taking Pam to her hospital appointment and staying with her afterwards).

Jojo's list includes making chicken soup for Pam, presents for friends, getting revision guides, treats and coloured hairspray for her daughters, along with setting up a conference call and a skype interview (Jojo runs her own business). Amazingly she also has bake bread on there!

Pam's list includes see oncologist, have chemo, get haircut, get headscarves, research best breast surgeon, Bupa authorisation for drug treatment, handover of key work responsibilities (payroll and HR), arrange things for children to do whilst having Cancer treatment, sort out tariff for electricity, order a birthday present, decide kitchen cupboard surfaces and remove green paint from her dog's fur...



## BAY GARNETT

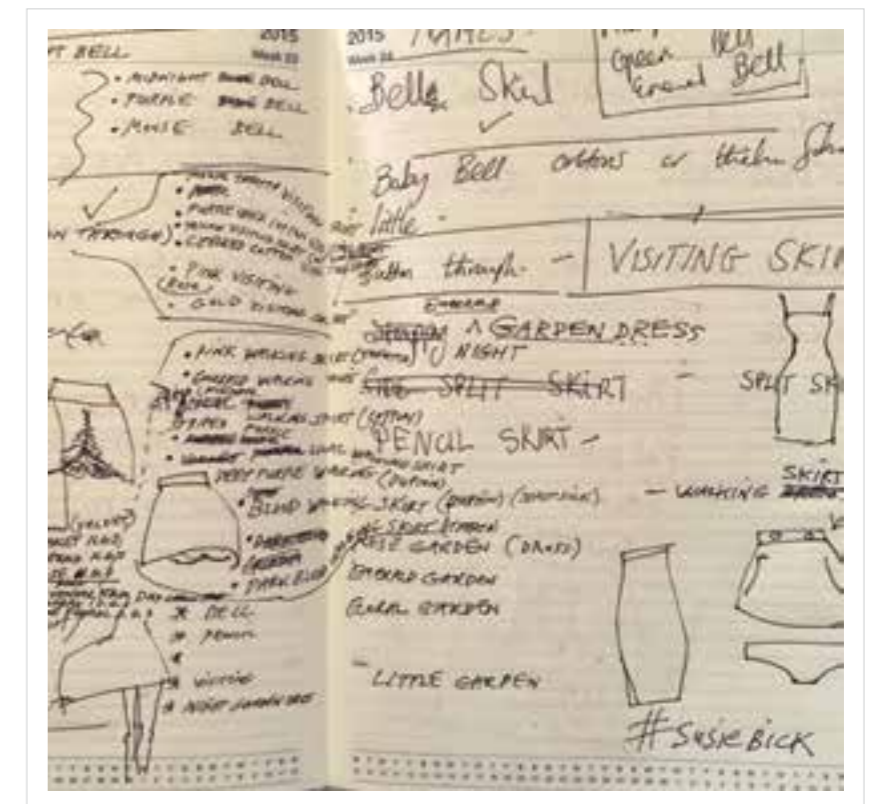
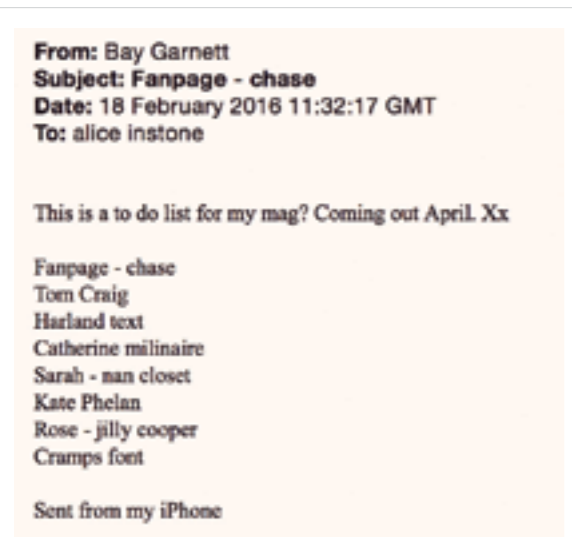
Fashion stylist, author and editor. Bay pioneered the idea of “thrifting”, the art of shopping in second-hand stores, as being relevant to high fashion by including items she had found in magazine shoots

Bay has a new magazine coming out – she’s thinking about fonts, fanpages and Jilly Cooper – it looks like she’s planning on rifling through a friend’s grandmother’s wardrobe too.

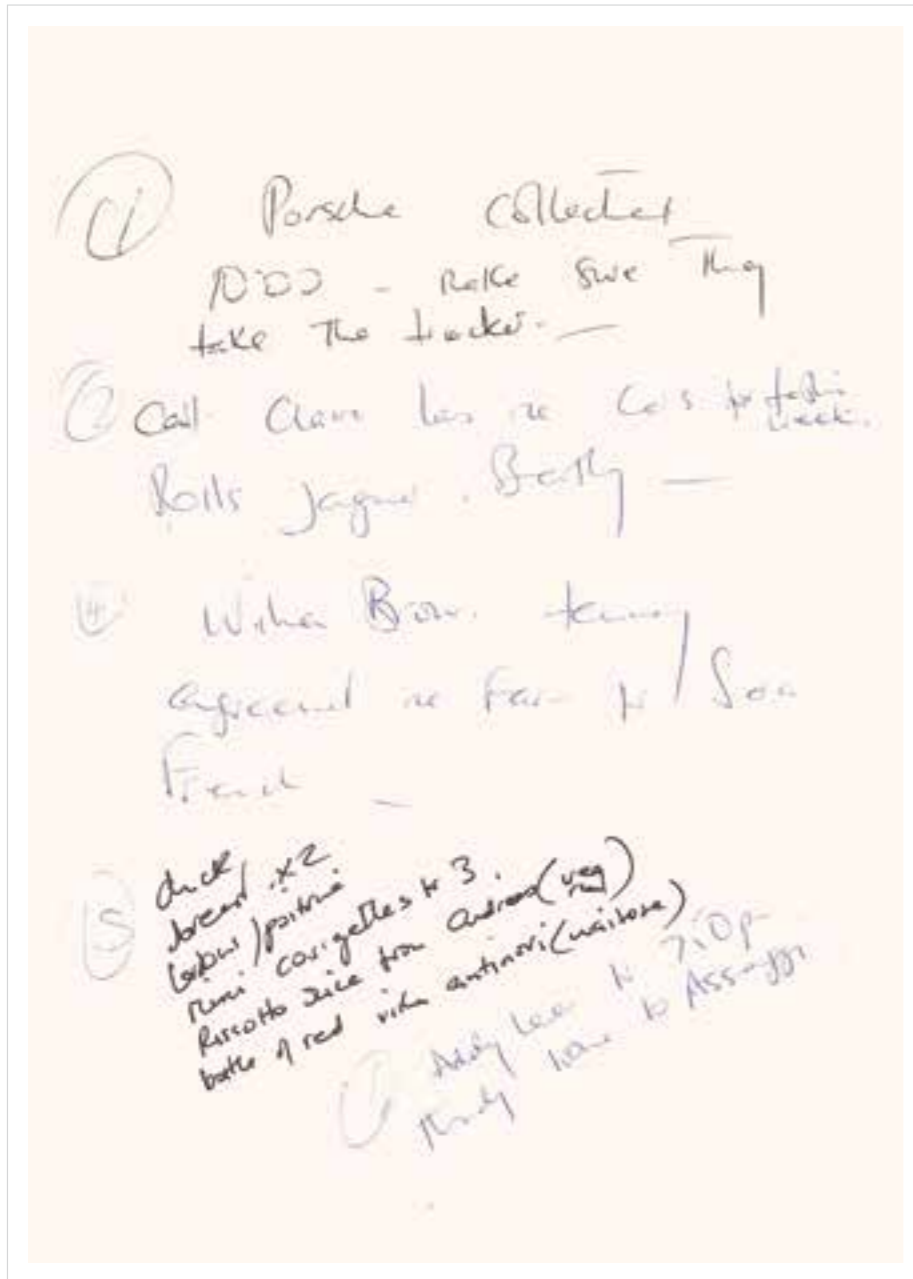
## SUSIE CAVE / BICK

Model, actress, muse and designer

I suspect these gorgeous notes are ideas for The Vampire’s Wife – pink, emerald, lavender, dark purple, blood, dark blood, midnight, mouse – and night garden dress. I love the shadowy red ink showing through from the other side.







**SARAH DOUKAS**  
Founder of Storm Models

Sarah gave me this list during fashion week - it's actually scribbled on the back of a fashion week schedule. It's a perfect example of the way women combine work and home - and you can see the speed at which it's been made - travel arrangements for fashion week, something about the farm where Sarah lives possibly and what looks like (a very delicious sounding) supper. I personally love a list where different pens have been used too.



**MARISA DREW**  
Co-Head EMEA Investment Banking  
and Capital Markets Credit Suisse  
International

Marisa has been described as one of the most powerful women in Britain. Active in diversity and philanthropy it's interesting to see her list includes UK Equal pay review. A noted oenophile there's also Wine Competition lurking in there. Tantalisingly much of her list is redacted (given the confidential nature of her work), but Cyber Fund, Financial Crime Prevention, Mandatory Training and 2017 Flights give an insight into her tasks.

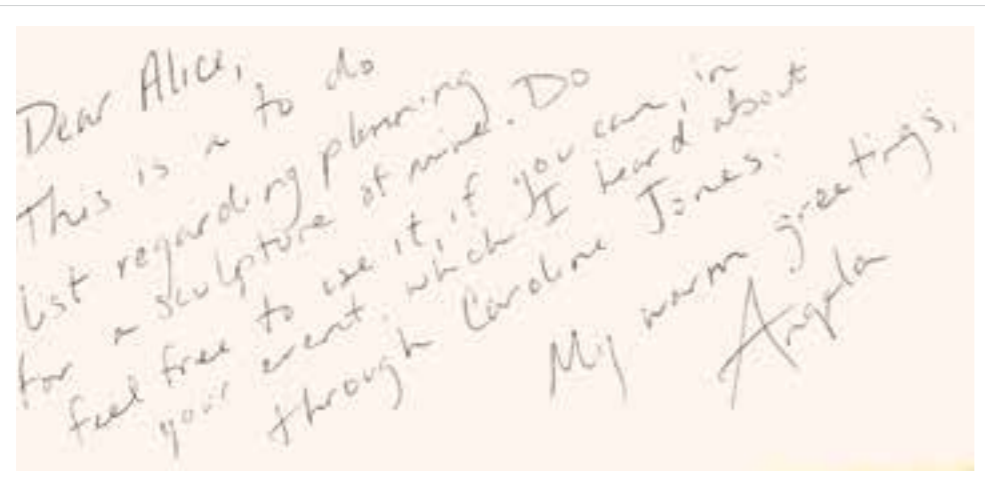
In complete contrast is the handwritten personal list she also gave me - presents for friends, house painting, Dad's birthday card, mani pedi and a wedding outfit.



**ANGELA CONNER FRBS**

*Sculptor. Angela has large scale sculptures in public and private collections around the world. Her kinetic sculptures utilize natural elements like water, sun, gravity or wind to create mobiles that entice viewers to stop and watch their gentle movement. In her early life she assisted Barbara Hepworth*

This fascinating and elegant list is for one of Angela's beautiful and intriguing sculptures.



**CELIA WALDEN/MORGAN**

*Journalist, novelist and critic*

Celia has school toy drive, Net-a-Porter return, brows (I think), a booster jab and a phone call amongst her list - we can also see the cover of her notebook...



**INSTALLATION, PAINTINGS  
& DRAWINGS**





### THE LAUNDRY ROOM

The Pram In The Hall invites women everywhere to share their to-do lists by pegging them on to that most domestic of inventions the washing line.

Originally the majority of people did not use washing lines, laying their clothes out to dry on washing greens by rivers or draped over hedges. Washing and drying would often be a communal activity where women would chat and swap stories.

We hope our communal washing lines will be an inspiring testament to how we fit it all in and an opportunity for cathartic unburdening.



### THE ARTEFACT ROOM

Here a selection of lists by influential women is arranged en-masse on Alice's own furniture. There is a magical quality to a piece of paper that is handwritten - modern day artefacts, laid out together they clamour for attention. One of the tables was the kitchen table of Alice's maternal great grandmother and another belonged to her paternal great grandmother.

### WHAT DO I NEED TO DO TOMORROW?

Inspired by the way laundry used to be a communal activity we've provided a communal space to share your thoughts, have a cup of tea and perhaps reflect on how you spend your time. What enriches your life and the life of those around you? Take one of our stamped pieces of paper and write down what you want or need to do tomorrow.

The chairs and desk are from Alice's home.





**CERTAINLY IT WAS DIFFERENT THEN**

*2013, mobile: glass, wire, cat gut*

Made from Instone's personal collection of early daguerreotypes of Victorian women and children. The hand tinted photographs have been brought together from all over the world and range from toothless old ladies to toddlers, babies and little girls, matriarchs, wives and young mothers to spinsters and widows, handsome and even beautiful women to homely or plain

figures. In some cases these fragile pieces of glass may be the last remaining fragments of the sitters' lives, their subjects now completely forgotten - ghostly figures captured so long ago that their identities are now lost. The delicacy and handmade nature of the mobile accentuates the frailty of the piece and the transience of the lives represented.

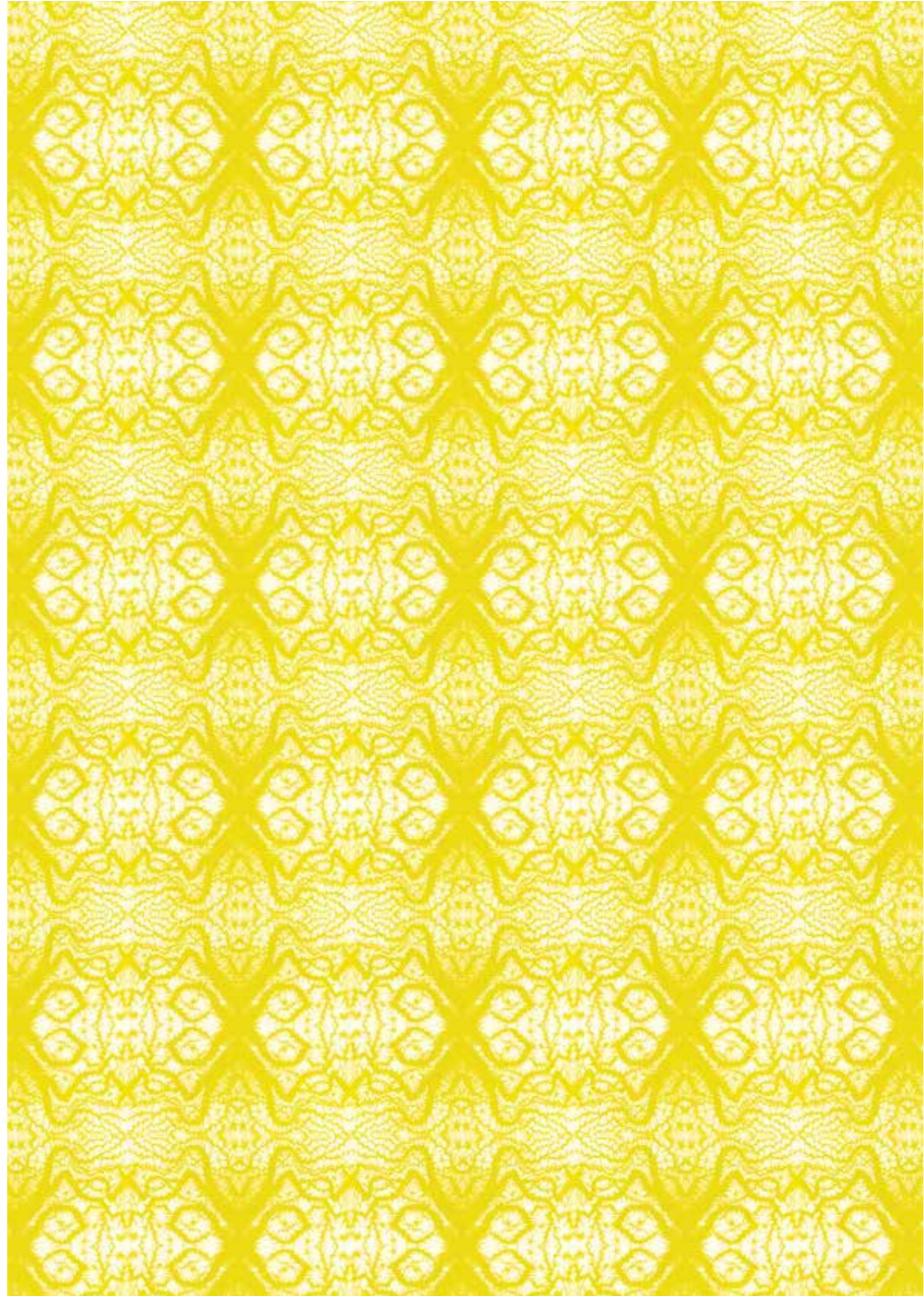
**THE YELLOW WALLPAPER**

2015

A4 giclee print. Archival ink on  
Somerset 100% cotton rag, signed,  
dated and numbered, edition of 30

*“There are things in that paper... It is always the same  
shape, only very numerous. And it is like a woman  
stooping down and creeping about behind the pattern.”*

THE YELLOW WALL-PAPER BY CHARLOTTE PERKINS GILMAN



**A ROOM OF MY OWN**

2015

A4 giclee print. Archival ink on  
Somerset 100% cotton rag, signed,  
dated and numbered, edition of 30



*“A woman must have money and a room of her own if she is to write fiction”.*

A ROOM OF ONE'S OWN BY VIRGINIA WOOLF



**BEE**  
2008

Pencil on paper, 30 x 30cm



**BEE**  
2015

Oil on canvas board, 25 x 25cm



**BEE**  
2011

Miniature in daguerreotype case, oil  
on glass, 8 x 11cm



**BEE**  
2014

Oil on canvas, 60 x 76 cm



**BEE & ARLO**  
2015

Oil, gold leaf & mixed  
media on canvas, 76 x 76cm





**PAX**  
2015

Oil, gold leaf & mixed media on  
canvas, 150 x 150cm

## ALICE INSTONE

Alice Instone is an award winning English artist who makes work concerned with gender and power. Generally of or about women the works often use influential or well-known public figures. She frequently exhibits in found or non-commercial spaces that have a relationship with the work, for example a role in the history of female emancipation or female exploitation.

This sense of place is a hallmark and her work aims to contain a sense of the past and the present. Her solo exhibitions include the Houses of Parliament and the House of Lords, the Royal Society of Arts, Archer Street Soho, London (a former brothel), I More London Place (the heart of London's business community), The House of St Barnabas in Soho (a Grade I listed former refuge for destitute women, closely associated with Charles Dickens), Lamb House Rye (the National Trust owned former home of author Henry James), Chanel's London Headquarters and Northampton Museum (home to the largest collection of historical footwear in the world), to name just a few.

Instone regularly features in the national press, radio and television

and uses individuals who are part of our cultural conversation as the sitters in her paintings. She has worked with Annie Lennox, Baroness Kennedy, Baroness Scotland, Professor Baroness Greenfield, Helen McCrory, Laura Bailey, Elle Macpherson, Sir Peter Blake, Bianca Jagger, Beverley Knight, Baron Woolf, Alice Temperley, Jo Wood, Emilia Fox, Pattie Boyd, Shami Chakrabarti, Nicole Farhi, Sir David Hare, Dame Evelyn Glennie, Anya Hindmarch and Cherie Blair amongst many others. The Observer described her as a casting director as well as portraitist and the Telegraph stated that she shows prominent women as they've never been seen before. Instone's work is held in several public collections and she has collaborated with various public bodies including the National Trust, the Houses of Parliament, the British Medical Assoc., No 10 Downing St and global organisations including Ernst and Young, Rothschild, Herbert Smith, Chanel and Oxfam.

Alice is currently artist in residence at The Chateau Marmont, Los Angeles where she is painting film stars and The Chiltern Firehouse, London. Upcoming projects include *Bluebeard's Wives* and *Hollywoodland*.



## WITH THANKS TO

All my friends who so generously gave their advice, lists and contacts

Allen & Overy

Antony Parkes

Bee and Arlo - my inspiration

Borough Market and their team

Carbon Framing

Caroline Jones and Illuminate Productions - you made this happen

David Hall

Designer Samuel Blagg

Ernst & Young

Fleur Bothwick at E&Y

Gavin Walker Printing

Hugh - support, creativity, humour and even cups of tea

Hugh Gilbert Photography

Ian at Adams, Rye

JLT

Liz Fay PR

Peter Greenhalf Photography

Medeia Cohan Petrolino Consulting

Mike and Ex Why Zed Print

My brother Sam - for reminding me to persevere and helping me out of a hole

My parents - both of you unfailingly supportive

Simon Beaugie Frames

The contributors who took the time to put one more thing on their to-do lists

*“I cannot be so many things... cannot be something for everyone... woman, beautiful, artist, wife, housekeeper, cook, saleslady, all these things. I cannot even be myself or who I am...”*

---

EVA HESSE



With thanks to  
Ernst & Young for  
supporting this book

